

Permit to Report Package Checklist

1

COMPLETED	DOCUMENT	DUE DATE	RETURN ADDRESS	NOTES
	Permit to Report Form	I-Day	N/A	Bring with you on I-Day. Bring receipts and copies of tickets on I-Day.
	Flight Itinerary, Copy of Ticket, All Travel Receipts	I-Day	N/A	Please bring copy of airline or rail ticket/itinerary showing dollar amount that you paid. Bring receipts and copies of tickets on I-Day
	Request and Authorization for Midshipmen Accession Travel (USNA 4600/8)	23-May-14	See "Important Information for the Class of 2018"	Form must be scanned and e-mailed to nomapps@usna.edu .
	Agreement to Serve Forms	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Sign, date and return top two copies in manila envelope provided. Retain the third copy for your records. If under 18, then parent's signature is required.
	Marriage and Dependents Declaration Form	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Drug and Alcohol Abuse Statement of Understanding	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Service Member's Group Life Insurance (SGLI) Form	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Record of Emergency Data (NAVPERS 1070/602)	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Standard Form (SF)-86 Questionnaire	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Consent to Disclosure of Personal Information Form	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Personal Swearing-In Ceremony Form	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	If desired, complete and return in manila envelope provided.
	Midshipmen Pay and NFCU application	23-May-14	Navy Federal Credit Union U.S. Naval Academy Branch 101 Wilson Road, Suite 3 Annapolis, MD 21402-9905	Complete and return application in NFCU envelope. If you do not wish to use NFCU, bring a copy of direct deposit slip from desired bank on I-Day.
	Notice Regarding Maintenance of Private Medical Insurance	23-May-14	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Immunization Record (NHCLANNA 6230/7)	15-May-14	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete Part I; licensed health care provider complete Part II. Make a copy. Return original to address listed (Envelope not provided) and BRING copy with you on I-Day.
	Adult and Pediatric Immunization Questionnaire (NHCLANNA 6230/15)	I-Day	N/A	Complete and bring with you on I-Day.
	Mantoux Tuberculin Skin Test (PPD) form	15-May-14	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Documented PPD test must be completed within six months of I-Day. Return proof of current PPD test results to address listed. Envelope not provided.
	Patient Registration Form (NHCLA 6150/24)	15-May-14	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete and return original to address listed. Envelope not provided. Bring copy on I-Day.
	USNA Appointee Spectacle Prescription Information Form	15-May-14	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete and return original to address listed. Envelope not provided. Bring copy on I-Day.

Please return all forms as indicated above and in the Important Information booklet. Use a BLACK pen. Do not return any personal letters; they are yours to keep.

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	Orthodontic Waiver Letter	I-Day	N/A	IF REQUIRED - Bring waiver, copy of your initial treatment plan, and all orthodontic records with you on I-Day. If you do not have a waiver from the application process, then your braces must be removed.
	Academic Background System (ABS) Questionnaire for the Class of 2018 & Validation Tests	Receipt of package +2 weeks	N/A	Complete questionnaire within two weeks of receiving PTR package. All questionnaires must be completed by I-Day. Additionally, complete all additional placement tests that are listed.
	ACE Loan Information	By I-Day	Midshipmen Disbursing Office U.S. Naval Academy 101 Buchanan Road, Room 4002 Annapolis, MD 21402	IF REQUIRED- Scholarship checks and letters to be mailed to Midshipmen Disbursing Office, as applicable.
	NCAA Certification of Athletic Eligibility	I-Day	N/A	Complete and bring with you on I-Day.
	Plebe Sponsor Questionnaire	30-Jun-14	N/A	Candidates must complete questionnaire online through the Candidate Information System. Candidates can complete on I-Day, if required.
	Alumni Association and Foundation Forms, Plebe/Parent Information Form, Parent Association Membership Form	23-May-14	USNA Alumni Association Records – Attn: Class of 2017 Forms	Complete and return (both the white and yellow forms) in white envelope provided for Alumni Association and Foundation Forms and Plebe/Parent Information Form. IF DESIRED - PARENTS complete and return Parents Association Membership Form. No envelope provided.
	Midshipmen Publicity Background Record and Fleet Hometown News Release Form	23-May-14	Public Affairs Office	Complete and return in envelope provided.
	Proof of Citizenship and Police Record Check	23-May-14	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return documents to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)
	Social Security Card	I-Day	N/A	Bring Social Security Card on I-Day. If you do not have a Social Security card, then you must obtain one. If you are receiving Social Security benefits, notify appropriate office of entrance to USNA.
	Changes in Health Status	As Needed	U.S. Naval Academy Office of Admissions Attn: Medical Liaison 52 King George Street Annapolis, MD 21402-1318 (Fax: 410-293-1819)	Mail or fax any changes in health since DoDMERB examination as stated under Section IV of Information Booklet.
	Note from Physician for prescribed medication	I-Day	N/A	See note under Section IV.
	Statement of understanding regarding body alterations	I-Day	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return statement of understanding to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)

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	Flight Itinerary, Copy of Ticket, All Travel Receipts	I-Day	N/A	Please bring copy of airline or rail ticket/itinerary showing dollar amount that you paid. Bring receipts and copies of tickets on I-Day
	Request and Authorization for Midshipmen Accession Travel (USNA 4600/8)	16-May-16	See "Important Information for the Class of 2020"	Form must be scanned and e-mailed to nomapps@usna.edu .
	Agreement to Serve Forms	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Sign, date and return top two copies in manila envelope provided. Retain the third copy for your records. If under 18, then parent's signature is required.
	Marriage and Dependents Declaration Form	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Drug and Alcohol Abuse Statement of Understanding	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Service Member's Group Life Insurance (SGLI) Form	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Record of Emergency Data (NAVPERS 1070/602)	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Standard Form (SF)-86 Questionnaire	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Consent to Disclosure of Personal Information Form	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Personal Swearing-In Ceremony Form	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	If desired, complete and return in manila envelope provided.
	Midshipmen Pay and NFCU application	16-May-16	Navy Federal Credit Union U.S. Naval Academy Branch 101 Wilson Road, Suite 3 Annapolis, MD 21402-9905	Complete and return application in NFCU envelope. If you do not wish to use NFCU, bring a copy of direct deposit slip from desired bank on I-Day.
	Notice Regarding Maintenance of Private Medical Insurance	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Immunization Record (NHCLANNA 6150/2)	15-May-15	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete Part I; licensed health care provider complete Part II. Make a copy. Return original to address listed (Envelope not provided) and BRING copy with you on I-Day.
	Adult and Pediatric Immunization Questionnaire (NHCLANNA 6150/2)	I-Day	N/A	Complete and bring with you on I-Day.
	Mantoux Tuberculin Skin Test (PPD) form	15-May-15	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Documented PPD test provided by your doctor's office must be completed within six months of I-Day. Return proof of current PPD test results to address listed. Envelope not provided.
	Patient Registration Form (NHCLA 6150/24)	15-May-15	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete and return original to address listed. Envelope not provided. Bring copy on I-Day.
	USNA Appointee Spectacle Prescription Information Form	15-May-15	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete and return original to address listed. Envelope not provided. Bring copy on I-Day.

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	Orthodontic Waiver Letter	I-Day	N/A	IF REQUIRED - Bring waiver, copy of your initial treatment plan, and all orthodontic records with you on I-Day. If you do not have a waiver from the application process, then your braces must be removed.
	Academic Background System (ABS) Questionnaire for the Class of 2019 & Validation Tests	Receipt of package +2 weeks	N/A	Complete questionnaire within two weeks of receiving PTR package. All questionnaires must be completed by I-Day. Additionally, complete all additional placement tests that are listed.
	ACE Loan/Scholarship Information	As Applicable	Midshipmen Disbursing Office U.S. Naval Academy 101 Buchanan Road, Room 4002 Annapolis, MD 21402	As Applicable – Scholarship checks and letters should be mailed to the Midshipmen Disbursing Office <u>No Earlier Than</u> the start of the Academic Year.
	NCAA Certification of Athletic Eligibility	I-Day	N/A	Complete and bring with you on I-Day.
	Plebe Sponsor Questionnaire	30-Jun-15	N/A	Candidates must complete questionnaire online through the Candidate Information System. Candidates can complete on I-Day, if required.
	Alumni Association and Foundation Forms, Plebe/Parent Information Form, Parent Association Membership Form	22-May-15	USNA Alumni Association Records – Attn: Class of 2019 Forms	Complete and return (both the white and yellow forms) in white envelope provided for Alumni Association and Foundation Forms and Plebe/Parent Information Form. IF DESIRED - PARENTS complete and return Parents Association Membership Form. No envelope provided.
	Midshipmen Publicity Background Record and Fleet Hometown News Release Form	22-May-15	Public Affairs Office	Complete and return in envelope provided.
	Proof of Citizenship and Police Record Check	16-May-16	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return documents to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)
	Social Security Card	I-Day	N/A	Bring Social Security Card on I-Day. If you do not have a Social Security card, then you must obtain one. <u>If you are receiving Social Security benefits, notify appropriate office of entrance to USNA.</u>
	Changes in Health Status	As Needed	U.S. Naval Academy Office of Admissions Attn: Medical Liaison 52 King George Street Annapolis, MD 21402-1318 (Fax: 410-293-1819)	Mail or fax any changes in health since DoDMERB examination as stated under Section IV of Information Booklet.
	Note from Physician for prescribed medication	I-Day	N/A	See note under Section IV.
	Statement of understanding regarding body alterations	16-May-16	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return statement of understanding to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)
	Uniform Measurements	22-May-15	See “Important Information for the Class of 2019”	Form must be scanned and e-mailed to uniforms@usna.edu . Ensure <u>ALL</u> measurements are filled out.
	<u>Social Media Etiquette</u>	TBD	TBD	<u>Turn in on I Day?</u>

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	Request and Authorization for Midshipmen Accession Travel (USNA 4600/8)	16-May-16	See "Important Information for the Class of 2020"	Form must be scanned and e-mailed to nomapps@usna.edu .
	Agreement to Serve Forms	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Sign, date and return top two copies in manila envelope provided. Retain the third copy for your records. If under 18, then parent's signature is required.
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	Notice Regarding Maintenance of Private Medical Insurance	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Social Media Etiquette	16-May-16	U.S. Naval Academy Commandant of Midshipmen 101 Buchanan Road RM 4001 Annapolis, MD 21402-5101	Complete and return in manila envelope provided.
	Immunization Record (NHCLANNA 6150/2)	16-May-16	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete Part I; licensed health care provider complete Part II. Make a copy. Return original to address listed (Envelope not provided) and BRING copy with you on I-Day.
	Medical Record Supplemental Medical Data (NHCLANNA 6150/2)	I-Day	N/A	Complete and bring with you on I-Day.
	Mantoux Tuberculin Skin Test (PPD) form	16-May-16	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Documented PPD test provided by your doctor's office must be completed within six months of I-Day. Return proof of current PPD test results to address listed. Envelope not provided.
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	USNA Appointee Spectacle Prescription Information Form	16-May-16	Medical Records Naval Health Clinic Annapolis 250 Wood Road Annapolis, MD 21402-5050	Complete and return original to address listed. Envelope not provided. Bring copy on I-Day.
	Orthodontic Waiver Letter	I-Day	N/A	IF REQUIRED - Bring waiver, copy of your initial treatment plan, and all orthodontic records with you on I-Day. If you do not have a waiver from the application process, then your braces must be removed.
	Academic Background System (ABS) Questionnaire for the Class of 2020 & Validation Tests	Receipt of package +2 weeks	N/A	Complete questionnaire within two weeks of receiving PTR package. All questionnaires must be completed by I-Day. Additionally, complete all additional placement tests that are listed.
	ACE Loan/Scholarship Information	As Applicable	Midshipmen Disbursing Office U.S. Naval Academy 101 Buchanan Road, Room 4002 Annapolis, MD 21402	As Applicable – Scholarship checks and letters should be mailed to the Midshipmen Disbursing Office <u>No Earlier Than</u> the start of the Academic Year.
	NCAA Certification of Athletic Eligibility	I-Day	N/A	Complete and bring with you on I-Day.
	Plebe Sponsor Questionnaire	29-Jun-16	N/A	Candidates must complete questionnaire online through the Candidate Information System. Candidates can complete on I-Day, if required.
	Alumni Association and Foundation Forms, Plebe/Parent Information Form, Parent Association Membership Form	13-Jun-16	USNA Alumni Association Records – Attn: Class of 2020 Forms	Complete and return (both the white and yellow forms) in white envelope provided for Alumni Association and Foundation Forms and Plebe/Parent Information Form. IF DESIRED - PARENTS complete and return Parents Association Membership Form. No envelope provided.
	Proof of Citizenship and Police Record Check	16-May-16	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return documents to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)
	Social Security Card	I-Day	N/A	Bring Social Security Card on I-Day. If you do not have a Social Security card, then you must obtain one. If you are receiving Social Security benefits, notify appropriate office of entrance to USNA.
	Changes in Health Status	As Needed	U.S. Naval Academy Office of Admissions Attn: Medical Liaison 52 King George Street Annapolis, MD 21402-1318 (Fax: 410-293-1819)	Mail or fax any changes in health since DoDMERB examination as stated under Section IV of Information Booklet.
	Note from Physician for prescribed medication	I-Day	N/A	See note under Section IV.
	Statement of understanding regarding body alterations	16-May-16	U.S. Naval Academy Office of Admissions Attn: Nominations and Appointments 52 King George Street Annapolis, MD 21402-1318	If you haven't already done so, return statement of understanding to Admissions. (Information requested with Offer of Appointment. Not a part of PTR package.)
	Uniform Measurements	16-May-16	See "Important Information for the Class of 2020"	Form must be scanned and e-mailed to uniforms@usna.edu Ensure <u>ALL</u> measurements are filled out.

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	Request and Authorization for Midshipmen Accession Travel (USNA 4600/8)	15-May-17	See "Important Information for the Class of 2021"	Form must be scanned and e-mailed to nomapps@usna.edu .
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	Academic Background System (ABS) Questionnaire for the Class of 2021 & Validation Tests	Receipt of package +2 weeks	N/A	Complete questionnaire within two weeks of receiving Permit to Report (PTR) package. All questionnaires must be completed by I-Day. Additionally, complete all additional placement tests that are listed.
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	NCAA Certification of Athletic Eligibility	I-Day	N/A	Complete and bring with you on I-Day.
	Plebe Sponsor Questionnaire	28-Jun-17	N/A	Candidates must complete questionnaire online through the Candidate Information System. Candidates can complete on I-Day, if required.
	Alumni Association and Foundation Forms, Plebe/Parent Information Form, Parent Association Membership Form	12-Jun-17	USNA Alumni Association Records – Attn: Class of 2021 Forms	Complete and return (both the white and yellow forms) in white envelope provided for Alumni Association and Foundation Forms and Plebe/Parent Information Form. IF DESIRED - PARENTS complete and return Parents Association Membership Form. No envelope provided.
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	Uniform Measurements	15-May-17	See "Important Information for the Class of 2021"	Form must be scanned and e-mailed to (b) (6) Ensure <u>ALL</u> measurements are filled out.

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U.S. NAVAL ACADEMY ALUMNI ASSOCIATION AND FOUNDATION

Encourages all 2021 Plebes and Parents to complete
these forms online at www.usna.com/ptr

Every Plebe Parent who submits their forms **online** will be automatically added to a drawing
to win 2 tickets to the 2017 Army - Navy Football Game along with 2 USNA Alumni Association Tailgate tickets

2017 Army Navy Game & Tailgate
Saturday 9 December 2017
Philadelphia PA

The Plebe Parent winner will be randomly selected and notified no later than August 1, 2017

Please submit PTR forms only **once**,
Online preferred, Thank you!



UNITED STATES NAVAL ACADEMY
ALUMNI ASSOCIATION



UNITED STATES NAVAL ACADEMY
FOUNDATION

U.S. NAVAL ACADEMY ALUMNI ASSOCIATION AND FOUNDATION

Encourages all 2021 Plebes and Parents to complete
these forms online at www.usna.com/ptr

Every Plebe Parent who submits their forms **online** will be automatically added to a drawing
to win 2 tickets to the 2017 Army - Navy Football Game along with 2 USNA Alumni Association Tailgate tickets

2017 Army Navy Game & Tailgate
Saturday 9 December 2017
Philadelphia PA

The Plebe Parent winner will be randomly selected and notified no later than August 1, 2017 Please

submit PTR forms only **once**,
Online preferred, Thank you!



UNITED STATES NAVAL ACADEMY
ALUMNI ASSOCIATION



UNITED STATES NAVAL ACADEMY
FOUNDATION

WELCOME CLASS OF 2021 PLEBES AND PARENTS

In this packet you will find a welcome letter from the President of the Alumni Association and Foundation, the Plebe Lifetime Membership and the Parent Membership forms plus all the benefits of membership in the USNA Alumni Association. The Plebe Parent Information (yellow) form is submitted to have parents included in our database, allowing all parents to receive information and communications from Parent Programs, the Alumni Association and USNA. Finally we invite everyone to attend the Class of 2021 Welcome Aboard Picnic and Family Expo on I-Day, an invitation and registration information are included.

THE FIRST STEP in submitting all requested information is to go to **www.usna.com** and create a new user registration profile. **When signing up as a new user, please click Class of 2021 Parent as your “interest”.** Your new user registration will take 24 to 48 hours to process and once approved will allow you to process all forms online and register for the Welcome Aboard events.

***You do not need to set up a registration profile for your incoming plebe, it will be completed on I-Day in-processing.**

Click on the Sign In tab at the top right of our home page



On the sign-in page, click “New User Registration” and fill in the form. Remember to click on Class of 2021 Parent for “interest” please.

The specific deadlines for submissions are listed below. All forms can be submitted online or by mail however, you only need to submit forms once.

Parent Associate Membership:

- Due by mail or online at www.usna.com/ptr
- Please use the envelope provided if mailing: **Membership Forms/Class of 2021 Picnic** (blue envelope)
- To be submitted by Class of 2021 parents

Plebe/Parent Information (yellow) Form:

- Due by mail or online at www.usna.com/ptr by Monday 12 June 2017.
- Please use provided white envelope if mailing: **Records- ATTN : Class of 2021 Forms**
- To be submitted by Class of 2021 Parents

Class of 2021 Welcome Aboard Picnic & Family Expo registration

- Due by mail or online at www.usna.com/ptr by Monday 12 June 2017.
 - Please use the envelope provided if mailing: **Membership Forms/Class of 2021 Picnic** (blue envelope)
 - Registration to be submitted by Class of 2021 parents
- *Welcome Aboard Picnic is only open to Parents and families. Plebes are unable to attend due to I-Day in-processing in Alumni & Bancroft Hall*

Midshipmen Life Membership Form:

- **Due by mail only-** Monday 12 June 2017
- Small 3x5 white form: submitted by Plebe appointee
- Please use white envelope provided : **Records-ATTN: Class of 2021 Forms**

QUESTIONS: it is understandable to be overwhelmed by the amount of paperwork involved in the USNA Permit to Report packet, please feel free to contact me, Elizabeth Beedenbender, Parent Programs, U.S. Naval Academy Alumni Association and Foundation for questions or concerns. We look forward to meeting all of you on I-Day, Thursday 29 June 2017 in Annapolis, MD.

Sincerely
Elizabeth Beedenbender
410-295-4166; (b) (6)

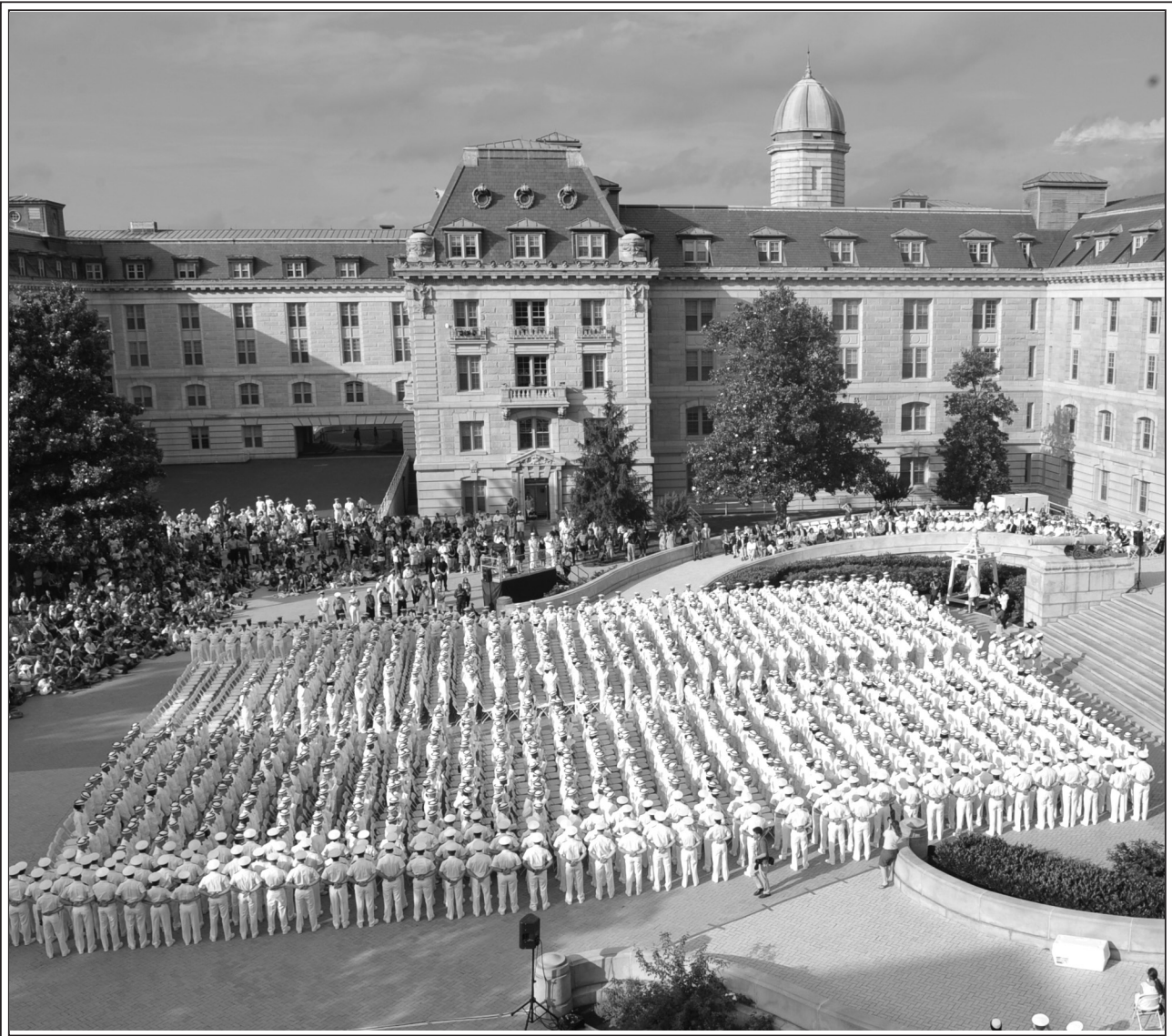


Important Information

for the

Class of 2018

United States Naval Academy
1 July 2014





Congratulations on your appointment and upcoming induction to the United States Naval Academy. In a few months, you will join an elite group of young men and women who aspire to become the next generation of leaders for the naval service and the future security of our nation.

Over the next four years you will develop into a warrior with the ethical foundation required to successfully lead in today's Navy and Marine Corps, during times of peace and war. Our mission is to develop you into a leader of integrity. We will provide you with a liberal education, honing your ability to think critically and make sound and effective decisions in the face of adversity.



Your training here, where the Severn meets the sea, will prepare you to be a role model—dedicated to the profession of arms, the traditions and values of the Naval Service, and the constitutional foundation of the United States. You will become an officer who understands and appreciates global and cross-cultural dynamics in an ever changing, technically advanced environment.

Included in this packet are specific instructions to help you prepare for Induction Day and your transition from civilian to Midshipman life. Summers in Annapolis are hot and extremely humid, and you are expected to be physically fit upon arrival. I encourage you to start preparing now.

Your selection to the Naval Academy proves that you have the talent to succeed here. Only you can prove that you have the dedication. By accepting your appointment to the Naval Academy, you have made a commitment to push yourself beyond perceived limitations and strive for excellence. Remember that your future Sailors and Marines deserve nothing less than your very best effort, every single day.

Congratulations, we look forward to seeing you in July!

Sincerely,

M. H. MILLER
Vice Admiral, U.S. Navy
Superintendent

The Permit to Report Package

This Permit to Report Package contains numerous items of important and useful information, some of which require your immediate attention. This pamphlet will guide you through all the items in the package and provide you with detailed instructions on what actions you must take. Please ensure you follow all directions closely. This will guarantee that valuable time is not spent correcting mistakes.

Most items are to be postmarked by 23 May 2014. However, if you are unable to meet this deadline, please return the forms as soon as possible after that date.

Numbered items correspond to a sub-section of this booklet. Items with a “□” indicate that a separate form is included in this package. If any of the items listed below are missing, contact the Admissions Office at 410-293-4392 or 888-249-7707, ext. 3-4392. You will also find a link to most forms on the Naval Academy Candidate Information System.

Please refer to the enclosed “Permit to Report Package Checklist” to assist in the completion of these important documents for Induction Day (I-Day).

In this package you will find a manila return envelope addressed to “Commandant of Midshipmen.” The first two forms of the package (on top of this booklet when opening the envelope) are:

- ☐ 1. Permit to Report Form
- ☐ 2. Request and Authorization for Midshipmen Accession Travel Form

This pamphlet is divided into four sections:

Section I Immediate Action Items for Commandant of Midshipmen tells you what forms you must complete immediately.

- ☐ 3. Agreement to Serve Form (3 copies)
- ☐ 4. Marriage/Dependents Declaration Form
- ☐ 5. Drug and Alcohol Abuse Statement of Understanding (with corresponding Commandant’s letter to parents)
- ☐ 6. Servicemember’s Group Life Insurance Election and Certificate (letter, instructions, and form)
- ☐ 7. Record of Emergency Data (NAVPERS 1070/602) (instructions and form)
- ☐ 8. Standard Form (SF)-86 Questionnaire for National Security Positions cover letter and worksheet
- ☐ 9. Consent to Disclosure of Personal Information Form (with corresponding Commandant’s letter to parents)
- ☐ 10. Personal Swearing-In Ceremony Form
- ☐ 11. Midshipmen Pay and NFCU application
- ☐ 12. Notice regarding Maintenance of Private Medical Insurance
- ☐ 13a. Immunization Record and Questionnaire Form
- ☐ 13b. Patient Registration Form
- ☐ 13c. Spectacle Prescription Information Form
- ☐ 13d. Dental
- ☐ 14. Letter from the Dean of Admissions
- ☐ 15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire
- ☐ 16. ACE Loan Information

Section II Administrative Preparations: Complete for Induction Day tells you what forms you must complete and bring with you on Induction Day, or what other actions need to be done by you before you report.

- ☐ 17. Command Religious Program Letter
- ☐ 18. NCAA Certification of Transfer Eligibility

- ☐ 19. Plebe Sponsor Questionnaire (*access online*) and corresponding Commandant’s letter
- ☐ 20. Alumni Association / Foundation Forms and return envelope

Section III Miscellaneous discusses several important issues that will better prepare you for Plebe Summer.

- ☐ 21. Midshipman Publicity Background Record (USNA PYA 5720/3) and Fleet Hometown News Release NAVSO 5721/1) Forms and return envelope
- ☐ 22. Physical Fitness and Recommended Exercise Routine
- ☐ 23. Information on Vehicular Access to the Naval Academy
- ☐ 24. Naval Institute Membership Invitation

Section IV Background and Additional Information provides key information on the various aspects of life at the Naval Academy.

- ☐ USNA Gift Shop flyer
- ☐ Midshipmen Store brochure
- ☐ 2014 Navy Guide to Annapolis

1. Permit to Report Form

DO NOT MAIL THE PERMIT TO REPORT FORM.

Bring it with you when you report to the Academy on Induction Day. This form will gain you access to the Naval Academy grounds.

Please make sure that you fill the form out completely and that you supply any documentation that is needed for reimbursement. If you travel by air and the U.S. Government **did not** purchase your airline ticket, you must submit a copy of the airline ticket or itinerary showing the dollar amount that you paid on I-Day. We cannot reimburse frequent flier miles or any other credited flights. You will only be reimbursed up to the government rate allowed.

If you choose to decline your appointment, you should so indicate in the box provided on the form, sign it, and return the form to the Naval Academy immediately. The appropriate address is on the form.

2. Request and Authorization for Midshipmen Accession Travel Form (for civilian candidates only; military will be issued orders)

All incoming Midshipmen must complete this form. Scan and email the completed form to NOMAPPS@USNA.EDU no later than 23 May 2014. If packet was received after 23 May, please return as soon as possible.

Please fill out Blocks 1-8, following the instructions on the form, and sign Block 10. **You must contact the Government Contracted Commercial Travel Office (CTO) at 1-800-235-9184 for any type of airline travel elected.**

If you elect to have the contracted Commercial Travel Office (CTO) arrange your travel (Block 7 a.), you will be e-mailed an itinerary and e-ticket by approximately 13 June 2014. Ensure that CTO has your correct e-mail address. Please keep in mind that CTO-arranged travel cannot be used for family or friends. Upon receipt of your e-ticket, visit ***www.virtuallythere.com*** to verify the ticket has been issued by the Navy Transportation Office. If you have questions or trouble determining whether or not your ticket has been issued, please contact the CTO at 1-800-235-9184. The

Office of Admissions will not be able to assist with travel.

Section I - Immediate Action Items

The items below require prompt and attentive action. Recovering from missing or inaccurate information will detract from Plebe Summer training.

Complete forms 3 through 11 listed below and return them to the Academy without delay (postmarked by Friday, 23 May 2014) in the large manila envelope addressed “United States Naval Academy, Commandant of Midshipmen.” If you receive this packet after 23 May, please return all forms as quickly as possible. Please read all directions and explanations for each form carefully before beginning to fill it out. Use a **black** ballpoint pen to complete each form.

3. Agreement to Serve Forms

Three copies of the Agreement to Serve **MUST** be completed by each entering Midshipman. Sign, date and return the top two (2) copies of the Agreement to Serve. You should retain the third. The agreement contains the statutory military service obligations which you incur by attending the Naval Academy. It also explains provisions under which you may be required to reimburse the government for the cost of education you received should you voluntarily, or because of misconduct, fail to meet these service obligations. Finally, it gives current Navy policies concerning the administrative handling of Midshipmen who fail to complete the Academy’s course of instruction through resignation or through separation for other causes.

Your signed Agreement to Serve constitutes an important personal commitment. You should read it carefully and be sure you understand it and its implications before signing.

If you are under the age of 18, either one of your parents or your legal guardian must also sign your agreement indicating understanding of its terms and consent to your action.

The statutory obligations you assume upon entering the Naval Academy are clearly stated in the agreement.

4. Marriage/Dependents Declaration Form

Complete the Marriage and Dependent Declaration form and return in the manila envelope to the “Commandant of Midshipmen.” The purpose of this form is to verify eligibility for admission to the Naval Academy. Midshipmen regulations prohibit Midshipmen from being married, having dependents, or having dependent responsibilities. This form provides further information concerning parenthood, pregnancy and dependency obligations.

5. Drug and Alcohol Abuse Statement of Understanding with Corresponding Commandant’s Letter to Parents

Complete the Drug and Alcohol Abuse Statement of Understanding and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

6. Service Member’s Group Life Insurance (SGLI) Form

Complete the Service Member’s Group Life Insurance form and return. As a Midshipman attached to USNA, you will be automatically enrolled in SGLI unless you do not desire coverage. You are still required to complete the SGLI form if you do not desire coverage. Even if you are currently

an enlisted Sailor or Marine, you will be required to complete a new form as a Midshipman.

Please take a few minutes and discuss with your family the amount of insurance needed and who to list as the beneficiary(ies). You are automatically insured for \$400,000 upon entry at a cost of \$27.00 per month. You may elect a lesser amount of coverage in increments of \$50,000. If you do not desire the SGLI coverage, you will still complete the form but indicate that you do not want insurance. Should you elect coverage, the appropriate amount will be automatically deducted from your pay.

7. Record of Emergency Data Form

Complete the Record of Emergency Data Form and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form becomes a permanent portion of your military service record and can be updated at any time. This will be used for emergency contact information and beneficiary notification.

8. Standard Form (SF)-86 Questionnaire

Complete the Standard Form-86 to the best of your ability and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form is required to process you for a SECRET clearance. You will need to provide specific information on the SF-86 worksheet that will be returned to you following Plebe Summer to assist you in completing an online, computerized SF-86. Make sure you answer all the questions accurately so that you do not delay your clearance. If you have any questions concerning this form, please contact Mr. (b) (6), in Personnel Security, (b) (6) or (b) (6).

The possession and use of a foreign passport in preference to a U.S. passport raises doubts as to whether the individual’s allegiance to the United States is paramount. Clearance will be denied or revoked unless the foreign passport is surrendered. Anyone who possesses a foreign passport must return the passport to the appropriate country’s embassy or consulate, requesting a return endorsement. In lieu of returning the passport, it may be brought to the USNA Personnel Security office for documenting and witnessing its destruction. If you choose to return the passport the endorsement will be a prerequisite to any security clearance determination and must be provided to the USNA Personnel Security office when the online SF-86 is submitted.

9. Consent to Disclosure of Personal Information Form with Corresponding Commandant’s Letter to Parents

Fill out Consent to Disclosure of Personal Information Form and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

10. Personal Swearing-In Ceremony Form

Following the formal Oath of Office Ceremony on Induction Day, members of the Class of 2018 may be sworn in by a relative or close friend of the family who is an active duty, reserve or retired military member. The uniform is Navy Summer White or service equivalent. If unable to wear a uniform, appropriate civilian business attire is requested. If you would like to do this, please fill out this form and include it in the manila envelope to “Commandant of Midshipmen.” If you do not desire a personal swearing-in ceremony, you do not need to return this form.

11. Midshipmen Pay and NFCU Application

All Midshipmen will be paid by electronic direct deposit. As such, all Midshipmen are required to maintain a bank account to permit electronic direct deposit of their pay every month. Enclosed is an application form from the Navy Federal Credit Union (NFCU). NFCU has a full service branch located on the Naval Academy grounds which is very convenient for the Midshipmen. Should you choose to open an NFCU account, please complete the enclosed application form and mail it back in the envelope provided. If you do not wish to use NFCU for pay purposes, you are required to bring a signed direct deposit slip or VOIDED check from the bank you wish to use with you on I-Day.

12. Notice Regarding Maintenance of Private Medical Insurance

The importance of your understanding exactly what your entitlements are with regard to medical care should you become ill or injured cannot be emphasized enough. Please read and sign this form acknowledging your understanding. This subject is also covered in greater detail in Section IV under "Medical Care for Seriously Ill or Injured Midshipmen."

Note: 13a, b, c, and d are not required for candidates coming from the Naval Academy Preparatory School.

13a. Record of Immunization Form

Complete demographics on the "IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES." Your physician or other licensed health care provider **MUST** complete the vaccination history. Please mail one copy and hand carry two copies of this form to the Induction Day Immunization Station. Please do not leave this paperwork in your bags. This form is very important to us as it will determine the immunizations you will receive on I-Day. Please ensure all of the **REQUIRED** immunizations as noted on that form are received. Any vaccines not given prior to I-Day will be given on that day. Please note that one dose of Tdap is required. One dose of Menactra or Menveo vaccines is required after age 16. If your provider does not have those vaccines, please do not accept a substitute vaccination. We will give the appropriate ones on Induction Day. In addition to the required vaccines, we highly recommend the HPV vaccine to all males and females attending the Academy. **Please review the vaccine information sheet on HPV which can be found on www.cdc.gov.** We will start or continue Gardasil for all men and women unless you specifically refuse on I-Day. A documented **Mantoux Tuberculin Skin Test (PPD)** must have been performed after Jan. 1 of this year prior to Induction Day. You **MUST** return this form to the address listed by **16 May (or within 2 weeks of receiving this package)**. In addition, you **MUST** bring TWO copies of the completed form (IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES) along with a completed "NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)" with you when reporting to the Academy on I-Day. If a healthcare provider has any questions regarding immunizations, the provider can contact our immunization clinic at 410-293-1774. This phone number is for health care providers only. Parents and students should not be contacting the immunization clinic directly. In summary, the required forms for immunizations are:

- Immunization Record For United States Naval Academy Appointees (1 mailed, 2 copies for I Day)

- NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)

Please do not leave your forms in your bags.

The Admissions Office and Midshipmen Personnel will not be able to help you in regards to immunization questions.

13b. Patient Registration Form

Please complete the enclosed form and send the form to the address below.

13c. USNA Appointee Spectacle Prescription Information Form

If you do not wear glasses or contact lenses, do NOT fill out or return this form. Only candidates who wear glasses or contact lenses (including part-time use) need to complete this form. The form is required to order military glasses (civilian glasses and contact lenses are not authorized during the summer). Complete all candidate information and frame size sections. Your eye care provider must fill out and sign your glasses prescription information section. Fax the completed form to (410)-293-1131 (do not use a cover sheet or fax any other forms) or mail the completed form to the address below by **16 May 2014**. In addition, you **MUST** bring a copy of the completed form with you when reporting to the Academy. If you or your eye care provider has any questions, please contact the Naval Health Clinic Annapolis Optometry Clinic at 410-293-3617.

Please send all (3) forms to:

Medical Records
Naval Health Clinic Annapolis
250 Wood Road
Annapolis, MD 21402-5050

13d. Dental

At this point in the application process, you need to be aware that the USNA Office of Admissions assumes that all new Midshipmen will arrive at Annapolis with excellent medical and dental health, ready to immediately initiate an extremely rigorous Plebe summer and academic Fourth Class year. It is our intention to ensure you complete all requirements during Plebe summer uninterrupted by medical or dental conditions that require time away from your duties.

The USNA has an exceptional Dental Department that will provide all general and specialty dental care required during your four years at the Academy. It is strongly suggested, however, that each perspective Midshipman have a complete dental examination performed by his/her family dentist prior to reporting in order to have any acute dental conditions completed prior to reporting. Examples of acute dental conditions include any cavities or tooth decay that require restoration or extraction of any wisdom teeth that are indicated for extraction. If extraction of wisdom teeth is performed prior to reporting, it is best that the surgery take place at least four weeks prior to I-Day to avoid any post operative complications that might be ongoing.

If the perspective Midshipman is undergoing active orthodontic treatment, the Dental Department has an orthodontist available to continue care. A waiver to matriculate into the Academy with braces should have been completed during the application process. If you plan to continue treatment at the Academy, you must have your waiver in hand upon arrival during I-day. Additionally, you must have a copy of your initial treatment plan and all

orthodontic records to bring to your dental exam in the weeks following I-Day. This is required to ensure smooth transfer and continuity of care. If you do not have a waiver, braces must be removed prior to arrival on I day.

If you have questions, please contact the staff orthodontist at 410-293-3901.

If you have any questions concerning dental treatment, contact the Director, Dental Services, CDR (b) (6), at (b) (6) or (b) (6).

14. Letter from the Dean of Admissions

Please read the letter from the Dean of Admissions. This letter is yours to keep.

15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire for the Class of 2018

Read the letter and complete the Academic Background Questionnaire for the Class of 2018 as listed in the enclosed letter from the Associate Dean for Academic Affairs. The Questionnaire can be found in the Candidate Information System.

16. Additional Clothing and Equipment (ACE) Loan

All reporting plebes will receive an interest-free government loan to help with initial expenses. Refer to the enclosed document entitled "ADVANCE FOR CLOTHING AND EQUIPMENT (ACE) LOAN INFORMATION CLASS OF 2018" and the "Budget Book" at the link provided on the Plebe Summer website for information specific to the financial obligation of all incoming Plebes and the processing of scholarships. No entrance fee is required. General pay-related questions can be referred to the Midshipmen Disbursing Office, 410-293-3301.

Section II - Administrative Preparations: Complete for Induction Day

Items in this section require action to be completed prior to reporting on Induction Day. Bring completed forms 17-19 with you to check-in.

17. Command Religious Program

The Command Religious Program offers a wide variety of worship services, religious education programs, pastoral counseling, and other activities that are available for your moral, spiritual, and religious enrichment throughout your four years as a Midshipman. Eight chaplains - all experienced Naval Officers - are assigned to the Naval Academy. These chaplains represent four Protestant denominations, the Roman Catholic Church, and the Jewish faith. The chaplains' mission is to care for everyone by providing ministry to members of their own faith groups and facilitating the free exercise of religion for other faith groups.

Worship services and other devotional activities are an integral component of the Plebe Summer routine for Midshipmen, including three Protestant worship services and two Catholic Masses on Sundays. There are also specific opportunities for worship and fellowship among Jewish Midshipmen and members of the Church of Jesus Christ of Latter-Day Saints, the Church of Christ, and the Church of Christ, Scientist. Lay leaders conduct prayer services for adherents of Islam. Please note that the unique training environment of Plebe Summer requires that parents

do not visit Plebes during Plebe Summer worship services with the exception of Parents' Weekend. Candidates are allowed to bring a copy of their chosen Holy Scripture (e.g. Bible, Quran, etc.), but please do not bring devotional material.

Your Naval Academy chaplains welcome you to Annapolis and look forward to assisting you in your moral and spiritual development.

18. NCAA Certification of Transfer Eligibility

This form is used to determine eligibility for intercollegiate athletics, **whether you plan to participate or not**. Please list **EVERY** prep school, junior/community college, four-year university/college and any military service since graduating from high school. It is extremely important that you note the **hours taken each semester and the sport(s) you participated in** while attending an institution of higher learning or in the military.

19. Plebe Sponsor Questionnaire

Please access the Naval Academy Candidate Information System (link available on the USNA Admissions home page) to submit this questionnaire online. It should be completed as soon as possible. The Plebe Sponsor Questionnaire must be completed regardless of whether you wish to participate in the program or not.

This questionnaire will be used to match each Plebe with a sponsor family of similar interests. If you know of someone who you would like to have as your sponsor and who lives within 30 miles of the U.S. Naval Academy, please provide that information on the Plebe Sponsor Questionnaire. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information and in the enclosed letter from the Commandant.

20. Alumni Association and Foundation Forms

Please complete and postmark all information by 23 May 2014.

Plebe: The attached 3x5 white Life Membership at Graduation Form is to be returned in the envelope marked "USNA ALUMNI ASSOCIATION RECORDS - ATTN CLASS OF 2018 FORMS."

Parents: The yellow Plebe/Parent Information Form discussed in the enclosed letter from the President of the Alumni Association, and the Associate Membership Sign Up Form, addressed in the enclosed letter from the Director, Membership and Business Operations, should be returned in the envelope marked "U.S. Naval Academy Alumni Association Membership." During Induction Day you will have an opportunity to speak with representatives from both the Alumni Association and Foundation.

Section III - Miscellaneous

Items in this section discuss several important issues that will better prepare you for Plebe Summer.

21. Midshipman Publicity Background Record (USNA PYA 5720/3) and Fleet Hometown News Release (NAVSO 5724/1)

The Midshipman Publicity Background Record is used by the Naval Academy Public Affairs Office for biographical information about you when we respond to media queries and/or prepare news stories or photograph

captions. Disclosure of this information is entirely voluntary and will allow the Public Affairs Office to publicly release information about your accomplishments at the Naval Academy.

Please fill out the form in its entirety, sign it at the bottom, and return it to the Naval Academy in the envelope marked PAO by 23 May 2014.

The Fleet Hometown News Release form is used by the Naval Academy (and the Navy) for routine newsworthy events such as Induction Day, academic honors lists and graduation. The Fleet Hometown News Center sends announcements to local papers who participate in the program. Disclosure of this information is entirely voluntary and will allow the Public Affairs Office to publicly release information about your accomplishments at the Naval Academy.

Please fill out ONLY Blocks 1, 10, 13, 14, 17 and 18/19 (if applicable), place it in the same prepaid envelope marked PAO and return it to the Naval Academy by 23 May 2014.

22. Physical Fitness and Recommended Exercise Routine

Physical education is an important part of the program at the Naval Academy. To ensure that you are physically prepared for Plebe Summer, you are encouraged to start a program designed to help develop cardiovascular endurance and upper body strength. We have provided you with a sample program and workout charts as an enclosure in the package. Listed below are a few examples of some of the physical requirements of Plebe Summer to help you prepare for the types of activities in which you will be participating:

- *90 minutes, five days per week of strenuous physical calisthenics to increase cardio-respiratory fitness, muscular strength, endurance, flexibility and confidence.*
- *Run up to 4.5 miles at a 7-8-minute per mile pace, interval and sprint training.*
- *Obstacle and endurance courses that test balancing, leaping, climbing and team building skills.*
- *Hand to Hand training that incorporates martial arts, boxing, and wrestling.*
- *Climbing Wall training that involves upper body muscular strength and endurance, team building, and acclimatization to heights.*

It is imperative that you begin the recommended exercise routine, or one similar to it, NOW! Some common injuries historically seen during Plebe Summer, such as shin splints and minor foot, leg and back injuries, are related to being out of shape and can be prevented by your preparation beforehand.

Upon arrival, an Initial Strength Test (IST) will be administered to determine whether a Midshipman meets the minimum standards of physical fitness for Plebe physical training. At the end of Plebe Summer and during each semester, each Midshipman is required to pass a Physical Readiness Test (PRT). Failure to pass this test will result in assignment to a remedial program. The test consists of two minutes of timed push-ups and curl-ups followed by a timed 1.5 mile run. Passing the PRT every semester is a requirement for service at the Naval Academy. **Failure to pass the PRT may result in separation from the Naval Academy.**

For your information, the maximum and minimum

scores for the PRT are as follows (women's standards are in parentheses):

- Maximums - push-ups: 101 (85), curl-ups: 101 (101), 1.5 mile run: 8:15 (9:35)
- Minimums - push-ups: 45 (20), curl-ups: 65 (65), 1.5 mile run: 10:30 (12:40)

It is suggested that you be able to swim a minimum of 100 yards utilizing any stroke and be able to tread water for 15 minutes. Failure to complete these tasks will result in assignment to the swim remedial program. Show up in shape, bring comfortable shoes, and most importantly ...

Stick with the program!

23. Information on Vehicular Access to the Naval Academy

During I-Day vehicular access to USNA will be restricted. Vehicular access for pick-up and drop-off during I-Day will be granted to individuals presenting their Midshipman's Permit to Report form along with a government issued picture ID. Parking on the Yard by parents during I-Day will not be authorized. Similar restrictions are implemented for various events throughout the school year such as Parents' Weekend and Commissioning Week.

Parents of Midshipmen will receive an ID card in the mail which, when presented with a photo ID, can be used to access the Academy with a vehicle 24 hours a day/seven days a week during your Midshipman's attendance at USNA. The pass expires two weeks after his or her graduation. It is not vehicle specific and may be used with rental cars. These cards are available for Midshipman parents, step-parents, and legal guardians only. No action is required to receive the initial card as it will arrive in early August. Each parent should receive his/her own card (maximum of two).

If a new card is required due to loss, change of address etc., it must be requested by the Midshipman via email to parkingandaccess@usna.edu or by the Midshipman visiting the Pass and ID office located in the Visitor Access Center at Gate One. A temporary pass may be issued immediately if the Midshipman applies in person. A new card will be available for pick up by the Midshipman or parent with proper photo ID. For parents arriving after hours and requiring access without a card, proceed to Gate Eight, present a government issued photo ID, and let the Sentry know identity as a Midshipman parent. The Sentry will check the database and facilitate entry.

The Midshipman Parent's Pass which will arrive in August replaces the Permit to Report form to gain entry for the remainder of their Midshipman's attendance at USNA. Parking will be available at Navy-Marine Corps Stadium and at public parking lots in Annapolis.

Please direct any questions concerning vehicle access to the Pass & ID office located in the Visitor Access Center at 410-293-5762 or 410-293-4019. They are open from Monday through Friday, 0600-1530, closed on weekends and holidays.

REMINDER: The Office of Admissions will NOT be able to help you with any questions regarding vehicle access to the Naval Academy or be able to duplicate Permit to Report Forms.

24. Naval Institute Membership Invitation

If you would like to be a member of the Naval Institute, visit their website at www.usni.org.

Section IV - Background and Additional Information

Proof of Citizenship and Police Record Check

When you received your Fully Qualified Offer of Appointment from the Superintendent, you were asked to submit both proof of citizenship and a police record check. If you have not already done so, please ensure that the information is postmarked to Nominations and Appointments by 23 May 2014. **Do not return in the manila envelope addressed to the "Commandant of Midshipmen."**

Any one of the following can serve as proof of citizenship. Only originals, original copies from the issuing authority, notarized copies, or a certified true copy will be accepted. If a passport is going to be used, please send a notarized copy rather than the original.

- United States Birth Certificate
- United States Passport (if issued within the last two years)
- Certificate of Naturalization
- Certificate of Citizenship
- Consular Report of Birth Abroad

All candidates accepting their appointment to the Naval Academy are required to obtain a routine police record check from their local police department **prior to reporting to the Academy** on I-Day. You should have received your forms and instructions earlier with your Appointment Offer. To ensure a thorough police record check, you should determine all jurisdictions in which you have lived during the last five years, including your city or town police department, sheriff or constable's office, school law enforcement office, and the jurisdiction where you work or go to school, if it is different from where you reside. The police record check is for all violations of the law, including minor traffic and non-traffic violations. If you were charged with a misdemeanor or felony, a copy of the court record is required.

If your law enforcement office has a policy preventing the release of this information, ask them to provide a statement of their policy in lieu of the police record check. You must also submit a signed statement indicating whether or not you have any violations of the law.

If you have any questions regarding proof of citizenship (what type of documentation is required in your particular case or to confirm receipt) or the police record check (unable to complete it prior to I-Day, assistance needed in obtaining the information requested), please contact the Office of Admissions at 888-249-7707, ext. 3-4392. If you lost the return envelope from your Offer of Appointment, send your proof of citizenship and police record check to:

U.S. Naval Academy
Office of Admissions
Attn: Nominations and Appointments
52 King George Street
Annapolis, Maryland 21402-1318

Social Security

If you do not already have a Social Security card, you must obtain one promptly. All candidates reporting to the Naval Academy for admission as Midshipmen must have in

their possession a Social Security card so that wages may be credited to their accounts.

Candidates receiving Social Security benefits will no longer be eligible for these payments after entering the Academy. The Social Security Administration advises that Midshipmen are not so entitled because they are employees of the United States while they are attending a U.S. service academy. Therefore, if you are receiving this benefit, you must inform the appropriate Social Security Office of your decision to enter the Naval Academy and give them the date of induction.

Travel Expenses

Ensure you have a copy of the "Midshipman Accession Travel Form" that you sent in to nomapps@usna.edu with you at check-in, along with all associated receipts for travel expenses, including tickets or copies of e-tickets, from your home to the Naval Academy with you on I-Day to support your travel claim for reimbursement.

If you arrange and pay for your Midshipman's travel, you will be reimbursed for your travel expenses from your home to the Naval Academy following induction up to the authorized government cost. Per Public Law 104-134, all federal government payments must be paid by Electronic Funds Transfer (EFT). For air or rail travel, reimbursement will be limited to the lesser of the actual cost or the cost of a government ticket. Use of frequent flyer miles is not an authorized reimbursable expense. If you choose to travel by privately owned vehicle (POV) you will be reimbursed for mileage and per diem in accordance with the Joint Federal Travel Regulations.

Tourist Passport Information: "Join the Navy and see the world!"

The Midshipmen summer training program offers the opportunity to travel to foreign ports during summer training cruises. Overseas ports of call include Australia, Singapore, Japan, Korea, Italy, Spain and many others. A tourist passport is the preferred document for overseas travel and increases a Midshipman's opportunity to be assigned to overseas cruises and to travel abroad during summer training and leave periods. Additionally, a tourist passport will be beneficial after graduation while serving in the fleet. Overseas training is an effective and rewarding experience that contributes to a Midshipman's professional development and geo-political awareness.

The United States Naval Academy Summer Training Office has encouraged all reporting candidates to obtain or apply for a civilian passport prior to reporting to the Academy on Induction Day.

A civilian passport may be applied for at many U.S. Postal offices and designated passport locations. You will need two passport pictures. These photos can be obtained at various locations. The cost is usually \$10 to \$15 for the pictures and \$100 for the passport fee. A civilian passport is good for 10 years from the issue date. Additional information can be found on the web at http://travel.state.gov/passport/passport_1738.html, in the yellow pages under "Passport and Visa Services," and/or at your local post office.

Bus Service From BWI Airport

For those who will be arriving by air on Monday, 30 June 2014, a complimentary bus service will be provided from Baltimore-Washington International Thurgood Marshall Airport (BWI) to the Naval Academy. The bus runs from 7

a.m. to 11 p.m. This service is only for candidates who are traveling by themselves. We regret that we are unable to accommodate family members or friends on these buses.

Upon arrival at BWI you are directed to check with the United States Naval Academy Information Desk (Customer Service Desk) located near the International Terminal Baggage Claim area of the airport. Signs will be placed at each of the main escalators directing you to the Customer Service Desk. The Customer Service Desk times vary; however, Naval Academy representation will be there from 7 a.m. to 11 p.m. on Monday, 30 June 2014. They will advise you of the next bus and where to meet it. This bus service is free of charge for all candidates.

Midshipmen and Ensigns or Second Lieutenants will be standing by to assist and ensure your safe arrival to the United States Naval Academy in Annapolis, Maryland. In case of emergency, call the Officer of the Watch at the Main Office in Bancroft Hall at 410-293-5001.

Those candidates who arrive before the Information Desk is set up or after it has closed should use the public transportation available (either taxi or shuttle) for transit to Annapolis. The cost is approximately \$40 and is refundable through your travel claim. Please bring all receipts with you; if you choose to arrange your own transportation, it is recommended to schedule arrival flights to BWI Airport to take advantage of this bus service being provided by the Naval Academy. Transportation from Ronald Reagan National Airport or Dulles International Airport is not provided by the Naval Academy and should be arranged via taxi or limousine (approximate cost \$50, refundable through your travel claim).

Induction Day

I-Day for the Class of 2018 is scheduled for Tuesday, 1 July 2014. The enclosed Permit to Report tells you exactly what time to report to the Naval Academy to begin the day-long induction process. For some candidates, this will be as early as 6:30 a.m.; for others it will be later in the morning. The important thing is to arrive in the Annapolis area with plenty of time to spare, making reasonable allowances in your plans for unexpected delays, including those caused by heavy I-Day traffic in Annapolis.

If you plan to arrive in the Annapolis area prior to I-Day, you should make your own arrangements for lodging. Unfortunately, no reimbursements can be made for the use of commercial lodging facilities. For information on lodging in the Annapolis area call the Annapolis and Anne Arundel County Visitors Bureau at 410-268-0445, or go to www.visitannapolis.org. If you wish, candidates **only** may elect to spend the night prior to I-Day in Bancroft Hall, the Midshipmen's dormitory. In that case, report to the Main Office in Bancroft Hall for dormitory accommodations. Meals will not be provided prior to I-Day, but you will be permitted (and are encouraged) to go into town to get something to eat the night before I-Day.

Annapolis is hot and humid during the summer. We recommend that you report to the Naval Academy in lightweight slacks, a short sleeve shirt or blouse, and athletic shoes. Women should not wear skirts. If you are reporting from NAPS or from enlisted service, report in the Uniform of the Day. NAPS candidates will change into NAPS PE gear for the actual processing. Regulation Navy and Marine Corps PT gear will be authorized for all candidates reporting from the Fleet. You will be issued a summer working uniform

and tennis shoes during I-Day. All candidates will be issued nearly everything that they will need for the duration of the summer, but candidates will be allowed to bring and utilize the following clothing as long as it meets Naval Academy uniform criteria:

- ☐ White jockey-style brief underwear (18 briefs will be issued on I-Day).
- ☐ White crew neck fitted cotton undershirts (9 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White V-neck fitted cotton undershirts (15 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White athletic tube socks (22 pairs of socks will be issued on I-Day). Tube socks need to reach just below mid-calf. Ankle socks will not be authorized for wear.
- ☐ Black or Navy Compression "Spandex" Shorts (6 shorts will be issued on I-Day). Shorts shall be worn underneath issued running mesh shorts.
- ☐ White sports bras (11 sports bras will be issued to females on I-Day).
- ☐ White or nude brassiere (NO regular bras will be issued to females on I-Day. Recommend bring 2). Plebes will have few opportunities to wear these over the summer; however recommended that regular bras be worn during uniform fittings.
- ☐ Running shoes (**See Note 1 below**).
- ☐ Toiletries (razors, shaving cream, toothbrush, toothpaste, shampoo, liquid soap, hygiene products Plebes will have at least one visit to the Midshipmen Store over the summer to purchase necessary items.
- ☐ Enough money to last six weeks. Spending opportunities are limited to a few occasions over the summer. Recommend around \$100.
- ☐ An inexpensive scientific calculator for placement exams. Exams are taken the first few days of Plebe Summer.
- ☐ Athletic shoes for any sports in which you will participate (i.e. soccer cleats, basketball shoes).
- ☐ Athletic equipment for any sports in which you desire to participate (i.e. lacrosse stick, tennis racket, baseball glove). Do not bring heavy or bulky equipment such as weights, bicycles, or golf clubs.
- ☐ Cellular Phone (**See Note 2 below**).

NOTE 1 (RUNNING SHOES): All candidates will be issued running shoes on I-Day; however, candidates are highly encouraged to bring their own "broken-in" running shoes. Candidates will be authorized to wear these running shoes during physical training evolutions in order to cut down on medical injuries such as shin splints and blisters. Recommend consulting an athletic store that specializes in running to advise you on what running shoe is best for your foot type.

NOTE 2 (CELLULAR PHONES): If you wish, you are permitted to bring a cellular phone to facilitate calling home during specified times over the summer. When not being used, your cellular phone will be stored for you in a secure location (you will not be allowed to keep it in your room during Plebe

Summer). If you don't bring a cellular phone, you will be provided access to a telephone to make these calls.

Over Plebe Summer you will be allowed to display pictures, postcards, or other similar personal items, although these items must fit on a 2' x 2' corkboard. Candidates should report with only minimal clothing in addition to the prescribed underclothing. The wearing of cosmetics and jewelry is not permitted during Plebe Summer. The only exception is a religious medallion necklace whose chain is long enough to prevent it showing in uniform. Wrist watches and electrical grooming equipment will NOT be authorized for use over Plebe Summer; however, all Candidates are authorized to bring these items with them on I-Day. If you choose to bring them with you on I-Day, they will be inventoried along with your civilian clothing and stored for you over the summer in a secure location. It is recommended that you bring all of these items in a collapsible overnight bag labeled with your name. Fourth Class Midshipmen are not authorized to have civilian clothes at the Naval Academy, and the clothing that you report in for I-Day will be returned to you over Parents' Weekend in order to return home with your parents. Candidates are highly discouraged from bringing high value items to Plebe Summer. Things you may **not** bring include:

- ☐ Stereo equipment
- ☐ Clock radios
- ☐ Lamps
- ☐ Over-the-counter medication
- ☐ Civilian clothing other than what you are wearing on I-Day and the items listed above

At your assigned reporting time on I-Day, you will be required to leave the company of relatives and friends to report to Alumni Hall to begin your induction processing. Refreshment stands, tours of the Naval Academy, an orientation briefing, and a picnic sponsored by the Alumni Association will be available during the day for relatives and friends who choose to remain for the Oath of Office Ceremony. There is a brief period of time set aside later in the afternoon, immediately following the Oath of Office Ceremony, to meet with relatives and friends. This is a good time to say your farewells. The next opportunity to visit with relatives and friends will be during Parents' Weekend, 7-10 August 2014.

Grooming Standards

Men's Hair and Beards. Midshipmen are required to keep their hair neatly trimmed. Mustaches and beards are not permitted. On I-Day, all male Plebes will receive a crew cut and will be required to keep this standard throughout Plebe Summer. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Women's Hair. All female Plebes are required to have a haircut that is above their chin. Braids are authorized. If hair is not within regulations upon arrival on I-Day, female Plebes will receive a haircut. After the initial haircut on I-Day, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Plebes will be authorized the use of two small barrettes similar to natural hair color over the summer. Rubber bands and bobby pins are not authorized over Plebe Summer to keep hair up with the exception of physical training. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Medical/Dental

On Induction Day you will undergo a brief medical examination to ensure that you are still physically qualified for admission. You must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm no problems have developed since you had your candidate (DoDMERB) medical examination. If you have undergone surgery or had a serious illness or injury since that exam, or if your health is in question for any reason, you should expect to be examined more thoroughly.

Be aware that on the day you report for admission, you must be within the weight and body fat standards applied at your candidate medical examination or you will risk disqualification and not be permitted to enter the Class of 2018. Consult the height and weight standards in the online catalog to be sure you remain well within the requirements.

Optometry

To safeguard the health and career potential of our incoming Midshipmen the following rules shall be enforced:

Do not undergo corrective vision surgery (e.g. **PRK, LASEK or LASIK**) as this may be **disqualifying** and may not be waived for entry.

During Plebe Summer:

1. No contact lenses are authorized during plebe summer.

2. Glasses will be provided on I-day based upon your submission of the Spectacle Prescription Information form enclosed. **No civilian glasses will be permitted.**

Be advised that tinted or lenses that become tinted with sunlight are not permitted during military parades, military training, and inspections, these should not be your primary glasses.

However, you **should bring** two pairs of your most recently prescribed glasses, a supply of contact lenses (if you wear them) for use after the summer, and paper copies of your most recent glasses/contact lens prescriptions.

Health Status

If you have had any change in your health since your DoDMERB examination, you must notify us. Areas of particular concern are any and all surgery, orthopedic injuries (broken bones or joint injuries), head injuries, hospitalization, vision changes, loss of consciousness, and any condition which might preclude your full participation in our rigorous athletic program. Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

Nominations and Appointments
Attn: Medical Liaison
U.S. Naval Academy
117 Decatur Road
Annapolis, MD 21402-5018
410-293-4381
Fax: 410-293-1819

Medications

If you are taking medication prescribed by a physician, you must bring it with you on I-Day. The medication must be in a labeled container and you must bring a note from the physician stating the name of the medication, the dosage, the

dates the medication is intended to be taken, and the reason it was prescribed. You will be evaluated and, if the medication is felt to be appropriate, the condition will be documented in your health record and you will be authorized to continue using the medication. DO NOT bring over-the-counter (OTC) medications (e.g. Motrin, Tylenol, Tums, cold tablets), food supplements or vitamins. If you have any questions or concerns regarding your health status or medications, please contact the Senior Medical Officer.

Medical Care for Seriously Ill or Injured Midshipmen

When a Midshipman becomes ill or injured, the Navy will provide or pay for qualified medical expenses incurred as a result of the illness or injury, similar to benefits provided all active duty members of the U.S. Armed Forces, so long as the Midshipman remains physically qualified for commissioning. Care is normally provided in government health care facilities. Payment for care received in civilian medical facilities generally is not authorized, although exceptions may be made for emergencies. In the event long term inpatient medical care is required, a Midshipman typically will be treated at a suitable military or VA hospital.

If a Midshipman's medical condition is such that his or her suitability for commissioning is questionable, a medical board consisting of Navy physicians will be convened. The board will report its findings and recommendations to the Superintendent. If the board finds a Midshipman is not physically qualified for commissioning and the Superintendent concurs with those findings, the recommendation that the Midshipman be disenrolled from the Academy will be forwarded to the Secretary of the Navy. The Secretary of the Navy will take final action on the recommendation.

NOTICE: We strongly recommend that you contact your local health insurance provider to discuss your and your parents' options of procuring and maintaining private medical insurance to ensure medical coverage in the rare case you become seriously ill or injured and are separated from the Naval Academy prior to graduation/commissioning. Please discuss this matter with your parents and contact your local health insurance provider to discuss options for coverage. Generally, such coverage is inexpensive (or can be maintained at no cost through parent's employer) and can prevent serious financial problems. In the highly unlikely event you develop or are discovered to have a disqualifying medical condition (e.g. epilepsy, diabetes mellitus, ulcerative colitis, serious injury) requiring separation from the Naval Academy, your ability to obtain health insurance will be significantly compromised. Also, be aware that Midshipmen only qualify for limited disability benefits, making private insurance more important if a catastrophic injury or illness occurs. For this reason, if for no other, having private health insurance already in place will be a wise investment in securing future coverage for health care that might not be possible to obtain after a diagnosis has been made.

Tattoos, Brands, Body Piercing

Navy Regulations prohibit tattoos, body art, or brands that are visible in a Navy uniform; e.g., those on the head, face, neck, scalp, arms or hands. Further, regulations state "tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited." Body art and ornamentation, therefore, that are excessive, obscene,

sexually explicit or that advocate or symbolize sex, gender, racial, religious, ethnic or national origin discrimination or gang affiliation, supremacist or extremist groups, or drug use are strictly prohibited. If you have such a tattoo or skin amendment, contact the Director, Nominations and Appointments promptly, in writing. The Naval Academy prohibits members of the Brigade of Midshipmen or members of the Naval Academy Preparatory School from acquiring body alterations to include: tattoos, brands, body piercing or other intentional self-mutilation. All tattoos/body art/brands on the head, face, neck or scalp are prohibited.

Included in your Offer of Appointment package was a statement of understanding regarding body alterations, which you should have completed and returned with your offer of acceptance. If you did not return the form, submit it immediately to the Director, Nominations and Appointments at the address in the "Health Status" paragraph. Once the statement of understanding regarding body alterations is received, USNA Admissions will inform any candidate whose body alterations are being reviewed for compliance with USNA policies. The Body Alteration Review Board will convene in May 2014 to screen all statements of understanding regarding body alteration(s). Following the Body Alteration Review Board, USNA Admissions will inform the affected candidates of the Commandant's decision regarding the acceptability of their particular body alterations. Admissions will clearly delineate any requirements the appointee must meet (e.g. remove part or all of a particular tattoo) prior to Induction Day or reporting to NAPS.

Pre-existing body alterations must comply with the Naval Academy policy or they must be removed/replaced at the candidate's expense unless a waiver is granted by the Naval Academy Body Alteration Review Board. Any pre-existing body alterations shall not be visible in the Summer White Uniform, "either on the skin that shows outside of the uniform or through the fabric."

Any candidate who reports with a tattoo, brand, or body piercing which does not conform to our policy, who has not been cleared through the procedure explained in our correspondence, or has not contacted the Director, Nominations and Appointments should anticipate not being inducted into the Brigade.

Color Vision Screening

On I-Day you will be screened to confirm that you have normal color vision.

Alcohol and Drug Screening

The Department of Defense, Navy, and Naval Academy regulations clearly prohibit the use of illegal drugs, including anabolic steroids. The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use within 72 hours of being formally inducted. You will be required to submit a urine specimen for drug testing and to undergo breathalyzer testing for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.

HIV Testing

Blood samples drawn on I-Day will be tested for antibodies to the Human Immunodeficiency Virus (HIV), the agent responsible for the Acquired Immune Deficiency Syndrome (AIDS). Any individual confirmed to be HIV antibody positive will, after thorough evaluation, education,

and counseling, be separated from the Naval Academy. Strict confidentiality will be observed in any such case.

Dental Examination

A dental screening examination will be conducted during Plebe Summer. It is highly recommended that you report to Induction Day dentally healthy. This would include a recent dental check-up including third molar (molar tooth) evaluation by a general dentist and/or an oral surgeon. If you have any concerns about your dental status, you should report all relevant information to:

CDR (b) (6), DC, USN
Director, Brigade Dental Unit
U.S. Naval Academy
101 Sands Road
Annapolis, MD 21402-5077
(b) (6)

Be sure to include your full name and social security number on all correspondence regarding your medical and dental status.

Contacting Midshipmen in an Emergency

In the event of an emergency, your parents or guardian should notify the Officer of the Watch at the Main Office in Bancroft Hall 410-293-2701/2702. The Officer of the Watch will ensure that appropriate actions are taken.

Telephone messages of non-emergency but urgent nature may be relayed through the Midshipmen watch standers at the Main Office, 410-293-5001/5002.

Mailing Address for Midshipmen

Plebes are able to receive mail during Plebe Summer. The proper format is:

MIDN John L. Doe
USNA Class of 2018
X Company, X Platoon
Annapolis, MD 21412

Plebes will learn their Company and Platoon designators on I-Day. After Plebe Summer, Midshipmen will receive a P.O. Box number for use in receiving mail. The only zip code midshipmen can receive mail to is 21412.

Care Packages

“Care package” is a Midshipman term for goodies from home and is a very effective morale booster. However, during the controlled training environment of Plebe Summer, the sending of junk foods to a Plebe is highly discouraged. Provide the following guidelines to anyone who will be sending care packages.

- Please limit the size of the shipping container to no larger than a shoe box. All food should be shipped in an airtight container.
- All items should be single serving and non-perishable. There are no refrigerators available in Bancroft Hall for food storage. No medications or vitamins are allowed.
- Junk food is highly discouraged during Plebe Summer. The regimen of Plebe Summer is a controlled training environment and requires adherence to a healthy diet.
- Due to health concerns and storage limitations, excess junk food that cannot be stored or consumed immediately will be disposed of.

- Some suggestions for things to include in care packages:
 - Individually wrapped granola bars or energy bars
 - Powdered sports drink mixes
 - Letters from home

E-mail

You will be assigned an e-mail address upon the completion of Plebe Summer. This e-mail address will remain the same during your four years here. During Plebe Summer training, you will not have access to a computer to send or receive e-mails.

Reef Points

The annual handbook of the Brigade of Midshipmen will be issued to you on Induction Day. During the course of Plebe Summer, you will be required to commit portions of it to memory and be familiar with all of its contents.

When reporting for I-Day, Plebes will be expected to know verbatim the Mission of the United States Naval Academy, the administrative chain of command, and the first three General Orders of a Sentry.

The Mission of the Naval Academy

To develop Midshipmen morally, mentally and physically and to imbue them with the highest ideals of duty, honor, and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government.

Your administrative chain of command:

Commander in Chief: President Barack Obama
Secretary of Defense: The Honorable Charles Hagel
Secretary of Navy: The Honorable Ray Mabus
Chief of Naval Operations: Admiral Jonathan Greenert, USN
Superintendent of USNA: Vice Admiral Michael Miller, USN
Commandant of Midshipmen: Captain William Byrne, USN

First three General Orders of a Sentry:

First: To take charge of this post and all government property in view.

Second: To walk my post in a military manner, keeping always alert and observing everything that takes place within sight or hearing.

Third: To report all violations of orders I am instructed to enforce.

The Naval Academy Commitment

The Naval Academy makes a commitment when you accept an appointment as a Midshipman. You are assured of the opportunity for a solid, first-rate college education that is nationally respected. You also are presented the opportunity to grow personally—learning integrity, leadership and the heights of your own abilities. Finally, you are promised comprehensive professional training that will prepare you well for challenging opportunities later as a Navy or Marine Corps officer.

There is still another part of the Naval Academy commitment that reinforces everything else. The admissions process is designed to accept only those applicants who can meet the academic and military challenges at the Academy. Therefore, every Midshipman is guaranteed the opportunity and support necessary to succeed. Members of the Naval

Academy's faculty and staff are committed to this principle. The personal counseling network, small class sizes (typically of 20 or fewer students), protected study periods, availability of extra academic instruction until 11 p.m. daily, modern educational facilities and sponsor program all reflect that commitment. The fact that more than 80 percent of those entering the Academy successfully complete the four-year program is proof positive of that commitment.

In return for the Naval Academy's commitment, you are asked to make a commitment. You must accept the challenge of a rigorous program integrating academic studies, military training, physical education and athletics. You also take an Oath of Office accepting appointment as a Midshipman in the United States Navy, the first step toward becoming a commissioned Navy or Marine Corps officer.

The purpose of the Naval Academy is to prepare Midshipmen to become professional officers in the United States Navy and the United States Marine Corps. You should enter the Naval Academy fully prepared to undertake the challenging four-year curriculum and to serve as a Navy or Marine Corps officer for a minimum of five years after graduation. A naval career is an exciting one. During the fall semester of their senior year at the Academy, Midshipmen receive their service assignment into various naval warfare communities. Assignment is based on performance, individual preference, and needs of the Navy. Most Midshipmen are assigned to either serve as Surface Warfare Officers, Navy Pilots or Flight Officers, Submarine Officers, or Marines. A few Midshipmen are assigned to Special Warfare (Navy SEALs) and Special Operations (Explosive Ordnance Disposal) as well.

After graduation, most newly commissioned officers report directly to their professional school and then to the Fleet or Fleet Marine Force. The lessons learned after four years at the Naval Academy are put to immediate use.

Plebe Summer

Plebe Summer's orientation program is fast-paced and begins the four years of military training you will receive at Annapolis in preparation for your commissioning as an officer. Upon arrival, you will begin your military indoctrination at USNA. You will march and wear a uniform your very first day.

Your military training throughout the summer will be under the close supervision of selected First Class Midshipmen (seniors), commissioned officers and senior enlisted service members. The basic military training unit is a squad. Each squad is made up of about 10 Plebes. You will be assigned to a squad, and since the development of teamwork is a vital aspect of your training program, you will be expected to participate fully in all activities of your military unit.

Plebe Summer is a very intense environment. Stress is a deliberate part of the program. You will march, swim, sail, be trained and tested in physical fitness, fire both a pistol and a rifle, compete in athletics, and go to classes, all as a member of your military unit.

You will experience both success and failure. It is not uncommon for some individuals to question themselves when placed in a stressful environment. Your successes will be rewarded with commendations, and your failures will result in constructive criticism and guidance. Through it all, you must maintain a healthy perspective and learn from your experiences. If you work hard and maintain a sense of humor, Plebe Summer will be a rewarding experience you will never

forget or regret.

If you make the decision to leave, you can expect to be interviewed by several commissioned officers to make sure your decision is a sound one and not based on emotion. They will be well-equipped to discuss the Naval Academy after Plebe Summer and the difficulty of adjusting to military life. If you still desire to resign, your letter of resignation will be forwarded to the Officer-in-Charge of the Fourth Class Regiment, and it should take approximately seven to ten working days to process separation from that point.

A final note regarding Plebe Summer: Your abrupt entry into a new way of life, featuring the mental stress and physical exertion of a military environment, may lead to temporary physiological changes. For example, eating habits and bodily functions will probably change. Once you have adjusted to your new way of life, mental and physical reactions should return to normal. Our medical personnel are available to assist you with this and any other questions or problems you may have while at the Academy.

The Honor Concept

The Honor Concept of the Brigade of Midshipmen is a simple standard of integrity to which every honorable person aspires. Simply stated:

*"Midshipmen are persons of integrity:
They stand for that which is right.
They tell the truth and ensure that the full truth is known
They do not lie.
They embrace fairness in all actions.
They ensure that work submitted as their own is their own, and that assistance received from any source is authorized and properly documented.
They do not cheat.
They respect the property of others and ensure that others are able to benefit from the use of their own property.
They do not steal."*

The Honor Concept is based on the assumption that each individual has the moral courage and the desire to do the right thing because it is right, not through fear of punishment.

Learning to accept and apply the concept is in itself an educational objective. Midshipmen are expected to make conscious decisions regarding its application and to accept the moral consequences of their decisions. The concept and its application are consistent with Navy and Marine Corps practices and traditions, and its acceptance and usage at the Academy enhance the preparation of Midshipmen for service in the Fleet.

The concept not only applies to Midshipmen while at the Naval Academy or while in training at some other duty station, it also applies while on leave or liberty. Honor and personal integrity are expected to be basic to every Midshipman's life. The Honor Concept was originated by members of the Brigade of Midshipmen, and the responsibility for its operation and administration continues to rest with the Midshipmen to this day.

The Honor Treatise

The Honor Treatise of the Brigade of Midshipmen reinforces the Honor Concept. Written by Midshipmen, its goal is to capture the purpose and vision of the Honor Concept as a principle based system.

"As a Brigade we cherish the diverse backgrounds and

talents of every Midshipman yet recognize the common thread that unites us: the trust and confidence of the American people.

They have appointed us to defend our country by developing our minds, our bodies and most especially, our moral character.

It is our responsibility to develop a selfless sense of duty that demands excellence both of ourselves and of those with whom we serve. We must honor our loyalties without compromising our ultimate obligation to the truth. Our leadership must set a standard that reflects loyalty to our goals and the courage to stand accountable for all our actions, both those that lead to success and to those that end in failure. We will never settle for achieving merely what is expected of us but will strive for a standard of excellence that reflects the dedication and courage of those who have gone before us. When we attain our goal, we will raise our expectations; when we fall short, we will rise up and try again. In essence, we espouse leadership by example, a leadership that will inspire others to follow wherever we may lead.

Countless challenges and trials lie before us. We believe that those with the strongest moral foundation will be the leaders who best reflect the legacy of the Naval Academy. This is our call as Midshipmen: it is a mission we proudly accept."

Parent Information

Welcome to USNA

Enclosed are brochures provided by the Naval Academy Visitor Center and the Midshipman Store to help you and your parents get around the Naval Academy grounds. The Naval Academy Visitor Center also provides excellent tours for a nominal fee that you and your family can take.

Parent Activities on I-Day

Along with the full schedule that I-Day entails for you, your parents will also take part in many activities. A full itinerary is planned for parents to enjoy. There will be a table set up outside Alumni Hall that will give parents vital information for events on I-Day.

The day will start with a Colors Ceremony in Tecumseh Court, Band Concerts throughout the day, a picnic sponsored by the Naval Academy Alumni Association and Foundation, book signings at the Naval Academy Visitor Center, a tour on the Yard Patrol crafts and briefings for all parents to inform them about the challenges you will overcome. The day will end with the Oath of Office Ceremony and a brief farewell.

A detailed schedule can be found on the Naval Academy web page at <http://www.usna.edu/PlebeSummer/iday.php>.

Plebe Summer Website

During Plebe Summer, your parents will be able to follow along with the training of the Class of 2018 as they participate in various activities throughout the summer. Please notify your family and friends of the following website: <http://www.usna.edu/PlebeSummer/index.php>.

Parents' Weekend

Your immediate family should plan to visit with you during our four-day Parents' Weekend, 7-10 August 2014. The weekend's special program of events offers your parents a unique opportunity to have a close look at the Annapolis

environment and to see for themselves how well you are developing as a Midshipman. This will be the first time since I-Day that Plebes will be allowed to have visitors.

A detailed schedule of events and related information concerning Parents' Weekend will be forwarded by the Superintendent to your parents in mid-July. Some 5,000 family members and friends of the Class of 2018 are expected to be in attendance. We hope your parents will be among them.

The Plebe Parents' Weekend Schedule can be found on the Naval Academy Web page at <http://www.usna.edu/PlebeSummer> after 1 June 2014.

Plebe Sponsor Program

The Plebe Sponsor Program provides members of the U.S. Naval Academy's entering class an opportunity to develop and benefit from informal exchanges with civilian and military members in Annapolis and its adjacent communities. This program provides Midshipmen a home away from home during their first year at the Academy. Plebes typically visit with their sponsors on Saturdays when they have liberty.

To encourage a give-and-take relationship, plebes may invite their sponsors to sporting events and other activities at the Academy throughout the year. There is also an annual sponsor appreciation weekend, typically in early winter, which allows the Midshipmen to show their appreciation to their sponsors.

The degree and length of involvement between sponsor and Midshipman is determined strictly by the relationship developed. In many cases the Plebe-sponsor involvement leads to a friendship that lasts long after the Midshipman has graduated. The matching process is based on the Plebe's preferences of special interests, home state, etc. as recorded on the Plebe Questionnaire. On the questionnaire, there is also the opportunity for a Plebe to request a specific sponsor by listing the individual's name, address, telephone number and/or e-mail.

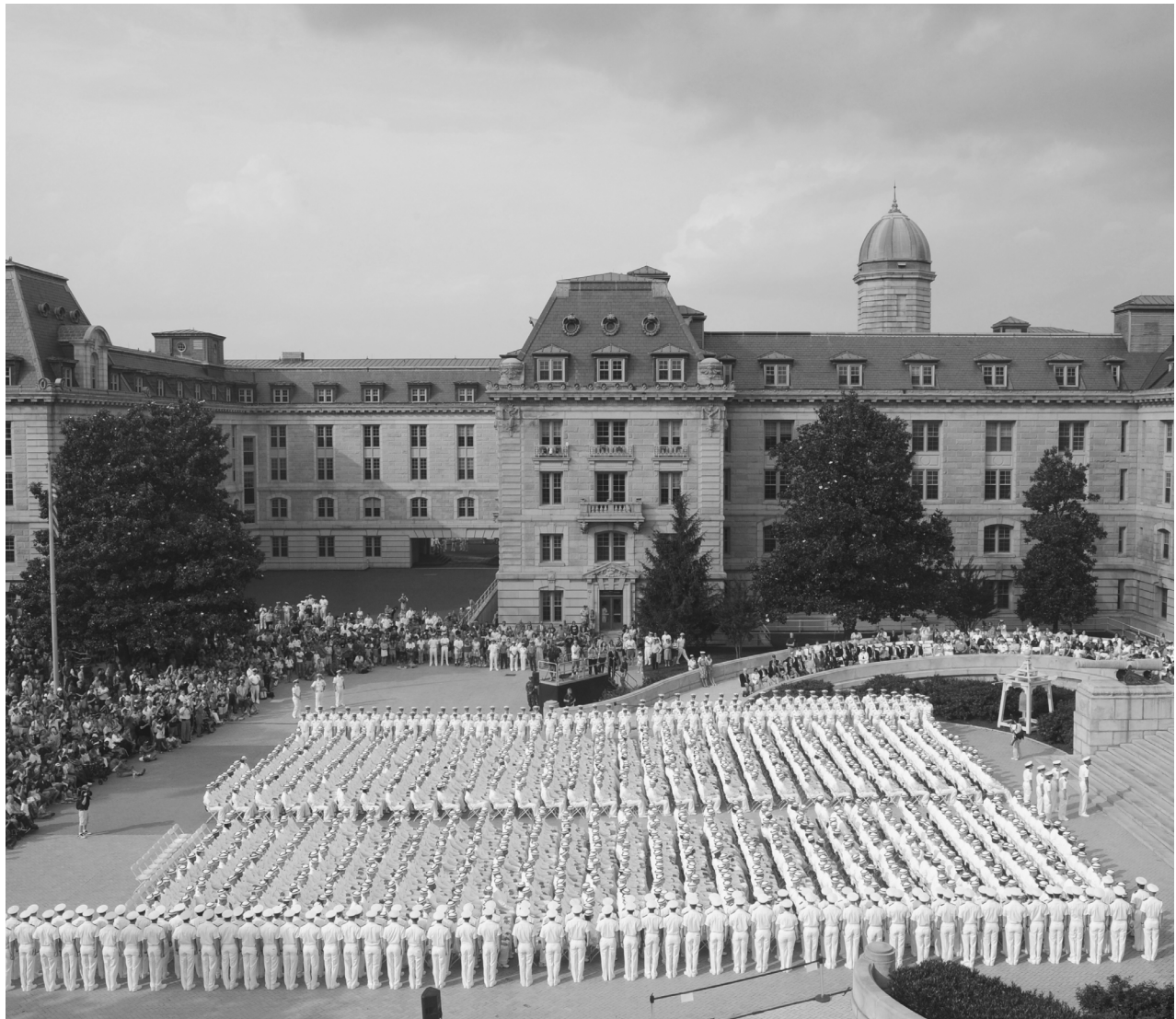
The sponsor must meet all eligibility criteria and must also request the Plebe on a sponsor application. Active Duty and retired military (E-6 and above or O-3 and above) and civilians will be considered for assignment as sponsors. All sponsors must be over the age of 28 to be assigned. Sponsors must live within a 30-mile radius of the Academy and agree to attend a mandatory briefing that is held during the summer. If you have a friend or family member who meets the eligibility criteria and would like to request an application to be your sponsor, have them contact the Plebe Sponsor Coordinator with their name and address at sponsor@usna.edu. Applications must be filled out and returned no later than 30 June 2014. In order to match plebes with their sponsors, this deadline must be met. Those who do not have a specific by-name request for a sponsor family will be matched based on interests and preferences.

Plebes and their families should find this first year at the Academy exciting. Please direct questions about the Plebe Sponsor Program to the Plebe Sponsor Coordinator at sponsor@usna.edu.



Important Information **for the** **Class of 2020**

United States Naval Academy
30 June 2016





Congratulations on your appointment and upcoming induction to the United States Naval Academy! In a few months, you will join an elite group of young men and women who aspire to become the next generation of leaders for the Naval Service and future security of our Nation.

Over the next four years, you will develop into a leader with the ethical foundation required to successfully lead Sailors and Marines during times of peace and war. Our mission, first and foremost, is to develop you into a Leader of Integrity. We will provide you with a liberal education, honing your ability to think critically and make sound and effective decisions in the face of adversity.



Your training here, where the Severn meets the sea, will prepare you to be a role model: dedicated to the profession of arms, the traditions and values of the Naval Service, and the constitutional foundation of the United States. You will become an officer who understands and appreciates global and cross-cultural dynamics in an ever changing, technologically sophisticated environment.

Included in this packet are specific instructions to help you prepare for Induction Day and your transition from civilian to midshipmen life. Summers in Annapolis are hot and very humid; you are expected to be physically fit upon arrival.

Your selection to the Naval Academy proves that you have the talent to succeed here - only you can prove that you have the dedication. By accepting your appointment to the Naval Academy, you have made a commitment to push yourself beyond perceived limitations and strive for excellence. Remember, your future Sailors and Marines deserve nothing less than your best effort, every single day.

Once again, congratulations. I look forward to seeing you in June!

Sincerely,

W. E. CARTER
Vice Admiral, U.S. Navy
Superintendent

The Permit to Report Package

This Permit to Report Package contains numerous items of important and useful information, some of which require your immediate attention. This pamphlet will guide you through all the items in the package and provide you with detailed instructions on what actions you must take. Please ensure you follow all directions closely. This will guarantee that valuable time is not spent correcting mistakes.

Most items are to be postmarked by 16 May 2016. However, if you are unable to meet this deadline, please return the forms as soon as possible after that date.

Numbered items correspond to a sub-section of this booklet. Items with a “□” indicate that a separate form is included in this package. If any of the items listed below are missing, contact the Admissions Office at 410-293-4392 or 888-249-7707, ext. 3-4392. You will also find a link to most forms on the Naval Academy Candidate Information System.

Please refer to the enclosed “Permit to Report Package Checklist” to assist in the completion of these important documents for Induction Day (I-Day).

In this package you will find a manila return envelope addressed to “Commandant of Midshipmen.” The first two forms of the package (on top of this booklet when opening the envelope) are:

- 1. Permit to Report Letter
- 2. Request and Authorization for Midshipmen Accession Travel Form

This pamphlet is divided into four sections:

Section I Immediate Action Items for Commandant of Midshipmen tells you what forms you must complete immediately.

- 3. Agreement to Serve Form (3 copies)
- 4. Marriage/Dependents Declaration Form
- 5. Drug and Alcohol Abuse Statement of Understanding (with corresponding Commandant’s letter to parents)
- 6. Servicemember’s Group Life Insurance Election and Certificate (letter, instructions, and form)
- 7. Record of Emergency Data (NAVPERS 1070/602) (instructions and form)
- 8. Standard Form (SF)-86 Questionnaire for National Security Positions cover letter and worksheet
- 9. Consent to Disclosure of Personal Information Form
- 10. Personal Swearing-In Ceremony Form
- 11. Midshipmen Pay and NFCU application
- 12. Notice regarding Maintenance of Private Medical Insurance
- 13a. Immunization Record and Questionnaire Form
- 13b. Patient Registration Form
- 13c. Spectacle Prescription Information Form
- 13d. Dental (Informational only: no action required)
- 14. Letter from the Dean of Admissions (Informational only: no action required)
- 15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire
- 16. ACE Loan Information

- 17. Social Media Profile Etiquette Form

Section II Administrative Preparations: Complete for Induction Day tells you what forms you must complete and bring with you on Induction Day, or what other actions need to be done by you before you report.

- 18. Uniform Measurements Form
- 19. NCAA Certification of Transfer Eligibility
- 20. Plebe Sponsor Questionnaire (*access online*) and corresponding Commandant’s letter
- 21. Alumni Association / Foundation Forms and return envelope

Section III Miscellaneous discusses several important issues that will better prepare you for Plebe Summer.

- 22. Fill-in-the-Blank News Release Form
- 23. Physical Fitness and Recommended Exercise Routine
- 24. Information on Vehicular Access to the Naval Academy
- 25. Naval Institute Membership Invitation

- 26. Command Religious Program Letter

Section IV Background and Additional Information provides key information on the various aspects of life at the Naval Academy.

- USNA online catalog
- Midshipmen Store brochure
- 2016 Navy Guide to Annapolis

1. Permit to Report Letter

DO NOT MAIL THE PERMIT TO REPORT LETTER.

Bring it with you when you report to the Academy on Induction Day. This form will gain you access to the Naval Academy grounds.

Please make sure that you fill the form out completely and that you supply any documentation that is needed for reimbursement. If you travel by air and the U.S. Government **did not** purchase your airline ticket, you must submit a copy of the airline ticket or itinerary showing the dollar amount that you paid on I-Day. We cannot reimburse frequent flier miles or any other credited flights. You will only be reimbursed up to the government rate allowed.

If you choose to decline your appointment, you should so indicate in the box provided on the form, sign it, and return the form to the Naval Academy immediately. The appropriate address is on the form.

2. Request and Authorization for Midshipmen Accession Travel Form (for civilian candidates only; military will be issued orders)

All incoming Midshipmen must complete this form. Scan and email the completed form to NOMAPPS@USNA.EDU no later than 16 May 2016. If packet was received after 16 May, please return as soon as possible.

Please fill out Blocks 1-8, following the instructions on the form, and sign Block 10. **You must contact the Government Contracted Commercial Travel Office (CTO) at 1-800-235-9184 for any type of airline travel elected.**

If you elect to have the contracted Commercial Travel Office (CTO) arrange your travel (Block 7 a.), you will be e-mailed an itinerary and e-ticket by approximately 12 June

2016. **Ensure that CTO has your correct e-mail address.** Please keep in mind that CTO-arranged travel cannot be used for family or friends. If you have questions or trouble determining whether or not your ticket has been issued, please contact the CTO at 1-800-235-9184. The Office of Admissions will not be able to assist with travel.

Section I - Immediate Action Items

The items below require prompt and attentive action. Recovering from missing or inaccurate information will detract from Plebe Summer training.

Complete forms 3 through 11 listed below and return them to the Academy without delay (postmarked by Monday, 16 May 2016) in the large manila envelope addressed “United States Naval Academy, Commandant of Midshipmen.” If you receive this packet after 16 May, please return all forms as quickly as possible. Please read all directions and explanations for each form carefully before beginning to fill it out. Use a **black** ballpoint pen to complete each form.

3. Agreement to Serve Forms

Three copies of the Agreement to Serve **MUST** be completed by each entering Midshipman. Sign, date and return the top two (2) copies of the Agreement to Serve. You should retain the third. The agreement contains the statutory military service obligations which you incur by attending the Naval Academy. It also explains provisions under which you may be required to reimburse the government for the cost of education you received should you voluntarily, or because of misconduct, fail to meet these service obligations. Finally, it gives current Navy policies concerning the administrative handling of Midshipmen who fail to complete the Academy’s course of instruction through resignation or through separation for other causes.

Your signed Agreement to Serve constitutes an important personal commitment. You should read it carefully and be sure you understand it and its implications before signing.

If you are under the age of 18, either one of your parents or your legal guardian must also sign your agreement indicating understanding of its terms and consent to your action.

The statutory obligations you assume upon entering the Naval Academy are clearly stated in the agreement.

4. Marriage/Dependents Declaration Form

Complete the Marriage and Dependent Declaration form and return in the manila envelope to the “Commandant of Midshipmen.” The purpose of this form is to verify eligibility for admission to the Naval Academy. Midshipmen regulations prohibit Midshipmen from being married, having dependents, or having dependent responsibilities. This form provides further information concerning parenthood, pregnancy and dependency obligations.

5. Drug and Alcohol Abuse Statement of Understanding with Corresponding Commandant’s Letter to Parents

Complete the Drug and Alcohol Abuse Statement of Understanding and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

6. Service Member’s Group Life Insurance (SGLI) Form

Complete the Service Member’s Group Life Insurance form and return. As a Midshipman attached to USNA, you will be automatically enrolled in SGLI unless you do not

desire coverage. You are still required to complete the SGLI form if you do not desire coverage. Even if you are currently an enlisted Sailor or Marine, you will be required to complete a new form as a Midshipman.

Please take a few minutes and discuss with your family the amount of insurance needed and who to list as the beneficiary(ies). You are automatically insured for \$400,000 upon entry at a cost of \$27.00 per month. You may elect a lesser amount of coverage in increments of \$50,000. If you do not desire the SGLI coverage, you will still complete the form but indicate that you do not want insurance. Should you elect coverage, the appropriate amount will be automatically deducted from your pay.

7. Record of Emergency Data Form

Complete the Record of Emergency Data Form and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form becomes a permanent portion of your military service record and can be updated at any time. This will be used for emergency contact information and beneficiary notification.

8. Standard Form (SF)-86 Questionnaire

Complete the Standard Form-86 to the best of your ability and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form is required to process you for a SECRET clearance. You will need to provide specific information on the SF-86 worksheet that will be returned to you following Plebe Summer to assist you in completing an online, computerized SF-86. Make sure you answer all the questions accurately so that you do not delay your clearance. If you have any questions concerning this form, please contact Mr. (b) (6) in Personnel Security, (b) (6) or (b) (6).

The possession and use of a foreign passport in preference to a U.S. passport raises doubts as to whether the individual’s allegiance to the United States is paramount. Clearance will be denied or revoked unless the foreign passport is surrendered. Anyone who possesses a foreign passport must return the passport to the appropriate country’s embassy or consulate, requesting a return endorsement. In lieu of returning the passport, it may be brought to the USNA Personnel Security office for documenting and witnessing its destruction. If you choose to return the passport the endorsement will be a prerequisite to any security clearance determination and must be provided to the USNA Personnel Security office when the online SF-86 is submitted.

9. Consent to Disclosure of Personal Information Form with Corresponding Commandant’s Letter to Parents

Fill out Consent to Disclosure of Personal Information Form and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

10. Personal Swearing-In Ceremony Form

Following the formal Oath of Office Ceremony on Induction Day, members of the Class of 2020 may be sworn in by a relative or close friend of the family who is an active duty, reserve or retired military member. The uniform is Navy Summer White or service equivalent. If unable to wear a uniform, appropriate civilian business attire is requested. If you would like to do this, please fill out this form and include it in the manila envelope to “Commandant of Midshipmen.” If you do not desire a personal swearing-in ceremony, you do not need to return this form.

11. Midshipmen Pay and NFCU Application

All Midshipmen will be paid by electronic direct deposit. As such, all Midshipmen are required to maintain a bank account to permit electronic direct deposit of their pay every month. Enclosed is an application form from the Navy Federal Credit Union (NFCU). NFCU has a full service branch located on the Naval Academy grounds which is very convenient for the Midshipmen. Should you choose to open an NFCU account, please complete the enclosed application form and mail it back in the envelope provided. If you do not wish to use NFCU for pay purposes, you are required to bring a signed direct deposit slip or VOIDED check from the bank you wish to use with you on I-Day.

12. Notice Regarding Maintenance of Private Medical Insurance

The importance of your understanding exactly what your entitlements are with regard to medical care should you become ill or injured cannot be emphasized enough. Please read and sign this form acknowledging your understanding. This subject is also covered in greater detail in Section IV under "Medical Care for Seriously Ill or Injured Midshipmen."

Note: 13a, b, c, and d are not required for candidates coming from the Naval Academy Preparatory School.

13a. Record of Immunization Form

Complete demographics on the "IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES." Your physician or other licensed health care provider **MUST** complete the vaccination history. Please mail one copy and hand carry two copies of this form to the Induction Day Immunization Station. Please do not leave this paperwork in your bags. This form is very important to us as it will determine the immunizations you will receive on I-Day. Please ensure all of the **REQUIRED** immunizations as noted on that form are received. They must be documented in month, day and year format, otherwise the record will not be accepted. Vaccine information sheets are available electronically at www.cdc.gov/vaccines if you have questions on the vaccines. We request that you review the information about the vaccines directly on the website. We do not plan on handing out vaccine information sheets to every student on I-Day. Any vaccines not given prior to I-Day will be given on that day at no cost to the student. Please note that one dose of Tdap is required. One dose of Menactra or Menveo vaccines is required after age 16. If your provider does not have those vaccines, please do not accept a substitute vaccination. The Department of Defense has not made a decision on the need for the Meningococcal B vaccine. The Center for Disease Control has recommended Bexsero or Trumenba for Meningococcal B high-risk patients. If you get the vaccination, we will continue the series at no cost to you at USNA. Our decision to vaccinate against Meningococcal B with Bexsero or Trumenba will be made by I-Day and will depend on the Department of Defense requirement. We will post a message on the NHC Annapolis Immunization website at www.med.navy.mil/sites/annapolis/PatientServices/Immunization/Pages/default.aspx by May to help guide the healthcare provider. In addition to the required vaccines, we highly recommend the HPV vaccine to all males and females attending the Academy. We will start to continue the newest HPV vaccine for all men and women unless you specifically refuse on I-Day. The new HPV vaccine is approved for use in the U.S., but we have not gotten approval from the Center for Disease Control at the time these instructions were written. A documented **Mantoux Tuberculin Skin Test (PPD)** or

QuantiFERON®-TB Gold must have been performed after Jan. 1 of this year prior to Induction Day. If you did the blood test for tuberculosis, please attach the results to this form and bring 2 copies with you. If you have a positive test, please bring copies of the evaluation done by your provider to include the X-ray report (if you still have one) to I-Day. We will have a provider review that evaluation to ensure it was appropriate and complete.

You **MUST** return this form to the address listed by **16 May (or within 2 weeks of receiving this package)**. In addition, you **MUST** bring TWO copies of the completed form (IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES) along with a completed "MEDICAL RECORD SUPPLEMENTAL MEDICAL DATA" with you when reporting to the Academy on I-Day. If a healthcare provider has any questions regarding immunizations, the provider can contact our immunization clinic at 410-293-1774. This phone number is for health care providers only. Parents and students should not be contacting the immunization clinic directly. In summary, the required forms for immunizations are:

- Immunization Record For United States Naval Academy Appointees (1 mailed, 2 copies for I Day)
- NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)

Please bring TWO copies of the Immunization Record For United States Naval Academy appointees and ONE copy of the NHCA Immunization General Consent with you to the Immunization Station on I-Day. Do not leave them in your bag. Your bags will be collected prior to the Immunization Station.

The Admissions Office and Midshipmen Personnel will not be able to help you in regards to immunization questions.

13b. Patient Registration Form

Please complete the enclosed form and send the form to the address below.

13c. USNA Appointee Spectacle Prescription Information Form

If you do not wear glasses or contact lenses, do NOT fill out or return this form. Only candidates who wear glasses or contact lenses (including part-time use) need to complete this form. The form is required to order military glasses (civilian glasses and contact lenses are not authorized during the summer). Complete all candidate information and frame size sections. Your eye care provider must fill out and sign your glasses prescription information section. Fax the completed form to (410)-293-1131 (do not use a cover sheet or fax any other forms) or mail the completed form to the address below by **16 May 2016**. In addition, you **MUST** bring a copy of the completed form with you when reporting to the Academy. If you or your eye care provider has any questions, please contact the Naval Health Clinic Annapolis Optometry Clinic at 410-293-3617.

Please send all (3) forms to:

Medical Records
Naval Health Clinic Annapolis
250 Wood Road
Annapolis, MD 21402-5050

13d. Dental

At this point in the application process, you need to be aware that the USNA Office of Admissions assumes that

all new Midshipmen will arrive at Annapolis with excellent medical and dental health, ready to immediately initiate an extremely rigorous Plebe summer and academic Fourth Class year. It is our intention to ensure you complete all requirements during Plebe summer uninterrupted by medical or dental conditions that require time away from your duties.

The USNA has an exceptional Dental Department that will provide all general and specialty dental care required during your four years at the Academy. It is strongly suggested, however, that each perspective Midshipman have a complete dental examination performed by his/her family dentist prior to reporting in order to have any acute dental conditions completed prior to reporting. Examples of acute dental conditions include any cavities or tooth decay that require restoration or extraction of any wisdom teeth that are indicated for extraction. If extraction of wisdom teeth is performed prior to reporting, it is best that the surgery take place at least four weeks prior to I-Day to avoid any post operative complications that might be ongoing.

If the perspective Midshipman is undergoing active orthodontic treatment, the Dental Department has an orthodontist available to continue care. A waiver to matriculate into the Academy with braces should have been completed during the application process. If you plan to continue treatment at the Academy, you must have your waiver in hand upon arrival during I-day. Additionally, you must have a copy of your initial treatment plan and all orthodontic records to bring to your dental exam in the weeks following I-Day. This is required to ensure smooth transfer and continuity of care. If you do not have a waiver, braces must be removed prior to arrival on I day.

14. Letter from the Dean of Admissions

Please read the letter from the Dean of Admissions. This letter is yours to keep.

15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire for the Class of 2020

Read the letter and complete the Academic Background Questionnaire for the Class of 2020 as listed in the enclosed letter from the Associate Dean for Academic Affairs. The Questionnaire can be found in the Candidate Information System.

16. Additional Clothing and Equipment (ACE) Loan

All reporting plebes will receive an interest-free government loan to help with initial expenses. Refer to the enclosed document entitled "ADVANCE FOR CLOTHING AND EQUIPMENT (ACE) LOAN INFORMATION CLASS OF 2020" and the "Budget Book" at the link provided on the Plebe Summer website for information specific to the financial obligation of all incoming Plebes and the processing of scholarships. No entrance fee is required. General pay-related questions can be referred to the Midshipmen Disbursing Office, 410-293-3301.

17. Social Media Profile Etiquette

Fill out form and return by 16 May 2016.

Section II - Administrative Preparations: Complete for Induction Day

Items in this section require action to be completed prior to reporting on Induction Day. Bring completed form 19 with you to check-in.

18. Uniform Measurements Form

Fill out form and return by 16 May 2016.

19. NCAA Certification of Transfer Eligibility

This form is used to determine eligibility for intercollegiate athletics, **whether you plan to participate or not**. Please list **EVERY** prep school, junior/community college, four-year university/college and any military service since graduating from high school. It is extremely important that you note the **hours taken each semester and the sport(s) you participated in** while attending an institution of higher learning or in the military.

20. Plebe Sponsor Questionnaire

Please access the Naval Academy Candidate Information System (link available on the USNA Admissions home page) to submit this questionnaire online. It should be completed as soon as possible. The Plebe Sponsor Questionnaire must be completed regardless of whether you wish to participate in the program or not.

This questionnaire will be used to match each Plebe with a sponsor family of similar interests. If you know of someone who you would like to have as your sponsor and who lives within 30 miles of the U.S. Naval Academy, please provide that information on the Plebe Sponsor Questionnaire. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information and in the enclosed letter from the Commandant. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information, in the enclosed letter from the Commandant, or by calling the Sponsor Program Office at 410-293-7031.

21. Alumni Association and Foundation Forms

Please complete and postmark all information by 16 May 2016.

Plebe: The attached 3x5 white Life Membership at Graduation Form is to be returned in the envelope marked "USNA ALUMNI ASSOCIATION RECORDS – ATTN CLASS OF 2020 FORMS."

Parents: The yellow Plebe/Parent Information Form discussed in the enclosed letter from the President of the Alumni Association, and the Associate Membership Sign Up Form, addressed in the enclosed letter from the Director, Membership and Business Operations, should be returned in the envelope marked "U.S. Naval Academy Alumni Association Membership." During Induction Day you will have an opportunity to speak with representatives from both the Alumni Association and Foundation.

Section III - Miscellaneous

Items in this section discuss several important issues that will better prepare you for Plebe Summer.

22. Fill-in-the-Blank News Release

The Fill-in-the-Blank News Release form is used to notify your local news outlets of your child's induction into the Naval Academy. Disclosure of this information is entirely voluntary. **This form does NOT need to be returned to the Naval Academy.** You may complete and submit the form to the local news outlet of your choice.

23. Physical Fitness and Recommended Exercise Routine

Physical education is an important part of the program at the Naval Academy. To ensure that you are physically prepared for Plebe Summer, you are encouraged to start a program designed to help develop cardiovascular endurance

and upper body strength. We have provided you with a sample program and workout charts as an enclosure in the package. Listed below are a few examples of some of the physical requirements of Plebe Summer to help you prepare for the types of activities in which you will be participating:

- ***90 minutes, five days per week of strenuous physical calisthenics to increase cardio-respiratory fitness, muscular strength, endurance, flexibility and confidence.***
- ***Run up to 4.5 miles at a 7-8-minute per mile pace, interval and sprint training.***
- ***Obstacle and endurance courses that test balancing, leaping, climbing and team building skills.***
- ***Hand to Hand training that incorporates martial arts, boxing, and wrestling.***
- ***Climbing Wall training that involves upper body muscular strength and endurance, team building, and acclimatization to heights.***

It is imperative that you begin the recommended exercise routine, or one similar to it, NOW! Some common injuries historically seen during Plebe Summer, such as shin splints and minor foot, leg and back injuries, are related to being out of shape and can be prevented by your preparation beforehand.

Upon arrival, an Initial Strength Test (IST) will be administered to determine whether a Midshipman meets the minimum standards of physical fitness for Plebe physical training. At the end of Plebe Summer and during each semester, each Midshipman is required to pass a Physical Readiness Test (PRT). Failure to pass this test will result in assignment to a remedial program. The test consists of two minutes of timed push-ups and curl-ups followed by a timed 1.5 mile run. Passing the PRT every semester is a requirement for service at the Naval Academy. **Failure to pass the PRT may result in separation from the Naval Academy.**

For your information, the maximum and minimum scores for the PRT are as follows (women's standards are in parentheses):

- Maximums - push-ups: 101 (85), curl-ups: 101 (101), 1.5 mile run: 8:15 (9:35)
- Minimums - push-ups: 45 (20), curl-ups: 65 (65), 1.5 mile run: 10:30 (12:40)

It is suggested that you be able to swim a minimum of 100 yards utilizing any stroke and be able to tread water for 15 minutes. Failure to complete these tasks will result in assignment to the swim remedial program. Show up in shape, bring comfortable shoes, and most importantly ...

Stick with the program!

24. Information on Vehicular Access to the Naval Academy

During I-Day vehicular access to USNA will be restricted. Vehicular access for pick-up and drop-off during I-Day will be granted to individuals presenting their Midshipman's Permit to Report letter along with a government issued picture ID. Parking on the Yard by parents during I-Day will not be authorized. Similar restrictions are implemented for various events throughout the school year such as Parents' Weekend and Commissioning Week.

Parents of Midshipmen will receive an ID card in the mail which, when presented with a photo ID, can be used to access the Academy with a vehicle 24 hours a day/seven

days a week during your Midshipman's attendance at USNA. The pass expires two weeks after his or her graduation. It is not vehicle specific and may be used with rental cars. These cards are available for Midshipman parents, step-parents, and legal guardians only. No action is required to receive the initial card as it **will arrive in early August**. Each parent should receive his/her own card (maximum of two).

If a new card is required due to loss, change of address etc., it must be requested by the Midshipman via email to parkingandaccess@usna.edu or by the Midshipman visiting the Pass and ID office located in the Visitor Access Center at Gate One. A temporary pass may be issued immediately if the Midshipman applies in person. A new card will be available for pick up by the Midshipman or parent with proper photo ID. For parents arriving after hours and requiring access without a card, proceed to Gate Eight, present a government issued photo ID, and let the Sentry know your identity as a Midshipman parent. The Sentry will check the database and facilitate entry.

The Midshipman Parent's Pass, which will arrive in August, replaces the Permit to Report letter to gain entry for the remainder of their Midshipman's attendance at USNA. Parking will be available at Navy-Marine Corps Stadium and at public parking lots in Annapolis.

Important information for state driver's licenses or identification cards from Minnesota, Illinois, Missouri, New Mexico or Washington and identification cards from American Samoa:

Due to the REAL ID Act of 2005, Pub.L. 109-13, 119 Stat. 302, enacted May 11, 2005, individuals presenting driver's licenses or identification cards from the above states and territory must provide a **second form of identification**. Individuals who provide credentials from states that do not meet Real ID Act requirements must provide an additional approved form of ID listed in table 12-1 of CNICINST 5530.14a, Ashore Protection Program. This table can also be found on the Plebe Summer website: <http://www.usna.edu/PlebeSummer>.

Please direct any questions concerning vehicle access to the Pass & ID office located in the Visitor Access Center at 410-293-5762 or 410-293-4019. They are open from Monday through Friday, 0600-1530, closed on weekends and holidays.

REMINDER: The Office of Admissions will NOT be able to help you with any questions regarding vehicle access to the Naval Academy or be able to duplicate Permit to Report Letters.

25. Naval Institute Membership Invitation

If you would like to be a member of the Naval Institute, visit their website at www.usni.org.

26. Command Religious Program

The Command Religious Program offers a wide variety of worship services, religious education programs, pastoral counseling, and other activities that are available for your moral, spiritual, and religious enrichment throughout your four years as a Midshipman. Eight chaplains - all experienced Naval Officers - are assigned to the Naval Academy. These chaplains represent four Protestant denominations, the Roman Catholic Church, and the Jewish faith. The chaplains' mission is to care for everyone by providing ministry to members of their own faith groups and facilitating the free exercise of religion for other faith groups.

Worship services and other devotional activities are

an integral component of the Plebe Summer routine for Midshipmen, including three Protestant worship services and two Catholic Masses on Sundays. There are also specific opportunities for worship and fellowship among Jewish Midshipmen and members of the Church of Jesus Christ of Latter-Day Saints, the Church of Christ, and the Church of Christ, Scientist. Lay leaders conduct prayer services for adherents of Islam. Please note that the unique training environment of Plebe Summer requires that parents do not visit Plebes during Plebe Summer worship services with the exception of Parents' Weekend. Candidates are allowed to bring a copy of their chosen Holy Scripture (e.g. Bible, Quran, etc.), but please do not bring devotional material.

Your Naval Academy chaplains welcome you to Annapolis and look forward to assisting you in your moral and spiritual development.

Section IV - Background and Additional Information

Proof of Citizenship and Police Record Check

When you received your Fully Qualified Offer of Appointment from the Superintendent, you were asked to submit both proof of citizenship and a police record check. If you have not already done so, please ensure that the information is postmarked to Nominations and Appointments by 16 May 2016. **Do not return in the manila envelope addressed to the "Commandant of Midshipmen."**

Any one of the following can serve as proof of citizenship. Only originals, original copies from the issuing authority, notarized copies, or a certified true copy will be accepted. If a passport is going to be used, please send a notarized copy rather than the original.

- United States Birth Certificate
- United States Passport (if issued within the last two years)
- Certificate of Naturalization
- Certificate of Citizenship
- Consular Report of Birth Abroad

All candidates accepting their appointment to the Naval Academy are required to obtain a routine police record check from their local police department **prior to reporting to the Academy** on I-Day. You should have received your forms and instructions earlier with your Appointment Offer. To ensure a thorough police record check, you should determine all jurisdictions in which you have lived during the last five years, including your city or town police department, sheriff or constable's office, school law enforcement office, and the jurisdiction where you work or go to school, if it is different from where you reside. The police record check is for all violations of the law, including minor traffic and non-traffic violations. If you were charged with a misdemeanor or felony, a copy of the court record is required.

If your law enforcement office has a policy preventing the release of this information, ask them to provide a statement of their policy in lieu of the police record check. You must also submit a signed statement indicating whether or not you have any violations of the law.

If you have any questions regarding proof of citizenship (what type of documentation is required in your particular case or to confirm receipt) or the police record check (unable to complete it prior to I-Day, assistance needed in obtaining the information requested), please contact the Office of Admissions at 888-249-7707, ext. 3-4392. If you lost the

return envelope from your Offer of Appointment, send your proof of citizenship and police record check to:

U.S. Naval Academy
Office of Admissions
Attn: Nominations and Appointments
52 King George Street
Annapolis, Maryland 21402-1318

Social Security

If you do not already have a Social Security card, you must obtain one promptly. All candidates reporting to the Naval Academy for admission as Midshipmen must have in their possession a Social Security card so that wages may be credited to their accounts.

Candidates receiving Social Security benefits will no longer be eligible for these payments after entering the Academy. The Social Security Administration advises that Midshipmen are not so entitled because they are employees of the United States while they are attending a U.S. service academy. Therefore, if you are receiving this benefit, you must inform the appropriate Social Security Office of your decision to enter the Naval Academy and give them the date of induction.

Travel Expenses

Ensure you have a copy of the "Midshipman Accession Travel Form" that you sent in to nomapps@usna.edu with you at check-in, along with all associated receipts for travel expenses, including tickets or copies of e-tickets, from your home to the Naval Academy with you on I-Day to support your travel claim for reimbursement.

If you arrange and pay for your Midshipman's travel, you will be reimbursed for your travel expenses from your home to the Naval Academy following induction up to the authorized government cost. Per Public Law 104-134, all federal government payments must be paid by Electronic Funds Transfer (EFT). For air or rail travel, reimbursement will be limited to the lesser of the actual cost or the cost of a government ticket. Use of frequent flyer miles is not an authorized reimbursable expense. If you choose to travel by privately owned vehicle (POV) you will be reimbursed for mileage and per diem in accordance with the Joint Federal Travel Regulations.

Tourist Passport Information: "Join the Navy and see the world!"

The Midshipmen summer training program offers the opportunity to travel to foreign ports during summer training cruises. Overseas ports of call include Australia, Singapore, Japan, Korea, Italy, Spain and many others. A tourist passport is the preferred document for overseas travel and increases a Midshipman's opportunity to be assigned to overseas cruises and to travel abroad during summer training and leave periods. Additionally, a tourist passport will be beneficial after graduation while serving in the fleet. Overseas training is an effective and rewarding experience that contributes to a Midshipman's professional development and geo-political awareness.

The United States Naval Academy Summer Training Office has encouraged all reporting candidates to obtain or apply for a civilian passport prior to reporting to the Academy on Induction Day.

A civilian passport may be applied for at many U.S. Postal offices and designated passport locations. You will need two passport pictures. These photos can be obtained at various locations. The cost is usually \$10 to \$15 for the

pictures and \$100 for the passport fee. A civilian passport is good for 10 years from the issue date. Additional information can be found on the web at http://travel.state.gov/passport/passport_1738.html, in the yellow pages under “Passport and Visa Services,” and/or at your local post office.

Bus Service From BWI Airport

For those who will be arriving by air on Wednesday, 29 June 2016, a complimentary bus service will be provided from Baltimore-Washington International Thurgood Marshall Airport (BWI) to the Naval Academy. The bus runs from 7 a.m. to 11 p.m. This service is only for candidates who are traveling by themselves. We regret that we are unable to accommodate family members or friends on these buses.

Upon arrival at BWI you are directed to check with the United States Naval Academy Information Desk (Customer Service Desk) located near the International Terminal Baggage Claim area of the airport. Signs will be placed at each of the main escalators directing you to the Customer Service Desk. The Customer Service Desk times vary; however, Naval Academy representation will be there from 7 a.m. to 11 p.m. on Wednesday, 29 June 2016. They will advise you of the next bus and where to meet it. This bus service is free of charge for all candidates.

Midshipmen and Ensigns or Second Lieutenants will be standing by to assist and ensure your safe arrival to the United States Naval Academy in Annapolis, Maryland. In case of emergency, call the Officer of the Watch at the Main Office in Bancroft Hall at 410-293-5001.

Those candidates who arrive before the Information Desk is set up or after it has closed should use the public transportation available (either taxi or shuttle) for transit to Annapolis. The cost is approximately \$40 and is refundable through your travel claim. Please bring all receipts with you; if you choose to arrange your own transportation, it is recommended to schedule arrival flights to BWI Airport to take advantage of this bus service being provided by the Naval Academy. Transportation from Ronald Reagan National Airport or Dulles International Airport is not provided by the Naval Academy and should be arranged via taxi or limousine (approximate cost \$50, refundable through your travel claim).

Induction Day

I-Day for the Class of 2020 is scheduled for Thursday, 30 June 2016. The enclosed Permit to Report tells you exactly what time to report to the Naval Academy to begin the day-long induction process. For some candidates, this will be as early as 6:30 a.m.; for others it will be later in the morning. The important thing is to arrive in the Annapolis area with plenty of time to spare, making reasonable allowances in your plans for unexpected delays, including those caused by heavy I-Day traffic in Annapolis.

If you plan to arrive in the Annapolis area prior to I-Day, you should make your own arrangements for lodging. Unfortunately, no reimbursements can be made for the use of commercial lodging facilities. For information on lodging in the Annapolis area call the Annapolis and Anne Arundel County Visitors Bureau at 410-268-0445, or go to www.visitannapolis.org. If you wish, candidates **only** may elect to spend the night prior to I-Day in Bancroft Hall, the Midshipmen’s dormitory. In that case, report to the Main Office in Bancroft Hall for dormitory accommodations. Meals will not be provided prior to I-Day, but you will be permitted (and are encouraged) to go into town to get something to eat the night before I-Day.

Annapolis is hot and humid during the summer. We recommend that you report to the Naval Academy in lightweight slacks, a short sleeve shirt or blouse, and athletic shoes. Women should not wear skirts. If you are reporting from NAPS or from enlisted service, report in the Uniform of the Day. NAPS candidates will change into NAPS PE gear for the actual processing. Regulation Navy and Marine Corps PT gear will be authorized for all candidates reporting from the Fleet. You will be issued a summer working uniform and tennis shoes during I-Day. All candidates will be issued nearly everything that they will need for the duration of the summer, but candidates will be allowed to bring and utilize the following clothing as long as it meets Naval Academy uniform criteria:

- ☐ White jockey-style brief underwear (18 briefs will be issued on I-Day).
- ☐ White crew neck fitted cotton undershirts (9 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White V-neck fitted cotton undershirts (15 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White crew athletic socks (22 pairs of socks will be issued on I-Day). Tube socks need to reach just below mid-calf. Ankle socks will not be authorized for wear.
- ☐ Black or Navy Compression “Spandex” Shorts (6 shorts will be issued on I-Day). Shorts shall be worn underneath issued running mesh shorts.
- ☐ White sports bras (11 sports bras will be issued to females on I-Day).
- ☐ White or nude brassiere (NO regular bras will be issued to females on I-Day. Recommend bring 2). Plebes will have few opportunities to wear these over the summer; however recommended that regular bras be worn during uniform fittings.
- ☐ Running shoes (**See Note 1 below**).
- ☐ Toiletries (razors, shaving cream, toothbrush, toothpaste, shampoo, liquid soap, hygiene products). Plebes will have at least one visit to the Midshipmen Store over the summer to purchase necessary items.
- ☐ Enough money to last six weeks. Spending opportunities are limited to a few occasions over the summer. Recommend around \$100.
- ☐ An inexpensive scientific calculator for placement exams. Exams are taken the first few days of Plebe Summer.
- ☐ Athletic shoes for any sports in which you will participate (i.e. soccer cleats, basketball shoes).
- ☐ Athletic equipment for any sports in which you desire to participate (i.e. lacrosse stick, tennis racket, baseball glove). Do not bring heavy or bulky equipment such as weights, bicycles, or golf clubs.
- ☐ Cellular Phone (**See Note 2 below**).

NOTE 1 (RUNNING SHOES): All candidates will be issued running shoes on I-Day; however, candidates are highly encouraged to bring their own “broken-in” running shoes. Candidates will be authorized to wear these running shoes during physical training evolutions in order to cut down on

medical injuries such as shin splints and blisters. Recommend consulting an athletic store that specializes in running to advise you on what running shoe is best for your foot type.

NOTE 2 (CELLULAR PHONES): If you wish, you are permitted to bring a cellular phone to facilitate calling home during specified times over the summer. When not being used, your cellular phone will be stored for you in a secure location (you will not be allowed to keep it in your room during Plebe Summer). If you don't bring a cellular phone, you will be provided access to a telephone to make these calls.

Over Plebe Summer you will be allowed to display pictures, postcards, or other similar personal items, although these items must fit on a 2' x 2' corkboard. Candidates should report with only minimal clothing in addition to the prescribed underclothing. The wearing of cosmetics and jewelry is not permitted during Plebe Summer. The only exception is a religious medallion necklace whose chain is long enough to prevent it showing in uniform. Wrist watches and electrical grooming equipment will NOT be authorized for use over Plebe Summer; however, all Candidates are authorized to bring these items with them on I-Day. If you choose to bring them with you on I-Day, they will be inventoried along with your civilian clothing and stored for you over the summer in a secure location. It is recommended that you bring all of these items in a collapsible overnight bag labeled with your name. Fourth Class Midshipmen are not authorized to have civilian clothes at the Naval Academy, and the clothing that you report in for I-Day will be returned to you over Parents' Weekend in order to return home with your parents. Candidates are highly discouraged from bringing high value items to Plebe Summer. Things you may **not** bring include:

- ☐ Stereo equipment
- ☐ Clock radios
- ☐ Lamps
- ☐ Over-the-counter medication
- ☐ Civilian clothing other than what you are wearing on I-Day and the items listed above

At your assigned reporting time on I-Day, you will be required to leave the company of relatives and friends to report to Alumni Hall to begin your induction processing. Refreshment stands, tours of the Naval Academy, an orientation briefing, and a picnic sponsored by the Alumni Association will be available during the day for relatives and friends who choose to remain for the Oath of Office Ceremony. There is a brief period of time set aside later in the afternoon, immediately following the Oath of Office Ceremony, to meet with relatives and friends. This is a good time to say your farewells. The next opportunity to visit with relatives and friends will be during Parents' Weekend, 12-14 August 2016.

Grooming Standards

Men's Hair and Beards. Midshipmen are required to keep their hair neatly trimmed. Mustaches and beards are not permitted. On I-Day, all male Plebes will receive a crew cut and will be required to keep this standard throughout Plebe Summer. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Women's Hair. All female Plebes are required to have a haircut that is above their chin. Braids are authorized. If hair is not within regulations upon arrival on I-Day, female Plebes will receive a haircut. After the initial haircut on I-Day, hair

may extend a maximum of 1-1/2 inches below the top of the jumper collar. Plebes will be authorized the use of two small barrettes similar to natural hair color over the summer. Rubber bands and bobby pins are not authorized over Plebe Summer to keep hair up with the exception of physical training. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Medical/Dental

On Induction Day you will undergo a brief medical examination to ensure that you are still physically qualified for admission. You must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm no problems have developed since you had your candidate (DoDMERB) medical examination. If you have undergone surgery or had a serious illness or injury since that exam, or if your health is in question for any reason, you should expect to be examined more thoroughly.

Be aware that on the day you report for admission, you must be within the weight and body fat standards applied at your candidate medical examination or you will risk disqualification and not be permitted to enter the Class of 2020. Consult the height and weight standards in the online catalog to be sure you remain well within the requirements.

Optometry

To safeguard the health and career potential of our incoming Midshipmen the following rules shall be enforced:

Do not undergo corrective vision surgery (e.g. **PRK, LASEK or LASIK**) as this may be **disqualifying** and may not be waived for entry.

During Plebe Summer:

1. No contact lenses are authorized during plebe summer.

2. Glasses will be provided on I-day based upon your submission of the Spectacle Prescription Information form enclosed. **No civilian glasses will be permitted.**

Be advised that tinted or lenses that become tinted with sunlight are not permitted during military parades, military training, and inspections, these should not be your primary glasses.

However, you **should bring** two pairs of your most recently prescribed glasses, a supply of contact lenses (if you wear them) for use after the summer, and paper copies of your most recent glasses/contact lens prescriptions.

Health Status

If you have had any change in your health since your DoDMERB examination, you must notify us. Areas of particular concern are any and all surgery, orthopedic injuries (broken bones or joint injuries), head injuries, hospitalization, vision changes, loss of consciousness, and any condition which might preclude your full participation in our rigorous athletic program. Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

U.S. Naval Academy
Office of Admissions
Attn: Medical Technician
52 King George Street
Annapolis, MD 21402-5018
410-293-1817
Fax: 410-293-1819

Medications

If you are taking medication prescribed by a physician, you must bring it with you on I-Day. The medication must be in a labeled container and you must bring a note from the physician stating the name of the medication, the dosage, the dates the medication is intended to be taken, and the reason it was prescribed. You will be evaluated and, if the medication is felt to be appropriate, the condition will be documented in your health record and you will be authorized to continue using the medication. DO NOT bring over-the-counter (OTC) medications (e.g. Motrin, Tylenol, Tums, cold tablets), food supplements or vitamins. If you have any questions or concerns regarding your health status or medications, please contact the Medical Technician.

Medical Care for Seriously Ill or Injured Midshipmen

When a Midshipman becomes ill or injured, the Navy will provide or pay for qualified medical expenses incurred as a result of the illness or injury, similar to benefits provided all active duty members of the U.S. Armed Forces, so long as the Midshipman remains physically qualified for commissioning. Care is normally provided in government health care facilities. Payment for care received in civilian medical facilities generally is not authorized, although exceptions may be made for emergencies. In the event long term inpatient medical care is required, a Midshipman typically will be treated at a suitable military or VA hospital.

If a Midshipman's medical condition is such that his or her suitability for commissioning is questionable, a medical board consisting of Navy physicians will be convened. The board will report its findings and recommendations to the Superintendent. If the board finds a Midshipman is not physically qualified for commissioning and the Superintendent concurs with those findings, the recommendation that the Midshipman be disenrolled from the Academy will be forwarded to the Secretary of the Navy. The Secretary of the Navy will take final action on the recommendation.

NOTICE: We strongly recommend that you contact your local health insurance provider to discuss your and your parents' options of procuring and maintaining private medical insurance to ensure medical coverage in the rare case you become seriously ill or injured and are separated from the Naval Academy prior to graduation/commissioning. Please discuss this matter with your parents and contact your local health insurance provider to discuss options for coverage. Generally, such coverage is inexpensive (or can be maintained at no cost through parent's employer) and can prevent serious financial problems. In the highly unlikely event you develop or are discovered to have a disqualifying medical condition (e.g. epilepsy, diabetes mellitus, ulcerative colitis, serious injury) requiring separation from the Naval Academy, your ability to obtain health insurance will be significantly compromised. Also, be aware that Midshipmen only qualify for limited disability benefits, making private insurance more important if a catastrophic injury or illness occurs. For this reason, if for no other, having private health insurance already in place will be a wise investment in securing future coverage for health care that might not be possible to obtain after a diagnosis has been made.

Tattoos, Brands, Body Piercing

Navy regulations prohibit tattoos, body art, or brands that are visible in a Navy uniform; e.g. those on the head, face, neck, scalp, arms or hands. Further, regulations state

"tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited." Body art and ornamentalations, therefore, that are excessive, obscene, sexually explicit or that advocate or symbolize sex, gender, racial, religious, ethnic or national origin discrimination or gang affiliation, supremacist or extremist groups, or drug use are strictly prohibited. **If you have such a tattoo or skin amendment, contact Director, Nominations and Appointments promptly, in writing.**

Pre-existing body alterations shall not be visible in the physical education uniform (t-shirt and shorts), "either on the skin that shows outside of the uniform or through the fabric." ALL pre-existing body alterations (visible or non-visible in PE uniform) must be reviewed by the Body Alteration Review Board for compliance with the Naval Academy policy. Body alterations will be (1) deemed to be within Naval Academy regulations, (2) deemed to be outside Naval Academy regulations but granted a waiver for admission, or (3) deemed to be outside Naval Academy regulations and ordered to be removed/covered up to be granted admission. Removals and cover ups are done at the candidate's expense.

Included on your application portal acceptance document was a statement of understanding regarding body alterations, which you should have completed and returned with your offer of acceptance. If you did not return the form, submit it immediately to the Director, Nominations and Appointments at the address in the "Health Status" paragraph. Once the statement of understanding regarding body alterations is received, USNA The Body Alteration Review Board will convene in May 2016 to screen all statements of understanding regarding body alteration(s). Following the Body alteration Review Board, USNA Admissions will inform the affected candidates of the Commandant's decision regarding the acceptability of their particular body alterations. Admissions will clearly delineate any requirements the appointee must meet (e.g. remove part or all of a particular tattoo) prior to Induction Day or reporting to NAPS.

The Naval Academy permits members of the Brigade of Midshipmen or members of the Naval Academy Preparatory School to acquire body alterations while at the Naval Academy and at the Naval Academy Preparatory School that comply with Naval Academy body alteration regulations.

Any candidate who reports with a tattoo, brand, or body piercing which does conform to our policy, who has not been cleared through the procedure explained in our correspondence, or has not contacted the Director, Nominations and Appointments should anticipate not being inducted into the Brigade.

Color Vision Screening

On I-Day you will be screened to confirm that you have normal color vision.

Alcohol and Drug Screening

The Department of Defense, Navy, and Naval Academy regulations clearly prohibit the use of illegal drugs, including anabolic steroids. The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use within 72 hours of being formally inducted. You will be required to submit a urine specimen for drug testing and to undergo breathalyzer testing for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.

HIV Testing

Blood samples drawn on I-Day will be tested for antibodies to the Human Immunodeficiency Virus (HIV), the agent responsible for the Acquired Immune Deficiency Syndrome (AIDS). Any individual confirmed to be HIV antibody positive will, after thorough evaluation, education, and counseling, be separated from the Naval Academy. Strict confidentiality will be observed in any such case.

Dental Examination

A dental screening examination will be conducted during Plebe Summer. It is highly recommended that you report to Induction Day dentally healthy. This would include a recent dental check-up including third molar (molar tooth) evaluation by a general dentist and/or an oral surgeon. If you have any concerns about your dental status, you should report all relevant information to:

U.S. Naval Academy
Office of Admissions
Attn: Medical Technician
52 King George Street
Annapolis, MD 21402-5018
410-293-1817

Be sure to include your full name and social security number on all correspondence regarding your medical and dental status.

Contacting Midshipmen in an Emergency

In the event of an emergency, your parents or guardian should notify the Officer of the Watch at the Main Office in Bancroft Hall 410-293-2701/2702. The Officer of the Watch will ensure that appropriate actions are taken.

Telephone messages of non-emergency but urgent nature may be relayed through the Midshipmen watch standers at the Main Office, 410-293-5001/5002.

Mailing Address for Midshipmen

Plebes are able to receive mail during Plebe Summer. The proper format is:

MIDN John L. Doe
USNA Class of 2020
X Company, X Platoon
Annapolis, MD 21412

Plebes will learn their Company and Platoon designators on I-Day. After Plebe Summer, Midshipmen will receive a P.O. Box number for use in receiving mail. The only zip code midshipmen can receive mail to is 21412.

Care Packages

“Care package” is a Midshipman term for goodies from home and is a very effective morale booster. However, during the controlled training environment of Plebe Summer, the sending of junk foods to a Plebe is highly discouraged. Provide the following guidelines to anyone who will be sending care packages.

- Please limit the size of the shipping container to no larger than a shoe box. All food should be shipped in an airtight container.
- All items should be single serving and non-perishable. There are no refrigerators available in Bancroft Hall for food storage. No medications or vitamins are allowed.
- Junk food is highly discouraged during Plebe Summer. The regimen of Plebe Summer is a controlled training environment and requires adherence to a healthy diet.

- Due to health concerns and storage limitations, excess junk food that cannot be stored or consumed immediately will be disposed of.
- Some suggestions for things to include in care packages:
 - Individually wrapped granola bars or energy bars
 - Powdered sports drink mixes
 - Letters from home

E-mail

You will be assigned an e-mail address upon the completion of Plebe Summer. This e-mail address will remain the same during your four years here. During Plebe Summer training, you will not have access to a computer to send or receive e-mails.

Reef Points

The annual handbook of the Brigade of Midshipmen will be issued to you on Induction Day. During the course of Plebe Summer, you will be required to commit portions of it to memory and be familiar with all of its contents.

When reporting for I-Day, Plebes will be expected to know verbatim the Mission of the United States Naval Academy, the administrative chain of command, and the first three General Orders of a Sentry.

The Mission of the Naval Academy

To develop Midshipmen morally, mentally and physically and to imbue them with the highest ideals of duty, honor, and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government.

Your Administrative Chain of Command:

Commander in Chief: President Barack Obama
Secretary of Defense: The Honorable Ashton Carter
Secretary of Navy: The Honorable Ray Mabus
Chief of Naval Operations: Admiral John Richardson, USN
Superintendent of USNA: Vice Admiral William E. Carter, USN
Commandant of Midshipmen: Colonel Stephen Liszewski, USMC

First Three General Orders of a Sentry:

First: To take charge of this post and all government property in view.

Second: To walk my post in a military manner, keeping always alert and observing everything that takes place within sight or hearing.

Third: To report all violations of orders I am instructed to enforce.

The Naval Academy Commitment

The Naval Academy makes a commitment when you accept an appointment as a Midshipman. You are assured of the opportunity for a solid, first-rate college education that is nationally respected. You also are presented the opportunity to grow personally—learning integrity, leadership and the heights of your own abilities. Finally, you are promised comprehensive professional training that will prepare you well for challenging opportunities later as a Navy or Marine Corps officer.

There is still another part of the Naval Academy commitment that reinforces everything else. The admissions process is designed to accept only those applicants who can meet the academic and military challenges at the Academy. Therefore, every Midshipman is guaranteed the opportunity and support necessary to succeed. Members of the Naval

Academy's faculty and staff are committed to this principle. The personal counseling network, small class sizes (typically of 20 or fewer students), protected study periods, availability of extra academic instruction until 11 p.m. daily, modern educational facilities and sponsor program all reflect that commitment. The fact that more than 80 percent of those entering the Academy successfully complete the four-year program is proof positive of that commitment.

In return for the Naval Academy's commitment, you are asked to make a commitment. You must accept the challenge of a rigorous program integrating academic studies, military training, physical education and athletics. You also take an Oath of Office accepting appointment as a Midshipman in the United States Navy, the first step toward becoming a commissioned Navy or Marine Corps officer.

The purpose of the Naval Academy is to prepare Midshipmen to become professional officers in the United States Navy and the United States Marine Corps. You should enter the Naval Academy fully prepared to undertake the challenging four-year curriculum and to serve as a Navy or Marine Corps officer for a minimum of five years after graduation. A naval career is an exciting one. During the fall semester of their senior year at the Academy, Midshipmen receive their service assignment into various naval warfare communities. Assignment is based on performance, individual preference, and needs of the Navy. Most Midshipmen are assigned to either serve as Surface Warfare Officers, Navy Pilots or Flight Officers, Submarine Officers, or Marines. A few Midshipmen are assigned to Special Warfare (Navy SEALs) and Special Operations (Explosive Ordnance Disposal) as well.

After graduation, most newly commissioned officers report directly to their professional school and then to the Fleet or Fleet Marine Force. The lessons learned after four years at the Naval Academy are put to immediate use.

Plebe Summer

Plebe Summer's orientation program is fast-paced and begins the four years of military training you will receive at Annapolis in preparation for your commissioning as an officer. Upon arrival, you will begin your military indoctrination at USNA. You will march and wear a uniform your very first day.

Your military training throughout the summer will be under the close supervision of selected First and Second Class Midshipmen (seniors/juniors), commissioned officers and senior enlisted service members. The basic military training unit is a squad. Each squad is made up of about 10 Plebes. You will be assigned to a squad, and since the development of teamwork is a vital aspect of your training program, you will be expected to participate fully in all activities of your military unit.

Plebe Summer is a very intense environment. Stress is a deliberate part of the program. You will march, swim, sail, be trained and tested in physical fitness, fire both a pistol and a rifle, compete in athletics, and go to classes, all as a member of your military unit.

You will experience both success and failure. It is not uncommon for some individuals to question themselves when placed in a stressful environment. Your successes will be rewarded with commendations, and your failures will result in constructive criticism and guidance. Through it all, you must maintain a healthy perspective and learn from your experiences. If you work hard and maintain a sense of humor, Plebe Summer will be a rewarding experience you will never forget or regret.

If you make the decision to leave, you can expect to be interviewed by several commissioned officers to make sure your decision is a sound one and not based on emotion. They will be well-equipped to discuss the Naval Academy after Plebe Summer and the difficulty of adjusting to military life. If you still desire to resign, your letter of resignation will be forwarded to the Officer-in-Charge of the Fourth Class Regiment, and it should take approximately seven to ten working days to process separation from that point.

A final note regarding Plebe Summer: Your abrupt entry into a new way of life, featuring the mental stress and physical exertion of a military environment, may lead to temporary physiological changes. For example, eating habits and bodily functions will probably change. Once you have adjusted to your new way of life, mental and physical reactions should return to normal. Our medical personnel are available to assist you with this and any other questions or problems you may have while at the Academy.

The Honor Concept

The Honor Concept of the Brigade of Midshipmen is a simple standard of integrity to which every honorable person aspires. Simply stated:

*"Midshipmen are persons of integrity:
They stand for that which is right.
They tell the truth and ensure that the full truth is known
They do not lie.
They embrace fairness in all actions.
They ensure that work submitted as their own is their
own, and that assistance received from any source is
authorized and properly documented.
They do not cheat.
They respect the property of others and ensure that
others are able to benefit from the use of their own
property.
They do not steal."*

The Honor Concept is based on the assumption that each individual has the moral courage and the desire to do the right thing because it is right, not through fear of punishment.

Learning to accept and apply the concept is in itself an educational objective. Midshipmen are expected to make conscious decisions regarding its application and to accept the moral consequences of their decisions. The concept and its application are consistent with Navy and Marine Corps practices and traditions, and its acceptance and usage at the Academy enhance the preparation of Midshipmen for service in the Fleet.

The concept not only applies to Midshipmen while at the Naval Academy or while in training at some other duty station, it also applies while on leave or liberty. Honor and personal integrity are expected to be basic to every Midshipman's life. The Honor Concept was originated by members of the Brigade of Midshipmen, and the responsibility for its operation and administration continues to rest with the Midshipmen to this day.

The Honor Treatise

The Honor Treatise of the Brigade of Midshipmen reinforces the Honor Concept. Written by Midshipmen, its goal is to capture the purpose and vision of the Honor Concept as a principle based system.

"As a Brigade we cherish the diverse backgrounds and talents of every Midshipman yet recognize the common thread that unites us: the trust and confidence of the American people."

They have appointed us to defend our country by developing our minds, our bodies and most especially, our moral character.

It is our responsibility to develop a selfless sense of duty that demands excellence both of ourselves and of those with whom we serve. We must honor our loyalties without compromising our ultimate obligation to the truth. Our leadership must set a standard that reflects loyalty to our goals and the courage to stand accountable for all our actions, both those that lead to success and to those that end in failure. We will never settle for achieving merely what is expected of us but will strive for a standard of excellence that reflects the dedication and courage of those who have gone before us. When we attain our goal, we will raise our expectations; when we fall short, we will rise up and try again. In essence, we espouse leadership by example, a leadership that will inspire others to follow wherever we may lead.

Countless challenges and trials lie before us. We believe that those with the strongest moral foundation will be the leaders who best reflect the legacy of the Naval Academy. This is our call as Midshipmen: it is a mission we proudly accept.”

Parent Information

Welcome to USNA

Enclosed are brochures provided by the Naval Academy Visitor Center and the Midshipman Store to help you and your parents get around the Naval Academy grounds. The Naval Academy Visitor Center also provides excellent tours for a nominal fee that you and your family can take.

Parent Activities on I-Day

Along with the full schedule that I-Day entails for you, your parents will also take part in many activities. A full itinerary is planned for parents to enjoy. There will be a table set up outside Alumni Hall that will give parents vital information for events on I-Day.

The day will start with a Colors Ceremony in Tecumseh Court, Band Concerts throughout the day, a picnic sponsored by the Naval Academy Alumni Association and Foundation, book signings at the Naval Academy Visitor Center, a tour on the Yard Patrol crafts and briefings for all parents to inform them about the challenges you will overcome. The day will end with the Oath of Office Ceremony and a brief farewell.

A detailed schedule can be found on the Naval Academy web page at <http://www.usna.edu/PlebeSummer/iday.php>.

Plebe Summer Website

During Plebe Summer, your parents will be able to follow along with the training of the Class of 2020 as they participate in various activities throughout the summer. Please notify your family and friends of the following website: <http://www.usna.edu/PlebeSummer/index.php>.

Parents' Weekend

Your immediate family should plan to visit with you during our four-day Parents' Weekend, 11-14 August 2016. The weekend's special program of events offers your parents a unique opportunity to have a close look at the Annapolis environment and to see for themselves how well you are developing as a Midshipman. This will be the first time since I-Day that Plebes will be allowed to have visitors.

A detailed schedule of events and related information concerning Parents' Weekend will be forwarded by the

Superintendent to your parents in mid-July. Some 5,000 family members and friends of the Class of 2020 are expected to be in attendance. We hope your parents will be among them.

The Plebe Parents' Weekend Schedule can be found on the Naval Academy Web page at <http://www.usna.edu/PlebeSummer> after 1 June 2016.

Plebe Sponsor Program

The Plebe Sponsor Program provides members of the U.S. Naval Academy's entering class an opportunity to develop and benefit from informal exchanges with civilian and military members in Annapolis and its adjacent communities. This program provides Midshipmen a home away from home during their first year at the Academy. Plebes typically visit with their sponsors on Saturdays when they have liberty.

To encourage a give-and-take relationship, plebes may invite their sponsors to sporting events and other activities at the Academy throughout the year. There is also an annual sponsor appreciation weekend, typically in early winter, which allows the Midshipmen to show their appreciation to their sponsors.

The degree and length of involvement between sponsor and Midshipman is determined strictly by the relationship developed. In many cases the Plebe-sponsor involvement leads to a friendship that lasts long after the Midshipman has graduated. The matching process is based on the Plebe's preferences of special interests, home state, etc. as recorded on the Plebe Questionnaire. On the questionnaire, there is also the opportunity for a Plebe to request a specific sponsor by listing the individual's name, address, telephone number and/or e-mail.

The sponsor must meet all eligibility criteria and must also request the Plebe on a sponsor application. Active Duty and retired military (E-6 and above or O-3 and above) and civilians will be considered for assignment as sponsors. All sponsors must be over the age of 28 to be assigned. Sponsors must live within a 30-mile radius of the Academy and agree to attend a mandatory briefing that is held during the summer. If you have a friend or family member who meets the eligibility criteria and would like to request an application to be your sponsor, have them contact the Plebe Sponsor Coordinator with their name and address at sponsor@usna.edu. Applications must be filled out and returned no later than 29 June 2016. In order to match plebes with their sponsors, this deadline must be met. Those who do not have a specific by-name request for a sponsor family will be matched based on interests and preferences.

Plebes and their families should find this first year at the Academy exciting. Please direct questions about the Plebe Sponsor Program to the Plebe Sponsor Coordinator at sponsor@usna.edu.



Important Information
for the
Class of 2021
UNITED STATES NAVAL ACADEMY



29 June 2017



Congratulations on your appointment and upcoming induction to the United States Naval Academy! In a few months, you will join an elite group of young men and women who aspire to become the next generation of leaders for the Naval Service and future security of our Nation.

Over the next four years, you will develop into a leader with the ethical foundation required to successfully lead Sailors and Marines during times of peace and war. Our mission, first and foremost, is to develop you into a Leader of Integrity. We will provide you with a liberal education, honing your ability to think critically and make sound and effective decisions in the face of adversity.



Your training here, where the Severn meets the sea, will prepare you to be a role model: dedicated to the profession of arms, the traditions and values of the Naval Service, and the constitutional foundation of the United States. You will become an officer who understands and appreciates global and cross-cultural dynamics in an ever changing, technologically sophisticated environment.

Included in this packet are specific instructions to help you prepare for Induction Day and your transition from civilian to midshipmen life. Summers in Annapolis are hot and very humid; you are expected to be physically fit upon arrival.

Your selection to the Naval Academy proves that you have the talent to succeed here - only you can prove that you have the dedication. By accepting your appointment to the Naval Academy, you have made a commitment to push yourself beyond perceived limitations and strive for excellence. Remember, your future Sailors and Marines deserve nothing less than your best effort, every single day.

Once again, congratulations. I look forward to seeing you in June!

Sincerely,

W. E. CARTER, JR
Vice Admiral, U.S. Navy
Superintendent

The Permit to Report Package

This Permit to Report Package contains numerous items of important and useful information, some of which require your immediate attention. This pamphlet will guide you through all the items in the package and provide you with detailed instructions on what actions you must take. Please ensure you follow all directions closely. This will guarantee that valuable time is not spent correcting mistakes.

Most items are to be postmarked by 15 May 2017. However, if you are unable to meet this deadline, please return the forms as soon as possible after that date. Numbered items correspond to a sub-section of this booklet. Items with a “ ” indicate that a separate form is included in this package. If any of the items listed below are missing, contact the Admissions Office at 410-293-4392 or 888-249-7707, ext. 3-4392. You will also find a link to most forms on the Naval Academy Candidate Information System.

Please refer to the enclosed “Permit to Report Package Checklist” to assist in the completion of these important documents for Induction Day (I-Day).

In this package you will find a manila return envelope addressed to “Commandant of Midshipmen.” The first two forms of the package (on top of this booklet when opening the envelope) are:

1. Permit to Report Letter
2. Request and Authorization for Midshipmen Accession Travel Form

This pamphlet is divided into four sections:

Section I Immediate Action Items for Commandant of Midshipmen tells you what forms you must complete immediately.

3. Agreement to Serve Form (3 copies)
4. Marriage/Dependents Declaration Form
5. Drug and Alcohol Abuse Statement of Understanding (with corresponding Commandant's letter to parents)
6. Servicemember's Group Life Insurance Election and Certificate (letter, instructions, and form)
7. Record of Emergency Data (NAVPERS 1070/602) (instructions and form)
8. Standard Form (SF)-86 Questionnaire for National Security Positions cover letter and worksheet
9. Consent to Disclosure of Personal Information Form
10. Personal Swearing-In Ceremony Form
11. Midshipmen Pay and NFCU application
12. Notice regarding Maintenance of Private Medical Insurance
- 13a. Immunization Record and Questionnaire Form
- 13b. Patient Registration Form
- 13c. Spectacle Prescription Information Form
- 13d. Dental (Informational only: no action required)
14. Letter from the Dean of Admissions (Informational only: no action required)
15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire
16. ACE Loan Information

17. Social Media Profile Etiquette Form

Section II Administrative Preparations: Complete for Induction Day tells you what forms you must complete and bring with you on Induction Day, or what other actions need to be done by you before you report.

18. Uniform Measurements Form
 19. NCAA Certification of Transfer Eligibility
 20. Plebe Sponsor Questionnaire (access online) and corresponding Commandant's letter
 21. Alumni Association- Foundation Forms and return envelope
- Section III Miscellaneous** discusses several important issues that will better prepare you for Plebe Summer.
22. Fill-in-the-Blank News Release Form
 23. Physical Fitness and Recommended Exercise Routine
 24. Information on Vehicular Access to the Naval Academy
 25. Naval Institute Membership Invitation
 26. Command Religious Program Letter

Section IV Background and Additional Information

provides key information on the various aspects of life at the Naval Academy.

- USNA online catalog
- Midshipmen Store brochure
- 2016 Navy Guide to Annapolis

1. Permit to Report Letter

DO NOT MAIL THE PERMIT TO REPORT LETTER.

Bring it with you when you report to the Academy on Induction Day. This form will gain you access to the Naval Academy grounds.

Please make sure that you fill the form out completely and that you supply any documentation that is needed for reimbursement. If you travel by air and the U.S. Government **did not** purchase your airline ticket, you must submit a copy of the airline ticket or itinerary showing the dollar amount that you paid on I-Day. We cannot reimburse frequent flier miles or any other credited flights. You will only be reimbursed up to the government rate allowed.

If you choose to decline your appointment, you must go online to your application portal and decline your offer immediately.

2. Request and Authorization for Midshipmen Accession Travel Form (for civilian candidates only; military will be issued orders)

All incoming Midshipmen must complete this form. Scan and email the completed form to NOMAPPS@USNA.EDU no later than 15 May 2017. If packet was received after 15 May, please return as soon as possible.

Please fill out Blocks 1-8, following the instructions on the form, and sign Block 10. **You must contact the Government Contracted Commercial Travel Office (CTO) at 1-800-235-9184 for any type of airline travel elected.**

If you elect to have the contracted Commercial Travel Office (CTO) arrange your travel (Block 7 a.), you will be e-mailed an itinerary and e-ticket by approximately 12 June 2017. **Ensure that CTO has your correct e-mail address.** Please keep in mind that CTO-arranged travel cannot be used for family or friends. If you have questions or trouble determining whether or not your ticket has been issued,

please contact the CTO at 1-800-235-9184. The Office of Admissions will not be able to assist with travel.

Section I - Immediate Action Items

The items below require prompt and attentive action. Recovering from missing or inaccurate information will detract from Plebe Summer training.

Complete forms 3 through 11 listed below and return them to the Academy without delay (postmarked by Monday, 16 May 2016) in the large manila envelope addressed “United States Naval Academy, Commandant of Midshipmen.” If you receive this packet after 16 May, please return all forms as quickly as possible. Please read all directions and explanations for each form carefully before beginning to fill it out. Use a **black** ballpoint pen to complete each form.

3. Agreement to Serve Forms

Three copies of the Agreement to Serve **MUST** be completed by each entering Midshipman. Sign, date and return the top two (2) copies of the Agreement to Serve. You should retain the third. The agreement contains the statutory military service obligations which you incur by attending the Naval Academy. It also explains provisions under which you may be required to reimburse the government for the cost of education you received should you voluntarily, or because of misconduct, fail to meet these service obligations. Finally, it gives current Navy policies concerning the administrative handling of Midshipmen who fail to complete the Academy’s course of instruction through resignation or through separation for other causes.

Your signed Agreement to Serve constitutes an important personal commitment. You should read it carefully and be sure you understand it and its implications before signing.

If you are under the age of 18, either one of your parents or your legal guardian must also sign your agreement indicating understanding of its terms and consent to your action.

The statutory obligations you assume upon entering the Naval Academy are clearly stated in the agreement.

4. Marriage/Dependents Declaration Form

Complete the Marriage and Dependent Declaration form and return in the manila envelope to the “Commandant of Midshipmen.” The purpose of this form is to verify eligibility for admission to the Naval Academy. Midshipmen regulations prohibit Midshipmen from being married, having dependents, or having dependent responsibilities. This form provides further information concerning parenthood, pregnancy and dependency obligations.

5. Drug and Alcohol Abuse Statement of Understanding with Corresponding Commandant’s Letter to Parents

Complete the Drug and Alcohol Abuse Statement of Understanding and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

6. Service Member’s Group Life Insurance (SGLI) Form

Complete the Service Member’s Group Life Insurance form and return. As a Midshipman attached to USNA, you will be automatically enrolled in SGLI unless you do not desire coverage. You are still required to complete the SGLI form if you do not desire coverage. Even if you are currently

an enlisted Sailor or Marine, you will be required to complete a new form as a Midshipman.

Please take a few minutes and discuss with your family the amount of insurance needed and who to list as the beneficiary(ies). You are automatically insured for \$400,000 upon entry at a cost of \$27.00 per month. You may elect a lesser amount of coverage in increments of \$50,000. If you do not desire the SGLI coverage, you will still complete the form but indicate that you do not want insurance. Should you elect coverage, the appropriate amount will be automatically deducted from your pay.

7. Record of Emergency Data Form

Complete the Record of Emergency Data Form and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form becomes a permanent portion of your military service record and can be updated at any time. This will be used for emergency contact information and beneficiary notification.

8. Standard Form (SF)-86 Questionnaire

Complete the Standard Form-86 to the best of your ability and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form is required to process you for a SECRET clearance. You will need to provide specific information on the SF-86 worksheet that will be returned to you following Plebe Summer to assist you in completing an online, computerized SF-86. Make sure you answer all the questions accurately so that you do not delay your clearance. If you have any questions concerning this form, please contact Mr. (b) (6), in Personnel Security, (b) (6) or (b) (6).

The possession and use of a foreign passport in preference to a U.S. passport raises doubts as to whether the individual’s allegiance to the United States is paramount. Clearance will be denied or revoked unless the foreign passport is surrendered. Anyone who possesses a foreign passport must return the passport to the appropriate country’s embassy or consulate, requesting a return endorsement. In lieu of returning the passport, it may be brought to the USNA Personnel Security office for documenting and witnessing its destruction. If you choose to return the passport the endorsement will be a prerequisite to any security clearance determination and must be provided to the USNA Personnel Security office when the online SF-86 is submitted.

9. Consent to Disclosure of Personal Information Form with Corresponding Commandant’s Letter to Parents

Fill out Consent to Disclosure of Personal Information Form and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

10. Personal Swearing-In Ceremony Form

Following the formal Oath of Office Ceremony on Induction Day, members of the Class of 2021 may be sworn in by a relative or close friend of the family who is an active duty, reserve or retired military member. The uniform is Navy Summer White or service equivalent. If unable to wear a uniform, appropriate civilian business attire is requested. If you would like to do this, please fill out this form and include it in the manila envelope to “Commandant of Midshipmen.” If you do not desire a personal swearing-in ceremony, you do not need to return this form.

11. Midshipmen Pay and NFCU Application

All Midshipmen will be paid by electronic direct deposit. As such, all Midshipmen are required to maintain a bank account to permit electronic direct deposit of their pay every month. Enclosed is an application form from the Navy Federal Credit Union (NFCU). NFCU has a full service branch located on the Naval Academy grounds which is very convenient for the Midshipmen. Should you choose to open an NFCU account, please complete the enclosed application form and mail it back in the envelope provided. If you do not wish to use NFCU for pay purposes, you are required to bring a signed direct deposit slip or VOIDED check from the bank you wish to use with you on I-Day.

12. Notice Regarding Maintenance of Private Medical Insurance

The importance of your understanding exactly what your entitlements are with regard to medical care should you become ill or injured cannot be emphasized enough. Please read and sign this form acknowledging your understanding. This subject is also covered in greater detail in Section IV under "Medical Care for Seriously Ill or Injured Midshipmen."

Note: 13a, b, c, and d are not required for candidates coming from the Naval Academy Preparatory School.

13a. Record of Immunization Form

Complete demographics on the "IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES." Your physician or other licensed health care provider MUST complete the vaccination history. Please mail one copy and hand carry two copies of this form to the Induction Day Immunization Station. Please do not leave this paperwork in your bags. This form is very important to us as it will determine the immunizations you will receive on I-Day. Please ensure all of the REQUIRED immunizations as noted on that form are received. They must be documented in month, day and year format, otherwise the record will not be accepted. Vaccine information sheets are available electronically at www.cdc.gov/vaccines if you have questions on the vaccines. We request that you review the information about the vaccines directly on the website. We do not plan on handing out vaccine information sheets to every student on I-Day. Any vaccines not given prior to I-Day will be given on that day at no cost to the student. Please note that one dose of Tdap is required. One dose of Menactra or Menveo vaccines is required after age 16. If your provider does not have those vaccines, please do not accept a substitute vaccination. In addition to the required vaccines, we highly recommend the HPV vaccine to all males and females attending the Academy. We will start to continue the newest HPV vaccine for all men and women unless you specifically refuse on I-Day. The new HPV vaccine is approved for use in the U.S., but we have not gotten approval from the Center for Disease Control at the time these instructions were written. A documented Mantoux Tuberculin Skin Test (PPD) or QuantiFERON®-TB Gold must have been performed after Jan. 1 of this year prior to Induction Day. If you did the blood test for tuberculosis, please attach the results to this form and bring 2 copies with you. If you have a positive test, please bring copies of the evaluation done by your provider to include the X-ray report (if you still have one) to I-Day. We will have a provider review that evaluation to ensure it was appropriate and complete.

You MUST return this form to the address listed by 16 May (or within 2 weeks of receiving this package). In addition, you MUST bring TWO copies of the completed form (IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES) along with a completed "MEDICAL RECORD SUPPLEMENTAL MEDICAL DATA" with you when reporting to the Academy on I-Day. If a healthcare provider has any questions regarding immunizations, the provider can contact our immunization clinic at 410-293-1774. This phone number is for health care providers only. Parents and students should not be contacting the immunization clinic directly. In summary, the required forms for immunizations are:

- Immunization Record For United States Naval Academy Appointees (1 mailed, 2 copies for I Day)
- NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)

Please bring TWO copies of the Immunization Record For United States Naval Academy appointees and ONE copy of the NHCA Immunization General Consent with you to the Immunization Station on I-Day. Do not leave them in your bag. Your bags will be collected prior to the Immunization Station.

The Admissions Office and Midshipmen Personnel will not be able to help you in regards to immunization questions.

13b. Patient Registration Form

Please complete the enclosed form and send the form to the address below.

13c. USNA Appointee Spectacle Prescription Information Form

If you do not wear glasses or contact lenses, do NOT fill out or return this form. Only candidates who wear glasses or contact lenses (including part-time use) need to complete this form. The form is required to order military glasses (civilian glasses and contact lenses are not authorized during the summer). Complete all candidate information and frame size sections. Your eye care provider must fill out and sign your glasses prescription information section. Fax the completed form to (410)-293-1131 (do not use a cover sheet or fax any other forms) or mail the completed form to the address below by 15 May 2017. In addition, you MUST bring a copy of the completed form with you when reporting to the Academy. If you or your eye care provider has any questions, please contact the Naval Health Clinic Annapolis Optometry Clinic at 410-293-3617.

Please send all (3) forms to:

Medical Records

Naval Health Clinic Annapolis

695 Kinkaid Rd., Annapolis, MD 21402-5050

13d. Dental

At this point in the application process, you need to be aware that the USNA Office of Admissions assumes that all new Midshipmen will arrive at Annapolis with excellent medical and dental health, ready to immediately initiate an extremely rigorous Plebe summer and academic Fourth Class year. It is our intention to ensure you complete all requirements during Plebe summer uninterrupted by medical or dental conditions that require time away from your duties.

The USNA has an exceptional Dental Department that will provide all general and specialty dental care required

during your four years at the Academy. It is strongly suggested, however, that each perspective Midshipman have a complete dental examination performed by his/her family dentist prior to reporting in order to have any acute dental conditions completed prior to reporting. Examples of acute dental conditions include any cavities or tooth decay that require restoration or extraction of any wisdom teeth that are indicated for extraction. If extraction of wisdom teeth is performed prior to reporting, it is best that the surgery take place at least four weeks prior to I-Day to avoid any post operative complications that might be ongoing.

If the perspective Midshipman is undergoing active orthodontic treatment, the Dental Department has an orthodontist available to continue care. A waiver to matriculate into the Academy with braces should have been completed during the application process. If you plan to continue treatment at the Academy, you must have your waiver in hand upon arrival during I-day. Additionally, you must have a copy of your initial treatment plan and all orthodontic records to bring to your dental exam in the weeks following I-Day. This is required to ensure smooth transfer and continuity of care. If you do not have a waiver, braces must be removed prior to arrival on I day.

14. Letter from the Dean of Admissions

Please read the letter from the Dean of Admissions. This letter is yours to keep.

15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire for the Class of 2021

Read the letter and complete the Academic Background Questionnaire for the Class of 2021 as listed in the enclosed letter from the Associate Dean for Academic Affairs. The Questionnaire can be found in the Candidate Information System.

16. Additional Clothing and Equipment (ACE) Loan

All reporting plebes will receive an interest-free government loan to help with initial expenses. Refer to the enclosed document entitled "ADVANCE FOR CLOTHING AND EQUIPMENT (ACE) LOAN INFORMATION CLASS OF 2021" and the "Budget Book" at the link provided on the Plebe Summer website for information specific to the financial obligation of all incoming Plebes and the processing of scholarships. No entrance fee is required. General pay-related questions can be referred to the Midshipmen Disbursing Office, 410-293-3301.

17. Social Media Profile Etiquette

Fill out form and return by 15 May 2017.

Section II - Administrative Preparations: Complete for Induction Day

Items in this section require action to be completed prior to reporting on Induction Day. Bring completed form 19 with you to check-in.

18. Uniform Measurements Form

Fill out form and return by 15 May 2017.

19. NCAA Certification of Transfer Eligibility

This form is used to determine eligibility for intercollegiate

athletics, whether you plan to participate or not. Please list EVERY prep school, junior/community college, four-year university/college and any military service since graduating from high school. It is extremely important that you note the hours taken each semester and the sport(s) you participated in while attending an institution of higher learning or in the military.

20. Plebe Sponsor Questionnaire

Please access the Naval Academy Candidate Information System (link available on the USNA Admissions home page) to submit this questionnaire online. It should be completed as soon as possible. The Plebe Sponsor Questionnaire must be completed regardless of whether you wish to participate in the program or not.

This questionnaire will be used to match each Plebe with a sponsor family of similar interests. If you know of someone who you would like to have as your sponsor and who lives within 30 miles of the U.S. Naval Academy, please provide that information on the Plebe Sponsor Questionnaire. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information and in the enclosed letter from the Commandant. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information, in the enclosed letter from the Commandant, or by calling the Sponsor Program Office at 410-293-7031.

21. Alumni Association and Foundation Forms

Please complete and postmark all information by 15 May 2017.

Plebe: The attached 3x5 white Life Membership at Graduation Form is to be returned in the envelope marked "USNA ALUMNI ASSOCIATION RECORDS – ATTN CLASS OF 2021 FORMS."

Parents: The yellow Plebe/Parent Information Form discussed in the enclosed letter from the President of the Alumni Association, and the Associate Membership Sign Up Form, addressed in the enclosed letter from the Director, Membership and Business Operations, should be returned in the envelope marked "U.S. Naval Academy Alumni Association Membership." During Induction Day you will have an opportunity to speak with representatives from both the Alumni Association and Foundation.

Section III - Miscellaneous

Items in this section discuss several important issues that will better prepare you for Plebe Summer.

22. Fill-in-the-Blank News Release

The Fill-in-the-Blank News Release form is used to notify your local news outlets of your child's induction into the Naval Academy. Disclosure of this information is entirely voluntary. This form does NOT need to be returned to the Naval Academy. You may complete and submit the form to the local news outlet of your choice.

23. Physical Fitness and Recommended Exercise Routine

Physical education is an important part of the program at the Naval Academy. To ensure that you are physically prepared for Plebe Summer, you are encouraged to start a program designed to help develop cardiovascular endurance and upper body strength. We have provided you with a sample program and workout charts as an enclosure in the package. Listed below are a few examples of some of the physical requirements

of Plebe Summer to help you prepare for the types of activities in which you will be participating:

- **90 minutes, five days per week of strenuous physical calisthenics to increase cardio-respiratory fitness, muscular strength, endurance, flexibility and confidence.**
- **Run up to 4.5 miles at a 7-8-minute per mile pace, interval and sprint training.**
- **Obstacle and endurance courses that test balancing, leaping, climbing and team building skills.**
- **Hand to Hand training that incorporates martial arts, boxing, and wrestling.**
- **Climbing Wall training that involves upper body muscular strength and endurance, team building, and acclimatization to heights.**

It is imperative that you begin the recommended exercise routine, or one similar to it, NOW! Some common injuries historically seen during Plebe Summer, such as shin splints and minor foot, leg and back injuries, are related to being out of shape and can be prevented by your preparation beforehand.

Upon arrival, an Initial Strength Test (IST) will be administered to determine whether a Midshipman meets the minimum standards of physical fitness for Plebe physical training. At the end of Plebe Summer and during each semester, each Midshipman is required to pass a Physical Readiness Test (PRT). Failure to pass this test will result in assignment to a remedial program. The test consists of two minutes of timed push-ups and curl-ups followed by a timed 1.5 mile run. Passing the PRT every semester is a requirement for service at the Naval Academy. Failure to pass the PRT may result in separation from the Naval Academy.

For your information, the maximum and minimum scores for the PRT are as follows (women's standards are in parentheses):

- Maximums - push-ups: 101 (85), curl-ups: 101 (101), 1.5 mile run: 8:15 (9:35)
- Minimums - push-ups: 45 (20), curl-ups: 65 (65), 1.5 mile run: 10:30 (12:40)

It is suggested that you be able to swim a minimum of 100 yards utilizing any stroke and be able to tread water for 15 minutes. Failure to complete these tasks will result in assignment to the swim remedial program. Show up in shape, bring comfortable shoes, and most importantly ...

Stick with the program!

24. Information on Vehicular Access to the Naval Academy

During I-Day vehicular access to USNA will be restricted. Vehicular access for pick-up and drop-off during I-Day will be granted to individuals presenting their Midshipman's Permit to Report letter along with a government issued picture ID. Parking on the Yard by parents during I-Day will not be authorized. Similar restrictions are implemented for various events throughout the school year such as Parents' Weekend and Commissioning Week.

Parents of Midshipmen will receive an ID card in the mail which, when presented with a photo ID, can be used to access the Academy with a vehicle 24 hours a day/seven days a week during your Midshipman's attendance at USNA. The pass expires two weeks after his or her graduation. It is not vehicle specific and may be used with rental cars. These cards are available for Midshipman parents, step-parents, and legal

guardians only. No action is required to receive the initial card as it will arrive in early August. Each parent should receive his/her own card (maximum of two).

If a new card is required due to loss, change of address etc., it must be requested by the Midshipman via email to parkingandaccess@usna.edu or by the Midshipman visiting the Pass and ID office located in the Visitor Access Center at Gate One. A temporary pass may be issued immediately if the Midshipman applies in person. A new card will be available for pick up by the Midshipman or parent with proper photo ID. For parents arriving after hours and requiring access without a card, proceed to Gate Eight, present a government issued photo ID, and let the Sentry know your identity as a Midshipman parent. The Sentry will check the database and facilitate entry.

The Midshipman Parent's Pass, which will arrive in August, replaces the Permit to Report letter to gain entry for the remainder of their Midshipman's attendance at USNA. Parking will be available at Navy-Marine Corps Stadium and at public parking lots in Annapolis.

Important information for state driver's licenses or identification cards from Minnesota, Illinois, Missouri, New Mexico or Washington and identification cards from American Samoa:

Due to the REAL ID Act of 2005, Pub.L. 109-13, 119 Stat. 302, enacted May 11, 2005, individuals presenting driver's licenses or identification cards from the above states and territory must provide a second form of identification. Individuals who provide credentials from states that do not meet Real ID Act requirements must provide an additional approved form of ID listed in table 12-1 of CNICINST 5530.14a, Ashore Protection Program. This table can also be found on the Plebe Summer website: <http://www.usna.edu/PlebeSummer>.

Please direct any questions concerning vehicle access to the Pass & ID office located in the Visitor Access Center at 410-293-5762 or 410-293-4019. They are open from Monday through Friday, 0600-1530, closed on weekends and holidays.

REMINDER: The Office of Admissions will NOT be able to help you with any questions regarding vehicle access to the Naval Academy or be able to duplicate Permit to Report Letters.

25. Naval Institute Membership Invitation

If you would like to be a member of the Naval Institute, visit their website at www.usni.org.

26. Command Religious Program

The Command Religious Program offers a wide variety of worship services, religious education programs, pastoral counseling, and other activities that are available for your moral, spiritual, and religious enrichment throughout your four years as a Midshipman. Eight chaplains - all experienced Naval Officers - are assigned to the Naval Academy. These chaplains represent four Protestant denominations, the Roman Catholic Church, and the Jewish faith. The chaplains' mission is to care for everyone by providing ministry to members of their own faith groups and facilitating the free exercise of religion for other faith groups.

Worship services and other devotional activities are an integral component of the Plebe Summer routine for Midshipmen, including three Protestant worship services and two Catholic Masses on Sundays. There are also specific opportunities for worship and fellowship among Jewish Midshipmen and members of the Church of Jesus Christ of Latter-Day Saints, the Church of Christ, and the Church of Christ, Scientist. Lay leaders conduct prayer services for adherents of Islam. Please note that the unique training environment of Plebe Summer requires that parents do not visit Plebes during Plebe Summer worship services with the exception of Parents' Weekend. Candidates are allowed to bring a copy of their chosen Holy Scripture (e.g. Bible, Quran, etc.), but please do not bring devotional material. Your Naval Academy chaplains welcome you to Annapolis and look forward to assisting you in your moral and spiritual development.

Section IV - Background and Additional Information Proof of Citizenship and Police Record Check

When you received your Fully Qualified Offer of Appointment from the Superintendent, you were asked to submit both proof of citizenship and a police record check. If you have not already done so, please ensure that the information is postmarked to Nominations and Appointments by 15 May 2017. Do not return in the manila envelope addressed to the "Commandant of Midshipmen."

Any one of the following can serve as proof of citizenship. Only originals, original copies from the issuing authority, notarized copies, or a certified true copy will be accepted. If a passport is going to be used, please send a notarized copy rather than the original.

- United States Birth Certificate
- United States Passport (if issued within the last two years)
- Certificate of Naturalization
- Certificate of Citizenship
- Consular Report of Birth Abroad

All candidates accepting their appointment to the Naval Academy are required to obtain a routine police record check from their local police department prior to reporting to the Academy on I-Day. To ensure a thorough police record check, you should determine all jurisdictions in which you have lived during the last five years, including your city or town police department, sheriff or constable's office, school law enforcement office, and the jurisdiction where you work or go to school, if it is different from where you reside. The police record check is for all violations of the law, including minor traffic and non-traffic violations. If you were charged with a misdemeanor or felony, a copy of the court record is required.

If your law enforcement office has a policy preventing the release of this information, ask them to provide a statement of their policy in lieu of the police record check. You must also submit a signed statement indicating whether or not you have any violations of the law.

If you have any questions regarding proof of citizenship (what type of documentation is required in your particular case or to confirm receipt) or the police record check (unable to complete it prior to I-Day, assistance needed in obtaining the information requested), please contact the Office of Admissions at 888-249-7707, ext. 3-4392. If you lost the return envelope from your Offer of Appointment, send your proof of

citizenship and police record check to:

U.S. Naval Academy
Office of Admissions
Attn: Nominations and Appointments
52 King George Street
Annapolis, Maryland 21402-1318

Social Security

If you do not already have a Social Security card, you must obtain one promptly. All candidates reporting to the Naval Academy for admission as Midshipmen must have in their possession a Social Security card so that wages may be credited to their accounts.

Candidates receiving Social Security benefits will no longer be eligible for these payments after entering the Academy. The Social Security Administration advises that Midshipmen are not so entitled because they are employees of the United States while they are attending a U.S. service academy. Therefore, if you are receiving this benefit, you must inform the appropriate Social Security Office of your decision to enter the Naval Academy and give them the date of induction.

Travel Expenses

Ensure you have a copy of the "Midshipman Accession Travel Form" that you sent in to nomapps@usna.edu with you at check-in, along with all associated receipts for travel expenses, including tickets or copies of e-tickets, from your home to the Naval Academy with you on I-Day to support your travel claim for reimbursement.

If you arrange and pay for your Midshipman's travel, you will be reimbursed for your travel expenses from your home to the Naval Academy following induction up to the authorized government cost. Per Public Law 104-134, all federal government payments must be paid by Electronic Funds Transfer (EFT). For air or rail travel, reimbursement will be limited to the lesser of the actual cost or the cost of a government ticket. Use of frequent flyer miles is not an authorized reimbursable expense. If you choose to travel by privately owned vehicle (POV) you will be reimbursed for mileage and per diem in accordance with the Joint Federal Travel Regulations.

Tourist Passport Information: Join the Navy & see the world!

The Midshipmen summer training program offers the opportunity to travel to foreign ports during summer training cruises. Overseas ports of call include Australia, Singapore, Japan, Korea, Italy, Spain and many others. A tourist passport is the preferred document for overseas travel and increases a Midshipman's opportunity to be assigned to overseas cruises and to travel abroad during summer training and leave periods. Additionally, a tourist passport will be beneficial after graduation while serving in the fleet. Overseas training is an effective and rewarding experience that contributes to a Midshipman's professional development and geo-political awareness.

The United States Naval Academy Summer Training Office has encouraged all reporting candidates to obtain or apply for a civilian passport prior to reporting to the Academy on Induction Day.

A civilian passport may be applied for at many U.S. Postal offices and designated passport locations. You will need two passport pictures. These photos can be obtained at various locations. The cost is usually \$10 to \$15 for the pictures and \$100 for the passport fee. A civilian passport is good for 10 years from the issue date. Additional information can be found

on the web at http://travel.state.gov/passport/passport_1738.html, in the yellow pages under "Passport and Visa Services," and/or at your local post office.

Bus Service From BWI Airport

For those who will be arriving by air on Wednesday, 28 June 2017, a complimentary bus service will be provided from Baltimore-Washington International Thurgood Marshall Airport (BWI) to the Naval Academy. The bus runs from 7 a.m. to 11 p.m. This service is only for candidates who are traveling by themselves. We regret that we are unable to accommodate family members or friends on these buses.

Upon arrival at BWI you are directed to check with the United States Naval Academy Information Desk (Customer Service Desk) located near the International Terminal Baggage Claim area of the airport. Signs will be placed at each of the main escalators directing you to the Customer Service Desk. The Customer Service Desk times vary; however, Naval Academy representation will be there from 7 a.m. to 11 p.m. on Wednesday, 28 June 2017. They will advise you of the next bus and where to meet it. This bus service is free of charge for all candidates.

Midshipmen and Ensigns or Second Lieutenants will be standing by to assist and ensure your safe arrival to the United States Naval Academy in Annapolis, Maryland. In case of emergency, call the Officer of the Watch at the Main Office in Bancroft Hall at 410-293-5001.

Those candidates who arrive before the Information Desk is set up or after it has closed should use the public transportation available (either taxi or shuttle) for transit to Annapolis. The cost is approximately \$40 and is refundable through your travel claim. Please bring all receipts with you; if you choose to arrange your own transportation, it is recommended to schedule arrival flights to BWI Airport to take advantage of this bus service being provided by the Naval Academy. Transportation from Ronald Reagan National Airport or Dulles International Airport is not provided by the Naval Academy and should be arranged via taxi or limousine (approximate cost \$50, refundable through your travel claim).

Induction Day

I-Day for the Class of 2021 is scheduled for Thursday, 29 June 2017. The enclosed Permit to Report tells you exactly what time to report to the Naval Academy to begin the day-long induction process. For some candidates, this will be as early as 6:30 a.m.; for others it will be later in the morning. The important thing is to arrive in the Annapolis area with plenty of time to spare, making reasonable allowances in your plans for unexpected delays, including those caused by heavy I-Day traffic in Annapolis.

If you plan to arrive in the Annapolis area prior to I-Day, you should make your own arrangements for lodging. Unfortunately, no reimbursements can be made for the use of commercial lodging facilities. For information on lodging in the Annapolis area call the Annapolis and Anne Arundel County Visitors Bureau at 410-268-0445, or go to www.visitannapolis.org. If you wish, candidates only may elect to spend the night prior to I-Day in Bancroft Hall, the Midshipmen's dormitory. In that case, report to the Main Office in Bancroft Hall for dormitory accommodations. Meals will not be provided prior to I-Day, but you will be permitted (and are

encouraged) to go into town to get something to eat the night before I-Day.

Annapolis is hot and humid during the summer. We recommend that you report to the Naval Academy in lightweight slacks, a short sleeve shirt or blouse, and athletic shoes. Women should not wear skirts. If you are reporting from NAPS or from enlisted service, report in the Uniform of the Day. NAPS candidates will change into NAPS PE gear for the actual processing. Regulation Navy and Marine Corps PT gear will be authorized for all candidates reporting from the Fleet. You will be issued a summer working uniform and tennis shoes during I-Day. All candidates will be issued nearly everything that they will need for the duration of the summer, but candidates will be allowed to bring and utilize the following clothing as long as it meets Naval Academy uniform criteria:

White jockey-style brief underwear (18 briefs will be issued on I-Day).

White crew neck fitted cotton undershirts (9 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.

White V-neck fitted cotton undershirts (15 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.

White crew athletic socks (22 pairs of socks will be issued on I-Day). Tube socks need to reach just below mid-calf. Ankle socks will not be authorized for wear.

Black or Navy Compression "Spandex" Shorts (6 shorts will be issued on I-Day). Shorts shall be worn underneath issued running mesh shorts.

White sports bras (11 sports bras will be issued to females on I-Day).

White or nude brassiere (NO regular bras will be issued to females on I-Day. Recommend bring two.

Plebes will have few opportunities to wear these over the summer; however recommended that regular bras be worn during uniform fittings.

Running shoes (**See Note 1 below**).

Toiletries (razors, shaving cream, toothbrush, toothpaste, shampoo, liquid soap, hygiene products). Plebes will have at least one visit to the Midshipmen Store over the summer to purchase necessary items.

Enough money to last six weeks. Spending opportunities are limited to a few occasions over the summer. Recommend around \$100.

An inexpensive scientific calculator for placement exams. Exams are taken the first few days of Plebe Summer.

Athletic shoes for any sports in which you will participate (i.e. soccer cleats, basketball shoes).

Athletic equipment for any sports in which you desire to participate (i.e. lacrosse stick, tennis racket, baseball glove). Do not bring heavy or bulky equipment such as weights, bicycles, or golf clubs.

Cellular Phone (**See Note 2 below**).

NOTE 1 (RUNNING SHOES): All candidates will be issued running shoes on I-Day; however, candidates are highly encouraged to bring their own "broken-in" running shoes. Candidates will be authorized to wear these running shoes during physical training evolutions in order to cut down on medical injuries such as shin splints and blisters. Recommend

consulting an athletic store that specializes in running to advise you on what running shoe is best for your foot type.

NOTE 2 (CELLULAR PHONES): If you wish, you are permitted to bring a cellular phone to facilitate calling home during specified times over the summer. When not being used, your cellular phone will be stored for you in a secure location (you will not be allowed to keep it in your room during Plebe Summer). If you don't bring a cellular phone, you will be provided access to a telephone to make these calls.

Over Plebe Summer you will be allowed to display pictures, postcards, or other similar personal items, although these items must fit on a 2' x 2' corkboard. Candidates should report with only minimal clothing in addition to the prescribed underclothing. The wearing of cosmetics and jewelry is not permitted during Plebe Summer. The only exception is a religious medallion necklace whose chain is long enough to prevent it showing in uniform. Wrist watches and electrical grooming equipment will NOT be authorized for use over Plebe Summer; however, all Candidates are authorized to bring these items with them on I-Day. If you choose to bring them with you on I-Day, they will be inventoried along with your civilian clothing and stored for you over the summer in a secure location. It is recommended that you bring all of these items in a collapsible overnight bag labeled with your name. Fourth Class Midshipmen are not authorized to have civilian clothes at the Naval Academy, and the clothing that you report in for I-Day will be returned to you over Parents' Weekend in order to return home with your parents. Candidates are highly discouraged from bringing high value items to Plebe Summer. Things you may not bring include:

- Stereo equipment
- Clock radios
- Lamps
- Over-the-counter medication
- Civilian clothing other than what you are wearing on I-Day and the items listed above

At your assigned reporting time on I-Day, you will be required to leave the company of relatives and friends to report to Alumni Hall to begin your induction processing. Refreshment stands, tours of the Naval Academy, an orientation briefing, and a picnic sponsored by the Alumni Association will be available during the day for relatives and friends who choose to remain for the Oath of Office Ceremony. There is a brief period of time set aside later in the afternoon, immediately following the Oath of Office Ceremony, to meet with relatives and friends. This is a good time to say your farewells. The next opportunity to visit with relatives and friends will be during Parents' Weekend, 11-13 August 2017.

Grooming Standards

Men's Hair and Beards. Midshipmen are required to keep their hair neatly trimmed. Mustaches and beards are not permitted. On I-Day, all male Plebes will receive a crew cut and will be required to keep this standard throughout Plebe Summer. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Women's Hair. All female Plebes are required to have a haircut that is above their chin. Braids are authorized. If hair is not within regulations upon arrival on I-Day, female Plebes will receive a haircut. After the initial haircut on I-Day, hair

may extend a maximum of 1-1/2 inches below the top of the jumper collar. Plebes will be authorized the use of two small barrettes similar to natural hair color over the summer. Rubber bands and bobby pins are not authorized over Plebe Summer to keep hair up with the exception of physical training. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Medical/Dental

On Induction Day you will undergo a brief medical examination to ensure that you are still physically qualified for admission. You must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm no problems have developed since you had your candidate (DoDMERB) medical examination. If you have undergone surgery or had a serious illness or injury since that exam, or if your health is in question for any reason, you should expect to be examined more thoroughly.

Be aware that on the day you report for admission, you must be within the weight and body fat standards applied at your candidate medical examination or you will risk disqualification and not be permitted to enter the Class of 2021. Consult the height and weight standards in the online catalog to be sure you remain well within the requirements.

Optometry

To safeguard the health and career potential of our incoming Midshipmen the following rules shall be enforced: Do not undergo corrective vision surgery (e.g. PRK, LASEK or LASIK) as this may be disqualifying and may not be waived for entry.

During Plebe Summer:

1. **No contact lenses are authorized during plebe summer.**
 2. Glasses will be provided on I-day based upon your submission of the Spectacle Prescription Information form enclosed.
- No civilian glasses will be permitted.**

Be advised that tinted or lenses that become tinted with sunlight are not permitted during military parades, military training, and inspections, these should not be your primary glasses.

However, you **should bring two pairs of your most recently prescribed glasses**, a supply of contact lenses (if you wear them) for use after the summer, and paper copies of your most recent glasses/contact lens prescriptions.

Health Status

If you have had any change in your health since your DoDMERB examination, you must notify us. Areas of particular concern are any and all surgery, orthopedic injuries (broken bones or joint injuries), head injuries, hospitalization, vision changes, loss of consciousness, and any condition which might preclude your full participation in our rigorous athletic program. Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

U.S. Naval Academy
Office of Admissions
Attn: Medical Technician
52 King George St.
Annapolis, MD 21402-5018
410-293-1817
Fax: 410-293-1819 Medications

Medications

If you are taking medication prescribed by a physician, you must bring it with you on I-Day. The medication must be in a labeled container and you must bring a note from the physician stating the name of the medication, the dosage, the dates the medication is intended to be taken, and the reason it was prescribed. You will be evaluated and, if the medication is felt to be appropriate, the condition will be documented in your health record and you will be authorized to continue using the medication. DO NOT bring over-the-counter (OTC) medications (e.g. Motrin, Tylenol, Tums, cold tablets), food supplements or vitamins. If you have any questions or concerns regarding your health status or medications, please contact the Medical Technician.

Medical Care for Seriously Ill or Injured Midshipmen

When a Midshipman becomes ill or injured, the Navy will provide or pay for qualified medical expenses incurred as a result of the illness or injury, similar to benefits provided all active duty members of the U.S. Armed Forces, so long as the Midshipman remains physically qualified for commissioning. Care is normally provided in government health care facilities. Payment for care received in civilian medical facilities generally is not authorized, although exceptions may be made for emergencies. In the event long term inpatient medical care is required, a Midshipman typically will be treated at a suitable military or VA hospital.

If a Midshipman's medical condition is such that his or her suitability for commissioning is questionable, a medical board consisting of Navy physicians will be convened. The board will report its findings and recommendations to the Superintendent. If the board finds a Midshipman is not physically qualified for commissioning and the Superintendent concurs with those findings, the recommendation that the Midshipman be disenrolled from the Academy will be forwarded to the Secretary of the Navy. The Secretary of the Navy will take final action on the recommendation.

NOTICE: We strongly recommend that you contact your local health insurance provider to discuss your and your parents' options of procuring and maintaining private medical insurance to ensure medical coverage in the rare case you become seriously ill or injured and are separated from the Naval Academy prior to graduation/commissioning. Please discuss this matter with your parents and contact your local health insurance provider to discuss options for coverage. Generally, such coverage is inexpensive (or can be maintained at no cost through parent's employer) and can prevent serious financial problems. In the highly unlikely event you develop or are discovered to have a disqualifying medical condition (e.g. epilepsy, diabetes mellitus, ulcerative colitis, serious injury) requiring separation from the Naval Academy, your ability to obtain health insurance will be significantly compromised. Also, be aware that Midshipmen only qualify for limited disability benefits, making private insurance more important if a catastrophic injury or illness occurs. For this reason, if for no other, having private health insurance already in place will be a wise investment in securing future coverage for health care that might not be possible to obtain after a diagnosis has been made.

Tattoos, Brands, Body Piercing

Navy regulations prohibit tattoos, body art, or brands

that are visible in a Navy uniform; e.g. those on the head, face, neck, scalp, elbows, knees or hands. Further, regulations state "tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited." Body art and ornamentations, therefore, that are excessive, obscene, sexually explicit or that advocate or symbolize sex, gender, racial, religious, ethnic or national origin discrimination or gang affiliation, supremacist or extremist groups, or drug use are strictly prohibited. **If you have such a tattoo or skin amendment, fill out Body Alteration form in the online portal.**

Pre-existing body alterations shall not be visible in the physical education uniform (t-shirt and shorts), "either on the skin that shows outside of the uniform or through the fabric." ALL pre-existing body alterations (visible or non-visible in PE uniform) must be reviewed by the Body Alteration Review Board for compliance with the Naval Academy policy. Body alterations will be (1) deemed to be within Naval Academy regulations, (2) deemed to be outside Naval Academy regulations but granted a waiver for admission, or (3) deemed to be outside Naval Academy regulations and ordered to be removed/covered up to be granted admission. Removals and cover ups are done at the candidate's expense.

Included on your application portal acceptance document was a statement of understanding regarding body alterations, which you should have completed and returned with your offer of acceptance. If you did not return the form, submit it immediately to the Director, Nominations and Appointments at the address in the "Health Status" paragraph. Once the statement of understanding regarding body alterations is received, USNA The Body Alteration Review Board will convene in May 2017 to screen all statements of understanding regarding body alteration(s). Following the Body alteration Review Board, USNA Admissions will inform the affected candidates of the Commandant's decision regarding the acceptability of their particular body alterations. Admissions will clearly delineate any requirements the appointee must meet (e.g. remove part or all of a particular tattoo) prior to Induction Day or reporting to NAPS.

The Naval Academy permits members of the Brigade of Midshipmen or members of the Naval Academy Preparatory School to acquire body alterations while at the Naval Academy and at the Naval Academy Preparatory School that comply with Naval Academy body alteration regulations.

Any candidate who reports with a tattoo, brand, or body piercing which does conform to our policy, who has not been cleared through the procedure explained in our correspondence, or has not contacted the Director, Nominations and Appointments should anticipate not being inducted into the Brigade.

Color Vision Screening

On I-Day you will be screened to confirm that you have normal color vision.

Alcohol and Drug Screening

The Department of Defense, Navy, and Naval Academy regulations clearly prohibit the use of illegal drugs, including anabolic steroids. The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use within 72 hours of being formally inducted. You will be required to submit a

urine specimen for drug testing and to undergo breathalyzer testing for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.

HIV Testing

Blood samples drawn on I-Day will be tested for antibodies to the Human Immunodeficiency Virus (HIV), the agent responsible for the Acquired Immune Deficiency Syndrome (AIDS). Any individual confirmed to be HIV antibody positive will, after thorough evaluation, education, and counseling, be separated from the Naval Academy. Strict confidentiality will be observed in any such case.

Dental Examination

A dental screening examination will be conducted during Plebe Summer. It is highly recommended that you report to Induction Day dentally healthy. This would include a recent dental check-up including third molar (molar tooth) evaluation by a general dentist and/or an oral surgeon. If you have any concerns about your dental status, you should report all relevant information to:

U.S. Naval Academy Office of Admissions
Attn: Medical Technician
52 King George Street
Annapolis, MD 21402-5018 410-293-1817

Be sure to include your full name and social security number on all correspondence regarding your medical and dental status.

Contacting Midshipmen in an Emergency

In the event of an emergency, your parents or guardian should notify the Officer of the Watch at the Main Office in Bancroft Hall 410-293-2701/2702. The Officer of the Watch will ensure that appropriate actions are taken.

Telephone messages of non-emergency but urgent nature may be relayed through the Midshipmen watch standers at the Main Office, 410-293-5001/5002.

Mailing Address for Midshipmen

Plebes are able to receive mail during Plebe Summer.

The proper format is:

MIDN John L. Doe
USNA Class of 2021
X Company, X Platoon
Annapolis, MD 21412

Plebes will learn their Company and Platoon designators on I-Day. After Plebe Summer, Midshipmen will receive a P.O. Box number for use in receiving mail. The only zip code midshipmen can receive mail to is 21412.

Care Packages

“Care package” is a Midshipman term for goodies from home and is a very effective morale booster. However, during the controlled training environment of Plebe Summer, the sending of junk foods to a Plebe is highly discouraged. Provide the following guidelines to anyone who will be sending care packages.

- Please limit the size of the shipping container to no larger than a shoe box. All food should be shipped in an airtight container.
- All items should be single serving and non-perishable. There are no refrigerators available in Bancroft Hall for food storage. No medications or vitamins are allowed.
- Junk food is highly discouraged during Plebe Summer.

The regimen of Plebe Summer is a controlled training environment and requires adherence to a healthy diet.

- Due to health concerns and storage limitations, excess junk food that cannot be stored or consumed immediately will be disposed of.
- Some suggestions for things to include in care packages:
 - Individually wrapped granola bars or energy bars
 - Powdered sports drink mixes
 - Letters from home

E-mail

You will be assigned an e-mail address upon the completion of Plebe Summer. This e-mail address will remain the same during your four years here. During Plebe Summer training, you will not have access to a computer to send or receive e-mails.

Reef Points

The annual handbook of the Brigade of Midshipmen will be issued to you on Induction Day. During the course of Plebe Summer, you will be required to commit portions of it to memory and be familiar with all of its contents.

When reporting for I-Day, Plebes will be expected to know verbatim the Mission of the United States Naval Academy, the administrative chain of command, and the first three General Orders of a Sentry.

The Mission of the Naval Academy

To develop Midshipmen morally, mentally and physically and to imbue them with the highest ideals of duty, honor, and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government.

Your Administrative Chain of Command:

Commander in Chief: President Donald Trump
Secretary of Defense: The Honorable James Mattis
Secretary of Navy: The Honorable Sean J. Stackley
Chief of Naval Operations: Admiral John Richardson, USN
Superintendent of USNA: Vice Admiral Walter E. “Ted” Carter, Jr, USN
Commandant of Midshipmen: Colonel Stephen Liszewski, USMC

First Three General Orders of a Sentry:

First: To take charge of this post and all government property in view.

Second: To walk my post in a military manner, keeping always alert and observing everything that takes place within sight or hearing.

Third: To report all violations of orders I am instructed to enforce.

The Naval Academy Commitment

The Naval Academy makes a commitment when you accept an appointment as a Midshipman. You are assured of the opportunity for a solid, first-rate college education that is nationally respected. You also are presented the opportunity to grow personally—learning integrity, leadership and the heights of your own abilities. Finally, you are promised comprehensive professional training that will prepare you well for challenging opportunities later as a Navy or Marine Corps officer.

There is still another part of the Naval Academy commitment that reinforces everything else. The admissions process is designed to accept only those applicants who can meet the academic and military challenges at the Academy. Therefore, every Midshipman is guaranteed the opportunity and support necessary to succeed. Members of the Naval

Academy's faculty and staff are committed to this principle. The personal counseling network, small class sizes (typically of 20 or fewer students), protected study periods, availability of extra academic instruction until 11 p.m. daily, modern educational facilities and sponsor program all reflect that commitment. The fact that more than 80 percent of those entering the Academy successfully complete the four-year program is proof positive of that commitment.

In return for the Naval Academy's commitment, you are asked to make a commitment. You must accept the challenge of a rigorous program integrating academic studies, military training, physical education and athletics. You also take an Oath of Office accepting appointment as a Midshipman in the United States Navy, the first step toward becoming a commissioned Navy or Marine Corps officer.

The purpose of the Naval Academy is to prepare Midshipmen to become professional officers in the United States Navy and the United States Marine Corps. You should enter the Naval Academy fully prepared to undertake the challenging four-year curriculum and to serve as a Navy or Marine Corps officer for a minimum of five years after graduation. A naval career is an exciting one. During the fall semester of their senior year at the Academy, Midshipmen receive their service assignment into various naval warfare communities. Assignment is based on performance, individual preference, and needs of the Navy. Most Midshipmen are assigned to either serve as Surface Warfare Officers, Navy Pilots or Flight Officers, Submarine Officers, or Marines. A few Midshipmen are assigned to Special Warfare (Navy SEALs) and Special Operations (Explosive Ordnance Disposal) as well.

After graduation, most newly commissioned officers report directly to their professional school and then to the Fleet or Fleet Marine Force. The lessons learned after four years at the Naval Academy are put to immediate use.

Plebe Summer

Plebe Summer's orientation program is fast-paced and begins the four years of military training you will receive at Annapolis in preparation for your commissioning as an officer. Upon arrival, you will begin your military indoctrination at USNA. You will march and wear a uniform your very first day.

Your military training throughout the summer will be under the close supervision of selected First and Second Class Midshipmen (seniors/juniors), commissioned officers and senior enlisted service members. The basic military training unit is a squad. Each squad is made up of about 10 Plebes. You will be assigned to a squad, and since the development of teamwork is a vital aspect of your training program, you will be expected to participate fully in all activities of your military unit.

Plebe Summer is a very intense environment. Stress is a deliberate part of the program. You will march, swim, sail, be trained and tested in physical fitness, fire both a pistol and a rifle, compete in athletics, and go to classes, all as a member of your military unit.

You will experience both success and failure. It is not uncommon for some individuals to question themselves when placed in a stressful environment. Your successes will be rewarded with commendations, and your failures will

result in constructive criticism and guidance. Through it all, you must maintain a healthy perspective and learn from your experiences. If you work hard and maintain a sense of humor, Plebe Summer will be a rewarding experience you will never forget or regret.

If you make the decision to leave, you can expect to be interviewed by several commissioned officers to make sure your decision is a sound one and not based on emotion. They will be well-equipped to discuss the Naval Academy after Plebe Summer and the difficulty of adjusting to military life. If you still desire to resign, your letter of resignation will be forwarded to the Officer-in-Charge of the Fourth Class Regiment, and it should take approximately seven to ten working days to process separation from that point.

A final note regarding Plebe Summer: Your abrupt entry into a new way of life, featuring the mental stress and physical exertion of a military environment, may lead to temporary physiological changes. For example, eating habits and bodily functions will probably change. Once you have adjusted to your new way of life, mental and physical reactions should return to normal. Our medical personnel are available to assist you with this and any other questions or problems you may have while at the Academy.

The Honor Concept

The Honor Concept of the Brigade of Midshipmen is a simple standard of integrity to which every honorable person aspires. Simply stated:

"Midshipmen are persons of integrity:

They stand for that which is right.

They tell the truth and ensure that the full truth is known

They do not lie.

They embrace fairness in all actions.

They ensure that work submitted as their own is their own, and that assistance received from any source is authorized and properly documented.

They do not cheat.

They respect the property of others and ensure that others are able to benefit from the use of their own property.

They do not steal."

The Honor Concept is based on the assumption that each individual has the moral courage and the desire to do the right thing because it is right, not through fear of punishment.

Learning to accept and apply the concept is in itself an educational objective. Midshipmen are expected to make conscious decisions regarding its application and to accept the moral consequences of their decisions. The concept and its application are consistent with Navy and Marine Corps practices and traditions, and its acceptance and usage at the Academy enhance the preparation of Midshipmen for service in the Fleet.

The concept not only applies to Midshipmen while at the Naval Academy or while in training at some other duty station, it also applies while on leave or liberty. Honor and personal integrity are expected to be basic to every Midshipman's life. The Honor Concept was originated by members of the Brigade of Midshipmen, and the responsibility for its operation and administration continues to rest with the Midshipmen to this day.

The Honor Treatise

The Honor Treatise of the Brigade of Midshipmen reinforces the Honor Concept. Written by Midshipmen, its goal is to capture the purpose and vision of the Honor Concept as a principle based system.

"As a Brigade we cherish the diverse backgrounds and talents of every Midshipman yet recognize the common thread that unites us: the trust and confidence of the American people.

They have appointed us to defend our country by developing our minds, our bodies and most especially, our moral character.

It is our responsibility to develop a selfless sense of duty that demands excellence both of ourselves and of those with whom we serve. We must honor our loyalties without compromising our ultimate obligation to the truth. Our leadership must set a standard that reflects loyalty to our goals and the courage to stand accountable for all our actions, both those that lead to success and to those that end in failure. We will never settle for achieving merely what is expected of us but will strive for a standard of excellence that reflects the dedication and courage of those who have gone before us. When we attain our goal, we will raise our expectations; when we fall short, we will rise up and try again. In essence, we espouse leadership by example, a leadership that will inspire others to follow wherever we may lead.

Countless challenges and trials lie before us. We believe that those with the strongest moral foundation will be the leaders who best reflect the legacy of the Naval Academy. This is our call as Midshipmen: it is a mission we proudly accept."

Parent Information

Welcome to USNA

Enclosed are brochures provided by the Naval Academy Visitor Center and the Midshipman Store to help you and your parents get around the Naval Academy grounds. The Naval Academy Visitor Center also provides excellent tours for a nominal fee that you and your family can take.

Parent Activities on I-Day

Along with the full schedule that I-Day entails for you, your parents will also take part in many activities. A full itinerary is planned for parents to enjoy. There will be a table set up outside Alumni Hall that will give parents vital information for events on I-Day.

The day will start with a Colors Ceremony in Tecumseh Court, Band Concerts throughout the day, a picnic sponsored by the Naval Academy Alumni Association and Foundation, book signings at the Naval Academy Visitor Center, a tour on the Yard Patrol crafts and briefings for all parents to inform them about the challenges you will overcome. The day will end with the Oath of Office Ceremony and a brief farewell. A detailed schedule can be found on the Naval Academy web page at <http://www.usna.edu/PlebeSummer/iday.php>.
Plebe Summer Website

During Plebe Summer, your parents will be able to follow along with the training of the Class of 2020 as they participate in various activities throughout the summer. Please notify your family and friends of the following website: <http://www.usna.edu/PlebeSummer/index.php>.

Parents' Weekend

Your immediate family should plan to visit with you during our four-day Parents' Weekend, 10-13 August 2017. The weekend's special program of events offers your parents a unique opportunity to have a close look at the Annapolis environment and to see for themselves how well you are developing as a Midshipman. This will be the first time since I-Day that Plebes will be allowed to have visitors.

A detailed schedule of events and related information concerning Parents' Weekend will be forwarded by the Superintendent to your parents in mid-July. Some 5,000 family members and friends of the Class of 2021 are expected to be in attendance.

The Plebe Parents' Weekend Schedule can be found on the Naval Academy Web page at <http://www.usna.edu/PlebeSummer> after 1 June 2017.

Plebe Sponsor Program

The Plebe Sponsor Program provides members of the U.S. Naval Academy's entering class an opportunity to develop and benefit from informal exchanges with civilian and military members in Annapolis and its adjacent communities. This program provides Midshipmen a home away from home during their first year at the Academy. Plebes typically visit with their sponsors on Saturdays when they have liberty.

To encourage a give-and-take relationship, plebes may invite their sponsors to sporting events and other activities at the Academy throughout the year. There is also an annual sponsor appreciation weekend, typically in early winter, which allows the Midshipmen to show their appreciation to their sponsors.

The degree and length of involvement between sponsor and Midshipman is determined strictly by the relationship developed. In many cases the Plebe-sponsor involvement leads to a friendship that lasts long after the Midshipman has graduated. The matching process is based on the Plebe's preferences of special interests, home state, etc. as recorded on the Plebe Questionnaire. On the questionnaire, there is also the opportunity for a Plebe to request a specific sponsor by listing the individual's name, address, telephone number and/or e-mail.

The sponsor must meet all eligibility criteria and must also request the Plebe on a sponsor application. Active Duty and retired military (E-6 and above or O-3 and above) and civilians will be considered for assignment as sponsors. All sponsors must be over the age of 28 to be assigned. Sponsors must live within a 30-mile radius of the Academy and agree to attend a mandatory briefing that is held during the summer. If you have a friend or family member who meets the eligibility criteria and would like to request an application to be your sponsor, have them contact the Plebe Sponsor Coordinator with their name and address at sponsor@usna.edu. Applications must be filled out and returned no later than 28 June 2017. In order to match plebes with their sponsors, this deadline must be met. Those who do not have a specific by-name request for a sponsor family will be matched based on interests and preferences.

Plebes and their families should find this first year at the Academy exciting. Please direct questions about the Plebe Sponsor Program to the Plebe Sponsor Coordinator at sponsor@usna.edu.



MIDSHIPMAN LIFE MEMBERSHIP AT GRADUATION PROGRAM

PLEASE PRINT:

NAME: _____
Last First MI Class Year

Date

SOCIAL SECURITY NUMBER _____ - _____ - _____

To: U.S. Naval Academy Alumni Association

In order to receive the reduced fee for Life Membership at Graduation, I hereby authorize the Midshipmen's Disbursing Officer to withdraw the following from my pay account: \$15 monthly during my 3rd & 2nd class years and \$18 monthly during my 1st class year.

I understand that I will receive further information on this program. I authorize the USNA Alumni Association to contact me via email.

I understand that I may revoke this authorization at any time between now and 1 April of my 1st class year, with refund of all monies paid.

Signature: _____



UNITED STATES NAVAL ACADEMY ALUMNI ASSOCIATION

Dear Class of 2021 Appointees,

Congratulations on your appointment to the U.S. Naval Academy. On behalf of the United States Naval Academy Alumni Association and Foundation, **Welcome Aboard!** You are embarking on a four year journey that will place you in the company of more than 70,000 graduates of the U.S. Naval Academy including some of the greatest leaders for our country. The Alumni Association and Foundation are devoted solely to supporting the Naval Academy and Brigade of Midshipmen. By joining our ranks, you will become part of a very special bond that exists between every generation of alumni past, present and future. Again, I offer my best wishes for your continued success as you prepare for the challenge and reward of a Navy or Marine Corps career.

Enclosed in this information are two forms for your immediate attention.

Midshipman Life Membership at Graduation Form (3X5): allows you to join the Alumni Association at a reduced rate through the Life Membership at Graduation program.

- This program is strictly voluntary.
- As a Life Member upon graduation, you will receive all Association member benefits and services for life, without further payment of Association dues. Since the inception of the life membership program, *more than 99% of midshipmen have taken advantage of this opportunity!*
- The discounted fee of \$540.00 is a great deal when you take into account all the years of benefits you will receive.
- During your Youngster, Second Class and First Class years, payments are deducted from your pay.
- For information on the benefits and service programs, please visit our website at www.usna.com or call our membership office at 410-295-4026.
- Please return in the envelope provided: Records- ATTN: Class of 2021 FORMS

Plebe/Parent Information (yellow) Form is used to add your family information to our database.

- Used for official business only, all information is kept confidential and secured.
 - Parent Programs will use this information as a conduit to send official academic calendar updates and relevant information to all current parents of Naval Academy midshipmen.
 - 2021 Parents can “like” and “follow” the official U.S. Naval Academy Parent Community Facebook Page
 - Allows Parent Programs to connect parents to the more than 80 USNA Parent Clubs across the United States.
- ❖ Please note that this form can also be completed online at www.usna.com/PTR

It is important that all appointees and parents complete and return these forms no later than Monday 12 June 2017 online at www.usna.com/PTR or in the enclosed envelopes. These forms will ensure that you and your family receive important communications and updates from Annapolis.

I look forward to welcoming you to the Naval Academy family on Induction Day, Thursday 29 June 2017.

Sincerely,

A handwritten signature in black ink, reading "Byron Marchant".

Byron F. Marchant '78

President and CEO

USNA Alumni Association and Foundation



UNITED STATES NAVAL ACADEMY ALUMNI ASSOCIATION

Alumni Life Membership Benefits

Your alumni Life Membership provides a lifetime of benefits, programs and services for you and your family:

- SHIPMATE magazine – your link to the Academy, the Alumni Association and all other alumni. Class columns to stay in touch, great stories to stay inspired and lots of products, programs and information about all things Navy. Printed eight times a year and also available online.
- Wavetops – our monthly newsletter of timely information about current events, news about the Brigade and the Naval Academy community throughout the world.
- CLASSMAIL – lifetime email forwarding service. Keep it current and forwarding to where you are and you'll never be out of touch.
- USNA Online Community – A virtual Alumni Association, by keeping your profile up to date, and stay in touch with your classmates and others. Enjoy complete access to all your Association programs and benefits. We are also on Facebook, Twitter, Linked In, Instagram and other sites to help you stay connected.
- Affinity programs – merchandise, insurance, discounts and more. Great products and programs that speak to your Navy pride.
 - Merchandise – great gifts and specialty items to show your pride – at home, in the office or on the ship
 - Affinity Credit card – show your pride and support your alma mater.
 - Affinity Insurance and Financial services products – designed with you, your family's needs and lifestyle in mind.
 - Kaplan Test Prep discount – for grad school or other.
- Career Programs – Whether you are transitioning out of the military or just changing jobs, we are there to support you. The Service Academy Career Conference (SACC) provides online resume and job postings and more to help you with your career.
- Alumni Mentoring Program – for all class years. Matched through an e-mentoring on-line platform, engage in meaningful, confidential discussions about career and life planning, goal setting and moving forward toward a higher level of achievement.
- Alumni Travel Programs – whether it is quick getaway or the trip of a lifetime – great trips, special access and lots of new Navy travel friends.
- USNA Class Ring Program – Sales and service for rings, miniatures and crest jewelry. Ring search and recovery assistance for graduates. Ring Bank loans when available.
- Lucky Bag Locker – replacement books for alumni members.
- Class support – reunions, and more; from 5th to 75th – we help every class along the way.
- Events – local and throughout the world. Tailgates, chapter get-togethers, special events and more.
- Alumni House events/private event rental. Alumni House open daily (Monday-Friday) for alumni. House also available for rental for all types of events, from graduations parties, weddings, retirements and other. Also corporate retreats, meetings and evening events.
- Lifetime access to Mid Store.

For complete details on these benefits and more, please visit www.usna.com

Dear 2021 Parents,

Welcome Aboard and congratulations on the appointment of your midshipman to the U.S. Naval Academy Class of 2021! I am excited to new proud plebe parents and partner with you throughout this remarkable 4 year journey. Parent Programs works to communicate information and opportunities for parents to become involved with the Naval Academy, the Alumni Association and Foundation missions.

As you move into a new role of a “Naval Academy Parent” I know you will have many questions. Through the Parent Programs, there are several opportunities for you to be involved with the Naval Academy.

Stay informed:

- ❖ **Connect with your local Parent Club:** There are more than 80 Naval Academy Parent Clubs throughout the United States. Each Club offers a wonderful community of parents with years of personal experience at the Naval Academy. The parents come together within the clubs to support one another and the Brigade of Midshipmen. They host events, distribute an official Naval Academy newsletter from the Alumni Association and guide parents throughout the USNA experience. Find your local club at www.usna.com/parents
- ❖ **Join the Alumni Association:** Sign up early to have access to Plebe Summer Photo Program before it's launched on I-Day! For the Class of 2021 we uploaded over 65,000 pictures that generated over 4 million views. Parent membership offers many ways for you to stay connected to the Naval Academy and we welcome parents as Associate Members. All the membership benefits available to parents are listed on the membership form included in this packet. If you have any questions about membership in the Alumni Association, please contact Paige Fuller at 410.295.4026 or paige.fuller@usna.com.
- ❖ **Join the official U.S. Naval Academy Parent Community page:** just “like” and “follow” the page at <https://www.facebook.com/US-Naval-Academy-Parent-Community>, the only USNA endorsed official source for parent information on Facebook.
- ❖ **Make a gift:** The Naval Academy, like other institutions of higher education, relies on the power of private gift support. This support affords educational opportunities beyond what the government alone provides. Your midshipman will graduate into a complex world that requires an innovative curriculum to prepare for the leadership challenges they will face upon commissioning. As a parent, you have an opportunity to take an outstanding institution and provide support to make it truly world-class. Our Foundation will be in touch regarding private support and how all parents can make a difference. Please visit www.usna.com for more information.

I know the next four years will be life-altering for you as well as your midshipman. Please take advantage of the many ways you can become involved with the Naval Academy through our programs. Thank you for the service of your son or daughter and welcome to the Naval Academy family!

I look forward to seeing you in Annapolis on I-Day, Thursday 29 June 2017.

Warm Regards,



Elizabeth Beedenbender
Parent Programs, USNA Alumni Association and Foundation

Class of 2021 PARENT INFORMATION FORM

Please complete form online at www.usna.com/ptr no later than Monday 12 June 2017
or mail in the blue envelope provided: Records - Attn: Class of 2021 Forms

ID # OFFICIAL (Internal) USE		Initials:	
2021 PLEBE NAME: (Last, First, Middle)		Date of Birth: (MM-DD-YYYY)	Gender: M F
High School Name: <input type="checkbox"/> Public <input type="checkbox"/> Private		Nickname:	
<u>Parent 1</u> Name: (Last, First, M.I. Title- Mr. Mrs. Ms. Dr.)		E-mail:	
Address:			
City:	State:	Zip Code:	
Home Phone:	Mobile/Cell Phone:		
Business:	Business Phone:	Position:	
Business Address:	City:	State:	Zip Code:
Parent Education - Name of Institution: Highest Degree Earned:			
<u>Parent 2</u> Name: (Last, First, M.I. Title- Mr. Mrs. Ms. Dr.)		E-mail:	
Address:			
City:	State:	Zip Code:	
Home Phone:	Mobile/Cell Phone:		
Business:	Business Phone:	Position:	
Business Address:	City:	State:	Zip Code:
Parent Education - Name of Institution: Highest Degree Earned:			
Parents are: <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Remarried (complete below)			
<u>Complete for additional relationships: i.e. <i>step-parents, guardians, grandparent</i></u>			
Relationship:	Name: (Last, First, M.I.)		
Address:			
City:	State:	Zip Code:	
Phone:	E-mail:		
Relationship:	Name: (Last, First, M.I.)		
Address:			
City:	State:	Zip Code:	
Phone:	E-Mail:		

See reverse for more information

List parent(s) who attended a Service Academy, please check which one and enter rank and class year:

Parent Name: _____ Rank: _____ Class Year: _____

☐ USNA ☐ USMA ☐ USAFA ☐ USCGA ☐ USMMA

Parent Name: _____ Rank: _____ Class Year: _____

☐ USNA ☐ USMA ☐ USAFA ☐ USCGA ☐ USMMA

If other relatives attended or are attending the U.S. Naval Academy, please enter full names, class years, current rank and relationships below:

Name (Last, First, M.I.)	Class Year	Rank	Relationship to Plebe

☐ We (I) have no objection to the use of this information for the official business of the United States Naval Academy Alumni Association and the United States Naval Academy Foundation.

Parents/Guardians Signatures: _____//_____

Date: _____

Please complete this form online: www.usna.com/ptr no later than Monday 12 June 2017 or mail by Monday 12 June 2017 in the white envelope provided:

USNA Alumni Association
Records- Attn: Class of 2021 Forms
247 King George Street
Annapolis, MD 21402

U.S. Naval Academy Alumni Association Photo Program

Members of the Alumni Association have access to photos throughout the year, and thousands more of Plebe Summer. For the Class of 2020, nearly 65,000 photos were posted. Visit www.usna.com today to set up your user name and password, sign up for parent membership and check out all of your benefits.



From our parent members

"So appreciate the USNA AA connection and their being a **link in the chain** from wherever we parents are to all of our young mids."

"I **live** for those pictures!"

"There's just something special about that **first sighting during plebe summer** when you don't expect to see your plebe for six weeks and instead ... bam ... you see him with his chest out and a determined face in uniform..."

"I couldn't believe those pics of my son the first couple of days after I-Day ... it was like I was **right there with him.**"



U.S. Naval Academy Alumni Association
247 King George Street • Annapolis, MD 21402
www.usna.com/parents • 410-295-4000

Sign up* early at www.usna.com to have access to photos as soon as I-Day!

* Please note: Registration on www.usna.com may take up to 48 hours.

MEMBERSHIP

in the Alumni Association



Welcome Parents! The Naval Academy Alumni Association is a membership-based organization that provides services and support for members and the Brigade of Midshipmen. Parents are invited to join the Alumni Association and receive many benefits (see below). Membership is a way to stay informed about the Brigade, the Naval Academy and the Navy. Get connected and help us support your midshipman during their time at USNA.

— Benefits of Membership —

ANNUAL MEMBERSHIP

(Special Parent Rate—\$240 for four years):

- *Shipmate* Magazine—in print and online. Learn about the Naval Academy and the Brigade of Midshipmen—past, present and future.
- Eligible to rent Alumni House for private functions
- Affinity programs—merchandise, insurance, discounts and more. Great products and programs that speak to your Navy pride.
- Access to alumni/member travel programs—great trips, great places and great friends.
- Member pricing at Alumni Association events, both locally and on the road.

LIFE MEMBERSHIP

(One-time fee of \$495): 1 membership card per household- Joint membership can be purchased.

- All Annual Member benefits plus
- Associate License Plates Option (MD Only)
- Naval Academy MID Store Access
- Continuous Membership
- Benefits transferred to Widows/Widowers

THE GOOD, THE BAD, THE UGLY...AND MAYBE YOUR MID!

A benefit of membership is access to photos of the incoming class provided by the **Alumni Association Photo Program:**

- See photos of midshipmen participating in Yard Events, including:
 - Plebe Summer
 - Sea Trials
 - Herndon Climb
 - Commitment Dinner
 - Graduation
 - And many others...
- Members can view hundreds of photos by logging in to usna.com
- Photos will be available for free download and printing for personal use

Parent Associate Membership Form

Parent 1- Full Name _____

Parent 2- Full Name _____

Midshipman's Full Name _____ Class of 20____

Parent (Member) Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

Please indicate membership level and preferred method of payment.

☐ **Special Parent Four Year Plan-** \$240.00

☐ **Lifetime Membership-** \$495.00 – 1 parent member per household.

☐ Joint life membership: \$25.00 to include spouse in life membership.

Visa MasterCard American Express Discover

Card # _____ Exp. ____/____

Signature _____

Questions?

Email (b) (6) _____ or

Call (b) (6) _____

Please mail to: **Membership Forms/ 2021 Family Picnic**
US Naval Academy Alumni Association
PO Box 79073
Baltimore, MD 21279-0073
(blue envelope)





FAMILY INFORMATION EXPO & CLASS OF 2021 WELCOME ABOARD PICNIC



*Hosted by the United States Naval Academy
Alumni Association and Foundation and the
U.S. Naval Academy Class of 1971*

Mark Your Calendars!

Family Information Expo 29 June 2016

9:00 a.m. to 2:00 p.m.

USNA's Sherman Field at Hospital Point

Meet the staff of the Alumni Association and Foundation and members of the Class of 1971. Visit tabletop exhibits from participating Parent Clubs, corporate partners and USNA services. Stop by for free giveaways and information for the families of the Class of 2021. **Admission to the Parent Expo Tent is free.**

Class of 2021 Welcome Aboard Picnic 29 June 2016

11:00 a.m. to 2:00 p.m.

USNA's Sherman Field at Hospital Point

The USNA Alumni Association and Foundation and the Class of 1971 (*celebrating their 50th Anniversary*) cordially invite family and friends of the Class of 2021 to join us on I-Day, on Hospital Point from 11:00 a.m. to 2:00 p.m. for a casual Welcome Aboard Family Picnic.

PICNIC INFORMATION

Date: Thursday 29 June 2017

Time: 11:00 a.m. – 2:00 p.m.

Location: Sherman Field at Hospital Point

Rain Location: Dahlgren Hall

Cost: \$25 per person 13 and up
\$15 per person 5 to 12 years old
Children 5 and under free

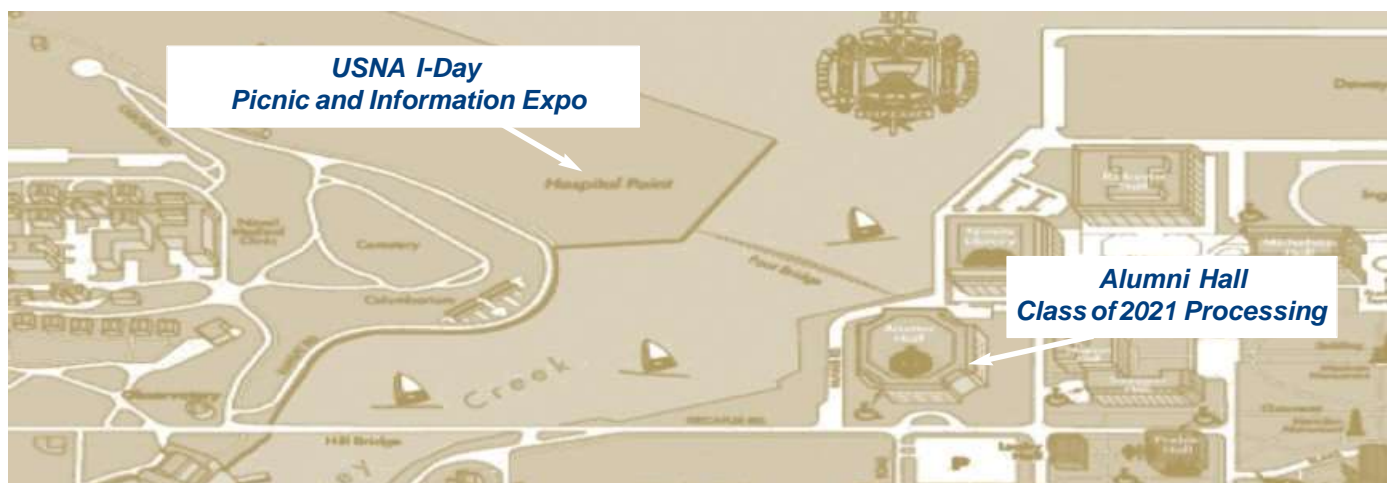
Menu: BBQ pulled pork sandwiches, BBQ Chicken, grilled beef hot dogs, coleslaw, pasta salad, watermelon, cookies, sodas and bottled water. Vegetarian options will be provided.

Catered by Catering by the Bay, Annapolis MD

Limited walk-ins available: \$30 Adult, \$20 for 5 - 12



Please see other side for Picnic Registration & Events Locations



WELCOME ABOARD PICNIC REGISTRATION INFORMATION (Registration not required to attend Family Information Expo)

Online Registration Available: (recommended registration method)

- **Online registration closes at 5:00 p.m. EST on Monday 12 June 2017.** No refunds or cancellations will be accepted after Monday 12 June 2017.
- Go to www.usna.com to register for a username and password by clicking on SIGN IN found in the upper right side of the page. Click on New User Registration under the Login button. Register as a USNA Parent for the Class of 2021. **It takes 24 to 48 hours to confirm your new user registration.**
- Once you have a username and password, go to www.usna.com/ptr and click on the link for picnic registration. You will be asked for your username and password, log-in and complete your picnic registration.
- Your registration confirmation will be *emailed* to you. Everyone who has paid for the picnic will check-in at registration tables and receive wristbands to enter the food tent.
- **Please *do not* complete the Registration Form below if you register online**

Mail-in Registration: Mail-in registration must be postmarked by Monday 12 June 2017. No refunds or cancellations will be accepted after Monday 12 June 2017. Complete and detach Registration Form below and return by mail with check or credit card information to:

Membership Forms / 2021 Family Picnic (blue envelope)
US Naval Academy Alumni Association
PO Box 79073
Baltimore, MD 21279-0073

REGISTRATION FORM: (Reminder: Complete **only** if you are registering by mail)

CONTACT INFORMATION

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone Number: _____

Email: _____

Registration confirmation is sent via email.

Plebe's Name: _____

PAYMENT

of adults 13 and older : _____ @ \$25 each

of children over 5 to 12 years old: _____ @ \$15 each

of children 5 yr. and under: _____ @ \$0 each

TOTAL DUE for Picnic: \$ _____

Payment Method: Checks made out to USNA Alumni Association

AMEX VISA MasterCard Discover

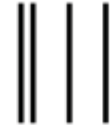
Card #: _____ Ex. Date: _____

Name on card: _____

Signature: _____



FROM



MEMBERSHIP FORMS/ 2021 FAMILY PICNIC
US NAVAL ACADEMY ALUMNI ASSOCIATION
PO BOX 79073
BALTIMORE MD 21279-0073





NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES



BUSINESS REPLY MAIL

FIRST-CLASS MAIL PERMIT NO. 58 ANNAPOLIS MD

POSTAGE WILL BE PAID BY ADDRESSEE

USNA ALUMNI ASSOCIATION
RECORDS - ATTN: CLASS OF 2021 FORMS
247 KING GEORGE ST
ANNAPOLIS MD 21402-9974



Important Information **for the** **Class of 2019**

United States Naval Academy
1 July 2015





Congratulations on your appointment and upcoming induction to the United States Naval Academy! In a few months, you will join an elite group of young men and women who aspire to become the next generation of leaders for the Naval Service and future security of our Nation.

Over the next four years, you will develop into a leader with the ethical foundation required to successfully lead Sailors and Marines during times of peace and war. Our mission, first and foremost, is to develop you into a Leader of Integrity. We will provide you with a liberal education, honing your ability to think critically and make sound and effective decisions in the face of adversity.



Your training here, where the Severn meets the sea, will prepare you to be a role model: dedicated to the profession of arms, the traditions and values of the Naval Service, and the constitutional foundation of the United States. You will become an officer who understands and appreciates global and cross-cultural dynamics in an ever changing, technologically sophisticated environment.

Included in this packet are specific instructions to help you prepare for Induction Day and your transition from civilian to midshipmen life. Summers in Annapolis are hot and very humid; you are expected to be physically fit upon arrival.

Your selection to the Naval Academy proves that you have the talent to succeed here - only you can prove that you have the dedication. By accepting your appointment to the Naval Academy, you have made a commitment to push yourself beyond perceived limitations and strive for excellence. Remember, your future Sailors and Marines deserve nothing less than your best effort, every single day.

Once again, congratulations. I look forward to seeing you in July!

Sincerely,

W. E. CARTER
Vice Admiral, U.S. Navy
Superintendent

The Permit to Report Package

This Permit to Report Package contains numerous items of important and useful information, some of which require your immediate attention. This pamphlet will guide you through all the items in the package and provide you with detailed instructions on what actions you must take. Please ensure you follow all directions closely. This will guarantee that valuable time is not spent correcting mistakes.

Most items are to be postmarked by 22 May 2015. However, if you are unable to meet this deadline, please return the forms as soon as possible after that date.

Numbered items correspond to a sub-section of this booklet. Items with a “□” indicate that a separate form is included in this package. If any of the items listed below are missing, contact the Admissions Office at 410-293-4392 or 888-249-7707, ext. 3-4392. You will also find a link to most forms on the Naval Academy Candidate Information System.

Please refer to the enclosed “Permit to Report Package Checklist” to assist in the completion of these important documents for Induction Day (I-Day).

In this package you will find a manila return envelope addressed to “Commandant of Midshipmen.” The first two forms of the package (on top of this booklet when opening the envelope) are:

- ☐ 1. Permit to Report Letter
- ☐ 2. Request and Authorization for Midshipmen Accession Travel Form

This pamphlet is divided into four sections:

Section I Immediate Action Items for Commandant of Midshipmen tells you what forms you must complete immediately.

- ☐ 3. Agreement to Serve Form (3 copies)
- ☐ 4. Marriage/Dependents Declaration Form
- ☐ 5. Drug and Alcohol Abuse Statement of Understanding (with corresponding Commandant’s letter to parents)
- ☐ 6. Servicemember’s Group Life Insurance Election and Certificate (letter, instructions, and form)
- ☐ 7. Record of Emergency Data (NAVPERS 1070/602) (instructions and form)
- ☐ 8. Standard Form (SF)-86 Questionnaire for National Security Positions cover letter and worksheet
- ☐ 9. Consent to Disclosure of Personal Information Form (with corresponding Commandant’s letter to parents)
- ☐ 10. Personal Swearing-In Ceremony Form
- ☐ 11. Midshipmen Pay and NFCU application
- ☐ 12. Notice regarding Maintenance of Private Medical Insurance
- ☐ 13a. Immunization Record and Questionnaire Form
- ☐ 13b. Patient Registration Form
- ☐ 13c. Spectacle Prescription Information Form
- ☐ 13d. Dental
- ☐ 14. Letter from the Dean of Admissions
- ☐ 15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire
- ☐ 16. ACE Loan Information

Section II Administrative Preparations: Complete for Induction Day tells you what forms you must complete and bring with you on Induction Day, or what other actions need to be done by you before you report.

- ☐ 17. Uniform Measurements Form
- ☐ 18. Command Religious Program Letter

- ☐ 19. NCAA Certification of Transfer Eligibility
- ☐ 20. Plebe Sponsor Questionnaire (*access online*) and corresponding Commandant’s letter
- ☐ 21. Alumni Association / Foundation Forms and return envelope

Section III Miscellaneous discusses several important issues that will better prepare you for Plebe Summer.

- ☐ 22. Midshipman Publicity Background Record (USNA PYA 5720/3) and Fill-in-the-Blank News Release Forms and return envelope
- ☐ 23. Physical Fitness and Recommended Exercise Routine
- ☐ 24. Information on Vehicular Access to the Naval Academy
- ☐ 25. Naval Institute Membership Invitation

Section IV Background and Additional Information provides key information on the various aspects of life at the Naval Academy.

- ☐ USNA Gift Shop flyer
- ☐ Midshipmen Store brochure
- ☐ 2015 Navy Guide to Annapolis

1. Permit to Report Letter

DO NOT MAIL THE PERMIT TO REPORT LETTER.

Bring it with you when you report to the Academy on Induction Day. This form will gain you access to the Naval Academy grounds.

Please make sure that you fill the form out completely and that you supply any documentation that is needed for reimbursement. If you travel by air and the U.S. Government **did not** purchase your airline ticket, you must submit a copy of the airline ticket or itinerary showing the dollar amount that you paid on I-Day. We cannot reimburse frequent flier miles or any other credited flights. You will only be reimbursed up to the government rate allowed.

If you choose to decline your appointment, you should so indicate in the box provided on the form, sign it, and return the form to the Naval Academy immediately. The appropriate address is on the form.

2. Request and Authorization for Midshipmen Accession Travel Form (for civilian candidates only; military will be issued orders)

All incoming Midshipmen must complete this form. Scan and email the completed form to NOMAPPS@USNA.EDU no later than 22 May 2015. If packet was received after 22 May, please return as soon as possible.

Please fill out Blocks 1-8, following the instructions on the form, and sign Block 10. **You must contact the Government Contracted Commercial Travel Office (CTO) at 1-800-235-9184 for any type of airline travel elected.**

If you elect to have the contracted Commercial Travel Office (CTO) arrange your travel (Block 7 a.), you will be e-mailed an itinerary and e-ticket by approximately 13 June 2015. **Ensure that CTO has your correct e-mail address.** Please keep in mind that CTO-arranged travel cannot be used for family or friends. If you have questions or trouble determining whether or not your ticket has been issued, please contact the CTO at 1-800-235-9184. The Office of Admissions will not be able to assist with travel.

Section I - Immediate Action Items

The items below require prompt and attentive action. Recovering from missing or inaccurate information will detract from Plebe Summer training.

Complete forms 3 through 11 listed below and return them to the Academy without delay (postmarked by Friday, 22 May 2015) in the large manila envelope addressed “United States Naval Academy, Commandant of Midshipmen.” If you receive this packet after 22 May, please return all forms as quickly as possible. Please read all directions and explanations for each form carefully before beginning to fill it out. Use a **black** ballpoint pen to complete each form.

3. Agreement to Serve Forms

Three copies of the Agreement to Serve **MUST** be completed by each entering Midshipman. Sign, date and return the top two (2) copies of the Agreement to Serve. You should retain the third. The agreement contains the statutory military service obligations which you incur by attending the Naval Academy. It also explains provisions under which you may be required to reimburse the government for the cost of education you received should you voluntarily, or because of misconduct, fail to meet these service obligations. Finally, it gives current Navy policies concerning the administrative handling of Midshipmen who fail to complete the Academy’s course of instruction through resignation or through separation for other causes.

Your signed Agreement to Serve constitutes an important personal commitment. You should read it carefully and be sure you understand it and its implications before signing.

If you are under the age of 18, either one of your parents or your legal guardian must also sign your agreement indicating understanding of its terms and consent to your action.

The statutory obligations you assume upon entering the Naval Academy are clearly stated in the agreement.

4. Marriage/Dependents Declaration Form

Complete the Marriage and Dependent Declaration form and return in the manila envelope to the “Commandant of Midshipmen.” The purpose of this form is to verify eligibility for admission to the Naval Academy. Midshipmen regulations prohibit Midshipmen from being married, having dependents, or having dependent responsibilities. This form provides further information concerning parenthood, pregnancy and dependency obligations.

5. Drug and Alcohol Abuse Statement of Understanding with Corresponding Commandant’s Letter to Parents

Complete the Drug and Alcohol Abuse Statement of Understanding and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

6. Service Member’s Group Life Insurance (SGLI) Form

Complete the Service Member’s Group Life Insurance form and return. As a Midshipman attached to USNA, you will be automatically enrolled in SGLI unless you do not desire coverage. You are still required to complete the SGLI form if you do not desire coverage. Even if you are currently an enlisted Sailor or Marine, you will be required to complete a new form as a Midshipman.

Please take a few minutes and discuss with your family the amount of insurance needed and who to list as the beneficiary(ies). You are automatically insured for \$400,000

upon entry at a cost of \$27.00 per month. You may elect a lesser amount of coverage in increments of \$50,000. If you do not desire the SGLI coverage, you will still complete the form but indicate that you do not want insurance. Should you elect coverage, the appropriate amount will be automatically deducted from your pay.

7. Record of Emergency Data Form

Complete the Record of Emergency Data Form and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form becomes a permanent portion of your military service record and can be updated at any time. This will be used for emergency contact information and beneficiary notification.

8. Standard Form (SF)-86 Questionnaire

Complete the Standard Form-86 to the best of your ability and return in the manila envelope addressed to the “Commandant of Midshipmen.” This form is required to process you for a SECRET clearance. You will need to provide specific information on the SF-86 worksheet that will be returned to you following Plebe Summer to assist you in completing an online, computerized SF-86. Make sure you answer all the questions accurately so that you do not delay your clearance. If you have any questions concerning this form, please contact Mr. (b) (6), in Personnel Security, (b) (6) or (b) (6).

The possession and use of a foreign passport in preference to a U.S. passport raises doubts as to whether the individual’s allegiance to the United States is paramount. Clearance will be denied or revoked unless the foreign passport is surrendered. Anyone who possesses a foreign passport must return the passport to the appropriate country’s embassy or consulate, requesting a return endorsement. In lieu of returning the passport, it may be brought to the USNA Personnel Security office for documenting and witnessing its destruction. If you choose to return the passport the endorsement will be a prerequisite to any security clearance determination and must be provided to the USNA Personnel Security office when the online SF-86 is submitted.

9. Consent to Disclosure of Personal Information Form with Corresponding Commandant’s Letter to Parents

Fill out Consent to Disclosure of Personal Information Form and return it in the manila envelope to “Commandant of Midshipmen.” The letter from the Commandant of Midshipmen is yours to keep.

10. Personal Swearing-In Ceremony Form

Following the formal Oath of Office Ceremony on Induction Day, members of the Class of 2019 may be sworn in by a relative or close friend of the family who is an active duty, reserve or retired military member. The uniform is Navy Summer White or service equivalent. If unable to wear a uniform, appropriate civilian business attire is requested. If you would like to do this, please fill out this form and include it in the manila envelope to “Commandant of Midshipmen.” If you do not desire a personal swearing-in ceremony, you do not need to return this form.

11. Midshipmen Pay and NFCU Application

All Midshipmen will be paid by electronic direct deposit. As such, all Midshipmen are required to maintain a bank account to permit electronic direct deposit of their pay every month. Enclosed is an application form from the Navy Federal Credit Union (NFCU). NFCU has a full service branch located on the Naval Academy grounds which is very convenient for the Midshipmen. Should you choose to open

an NFCU account, please complete the enclosed application form and mail it back in the envelope provided. If you do not wish to use NFCU for pay purposes, you are required to bring a signed direct deposit slip or VOIDED check from the bank you wish to use with you on I-Day.

12. Notice Regarding Maintenance of Private Medical Insurance

The importance of your understanding exactly what your entitlements are with regard to medical care should you become ill or injured cannot be emphasized enough. Please read and sign this form acknowledging your understanding. This subject is also covered in greater detail in Section IV under "Medical Care for Seriously Ill or Injured Midshipmen."

Note: 13a, b, c, and d are not required for candidates coming from the Naval Academy Preparatory School.

13a. Record of Immunization Form

Complete demographics on the "IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES." Your physician or other licensed health care provider **MUST** complete the vaccination history. Please mail one copy and hand carry two copies of this form to the Induction Day Immunization Station. Please do not leave this paperwork in your bags. This form is very important to us as it will determine the immunizations you will receive on I-Day. Please ensure all of the **REQUIRED** immunizations as noted on that form are received. They must be documented in month, day and year format, otherwise the record will not be accepted. Vaccine information sheets are available electronically at www.cdc.gov/vaccines if you have questions on the vaccines. We request that you review the information about the vaccines directly on the website. We do not plan on handing out vaccine information sheets to every student on I-Day. Any vaccines not given prior to I-Day will be given on that day at no cost to the student. Please note that one dose of Tdap is required. One dose of Menactra or Menveo vaccines is required after age 16. If your provider does not have those vaccines, please do not accept a substitute vaccination. The Department of Defense has not made a decision on the need for the Meningococcal B vaccine. The Center for Disease Control has recommended Bexsero or Trumenba for Meningococcal B high-risk patients. If you get the vaccination, we will continue the series at no cost to you at USNA. Our decision to vaccinate against Meningococcal B with Bexsero or Trumenba will be made by I-Day and will depend on the Department of Defense requirement. We will post a message on the NHC Annapolis Immunization website at www.med.navy.mil/sites/annapolis/PatientServices/Immunization/Pages/default.aspx by May to help guide the healthcare provider. In addition to the required vaccines, we highly recommend the HPV vaccine to all males and females attending the Academy. We will start or continue the newest HPV vaccine for all men and women unless you specifically refuse on I-Day. The new HPV vaccine is approved for use in the U.S., but we have not gotten approval from the Center for Disease Control at the time these instructions were written. A documented **Mantoux Tuberculin Skin Test (PPD) or QuantiFERON®-TB Gold** must have been performed after Jan. 1 of this year prior to Induction Day. If you did the blood test for tuberculosis, please attach the results to this form and bring 2 copies with you. If you have a positive test, please bring copies of the evaluation done by your provider to include the X-ray report (if you still have one) to I-Day. We will have a provider review that evaluation to ensure it was appropriate and complete.

You **MUST** return this form to the address listed by **15 May (or within 2 weeks of receiving this package)**. In addition, you **MUST** bring TWO copies of the completed form (IMMUNIZATION RECORD FOR UNITED STATES NAVAL ACADEMY APPOINTEES) along with a completed "NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)" with you when reporting to the Academy on I-Day. If a healthcare provider has any questions regarding immunizations, the provider can contact our immunization clinic at 410-293-1774. This phone number is for health care providers only. Parents and students should not be contacting the immunization clinic directly. In summary, the required forms for immunizations are:

- Immunization Record For United States Naval Academy Appointees (1 mailed, 2 copies for I Day)
- NHCA IMMUNIZATION GENERAL CONSENT (BMU and BHC)

Please bring TWO copies of the Immunization Record For United States Naval Academy appointees and ONE copy of the NHCA Immunization General Consent with you to the Immunization Station on I-Day. Do not leave them in your bag. Your bags will be collected prior to the Immunization Station.

The Admissions Office and Midshipmen Personnel will not be able to help you in regards to immunization questions.

13b. Patient Registration Form

Please complete the enclosed form and send the form to the address below.

13c. USNA Appointee Spectacle Prescription Information Form

If you do not wear glasses or contact lenses, do NOT fill out or return this form. Only candidates who wear glasses or contact lenses (including part-time use) need to complete this form. The form is required to order military glasses (civilian glasses and contact lenses are not authorized during the summer). Complete all candidate information and frame size sections. Your eye care provider must fill out and sign your glasses prescription information section. Fax the completed form to (410)-293-1131 (do not use a cover sheet or fax any other forms) or mail the completed form to the address below by **15 May 2015**. In addition, you **MUST** bring a copy of the completed form with you when reporting to the Academy. If you or your eye care provider has any questions, please contact the Naval Health Clinic Annapolis Optometry Clinic at 410-293-3617.

Please send all (3) forms to:

Medical Records
Naval Health Clinic Annapolis
250 Wood Road
Annapolis, MD 21402-5050

13d. Dental

At this point in the application process, you need to be aware that the USNA Office of Admissions assumes that all new Midshipmen will arrive at Annapolis with excellent medical and dental health, ready to immediately initiate an extremely rigorous Plebe summer and academic Fourth Class year. It is our intention to ensure you complete all requirements during Plebe summer uninterrupted by medical or dental conditions that require time away from your duties.

The USNA has an exceptional Dental Department that will provide all general and specialty dental care required

during your four years at the Academy. It is strongly suggested, however, that each perspective Midshipman have a complete dental examination performed by his/her family dentist prior to reporting in order to have any acute dental conditions completed prior to reporting. Examples of acute dental conditions include any cavities or tooth decay that require restoration or extraction of any wisdom teeth that are indicated for extraction. If extraction of wisdom teeth is performed prior to reporting, it is best that the surgery take place at least four weeks prior to I-Day to avoid any post operative complications that might be ongoing.

If the perspective Midshipman is undergoing active orthodontic treatment, the Dental Department has an orthodontist available to continue care. A waiver to matriculate into the Academy with braces should have been completed during the application process. If you plan to continue treatment at the Academy, you must have your waiver in hand upon arrival during I-day. Additionally, you must have a copy of your initial treatment plan and all orthodontic records to bring to your dental exam in the weeks following I-Day. This is required to ensure smooth transfer and continuity of care. If you do not have a waiver, braces must be removed prior to arrival on I day.

If you have questions, please contact the staff orthodontist at 410-293-3901.

If you have any questions concerning dental treatment, contact the Director, Dental Services, CDR (b) (6) at (b) (6) or (b) (6).

14. Letter from the Dean of Admissions

Please read the letter from the Dean of Admissions. This letter is yours to keep.

15. Letter from the Associate Dean for Academic Affairs and Academic Background Questionnaire for the Class of 2019

Read the letter and complete the Academic Background Questionnaire for the Class of 2019 as listed in the enclosed letter from the Associate Dean for Academic Affairs. The Questionnaire can be found in the Candidate Information System.

16. Additional Clothing and Equipment (ACE) Loan

All reporting plebes will receive an interest-free government loan to help with initial expenses. Refer to the enclosed document entitled "ADVANCE FOR CLOTHING AND EQUIPMENT (ACE) LOAN INFORMATION CLASS OF 2019" and the "Budget Book" at the link provided on the Plebe Summer website for information specific to the financial obligation of all incoming Plebes and the processing of scholarships. No entrance fee is required. General pay-related questions can be referred to the Midshipmen Disbursing Office, 410-293-3301.

Section II – Administrative Preparations: Complete for Induction Day

Items in this section require action to be completed prior to reporting on Induction Day. Bring completed forms 17-19 with you to check-in.

17. Command Religious Program

The Command Religious Program offers a wide variety of worship services, religious education programs, pastoral counseling, and other activities that are available for your moral, spiritual, and religious enrichment throughout your four years as a Midshipman. Eight chaplains - all experienced

Naval Officers - are assigned to the Naval Academy. These chaplains represent four Protestant denominations, the Roman Catholic Church, and the Jewish faith. The chaplains' mission is to care for everyone by providing ministry to members of their own faith groups and facilitating the free exercise of religion for other faith groups.

Worship services and other devotional activities are an integral component of the Plebe Summer routine for Midshipmen, including three Protestant worship services and two Catholic Masses on Sundays. There are also specific opportunities for worship and fellowship among Jewish Midshipmen and members of the Church of Jesus Christ of Latter-Day Saints, the Church of Christ, and the Church of Christ, Scientist. Lay leaders conduct prayer services for adherents of Islam. Please note that the unique training environment of Plebe Summer requires that parents do not visit Plebes during Plebe Summer worship services with the exception of Parents' Weekend. Candidates are allowed to bring a copy of their chosen Holy Scripture (e.g. Bible, Quran, etc.), but please do not bring devotional material.

Your Naval Academy chaplains welcome you to Annapolis and look forward to assisting you in your moral and spiritual development.

18. NCAA Certification of Transfer Eligibility

This form is used to determine eligibility for intercollegiate athletics, **whether you plan to participate or not**. Please list **EVERY** prep school, junior/community college, four-year university/college and any military service since graduating from high school. It is extremely important that you note the **hours taken each semester and the sport(s) you participated in** while attending an institution of higher learning or in the military.

19. Plebe Sponsor Questionnaire

Please access the Naval Academy Candidate Information System (link available on the USNA Admissions home page) to submit this questionnaire online. It should be completed as soon as possible. The Plebe Sponsor Questionnaire must be completed regardless of whether you wish to participate in the program or not.

This questionnaire will be used to match each Plebe with a sponsor family of similar interests. If you know of someone who you would like to have as your sponsor and who lives within 30 miles of the U.S. Naval Academy, please provide that information on the Plebe Sponsor Questionnaire. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information and in the enclosed letter from the Commandant. More information about the Plebe Sponsor Program can be found in Section IV under Parent Information, in the enclosed letter from the Commandant, or by calling the Sponsor Program Office at 410-293-7031.

20. Alumni Association and Foundation Forms

Please complete and postmark all information by 22 May 2015.

Plebe: The attached 3x5 white Life Membership at Graduation Form is to be returned in the envelope marked "USNA ALUMNI ASSOCIATION RECORDS – ATTN CLASS OF 2019 FORMS."

Parents: The yellow Plebe/Parent Information Form discussed in the enclosed letter from the President of the Alumni Association, and the Associate Membership Sign Up Form, addressed in the enclosed letter from the Director,

Membership and Business Operations, should be returned in the envelope marked "U.S. Naval Academy Alumni Association Membership." During Induction Day you will have an opportunity to speak with representatives from both the Alumni Association and Foundation.

Section III - Miscellaneous

Items in this section discuss several important issues that will better prepare you for Plebe Summer.

21. Midshipman Publicity Background Record (USNA PYA 5720/3) and Fill-in-the-Blank News Release

The Midshipman Publicity Background Record is used by the Naval Academy Public Affairs Office for biographical information about you when we respond to media queries and/or prepare news stories or photograph captions. Disclosure of this information is entirely voluntary and will allow the Public Affairs Office to publicly release information about your accomplishments at the Naval Academy.

Please fill out the form in its entirety, sign it at the bottom, and return it to the Naval Academy in the envelope marked PAO by 22 May 2015.

The Fill-in-the-Blank News Release form is used to notify your local news outlets of your child's induction into the Naval Academy. Disclosure of this information is entirely voluntary. This form does NOT need to be returned to the Naval Academy. You may complete and submit the form to your local news outlet of choice.

22. Physical Fitness and Recommended Exercise Routine

Physical education is an important part of the program at the Naval Academy. To ensure that you are physically prepared for Plebe Summer, you are encouraged to start a program designed to help develop cardiovascular endurance and upper body strength. We have provided you with a sample program and workout charts as an enclosure in the package. Listed below are a few examples of some of the physical requirements of Plebe Summer to help you prepare for the types of activities in which you will be participating:

- **90 minutes, five days per week of strenuous physical calisthenics to increase cardio-respiratory fitness, muscular strength, endurance, flexibility and confidence.**
- **Run up to 4.5 miles at a 7-8-minute per mile pace, interval and sprint training.**
- **Obstacle and endurance courses that test balancing, leaping, climbing and team building skills.**
- **Hand to Hand training that incorporates martial arts, boxing, and wrestling.**
- **Climbing Wall training that involves upper body muscular strength and endurance, team building, and acclimatization to heights.**

It is imperative that you begin the recommended exercise routine, or one similar to it, NOW! Some common injuries historically seen during Plebe Summer, such as shin splints and minor foot, leg and back injuries, are related to being out of shape and can be prevented by your preparation beforehand.

Upon arrival, an Initial Strength Test (IST) will be administered to determine whether a Midshipman meets the minimum standards of physical fitness for Plebe physical training. At the end of Plebe Summer and during each semester, each Midshipman is required to pass a Physical

Readiness Test (PRT). Failure to pass this test will result in assignment to a remedial program. The test consists of two minutes of timed push-ups and curl-ups followed by a timed 1.5 mile run. Passing the PRT every semester is a requirement for service at the Naval Academy. **Failure to pass the PRT may result in separation from the Naval Academy.**

For your information, the maximum and minimum scores for the PRT are as follows (women's standards are in parentheses):

- Maximums - push-ups: 101 (85), curl-ups: 101 (101), 1.5 mile run: 8:15 (9:35)
- Minimums - push-ups: 45 (20), curl-ups: 65 (65), 1.5 mile run: 10:30 (12:40)

It is suggested that you be able to swim a minimum of 100 yards utilizing any stroke and be able to tread water for 15 minutes. Failure to complete these tasks will result in assignment to the swim remedial program. Show up in shape, bring comfortable shoes, and most importantly ...

Stick with the program!

23. Information on Vehicular Access to the Naval Academy

During I-Day vehicular access to USNA will be restricted. Vehicular access for pick-up and drop-off during I-Day will be granted to individuals presenting their Midshipman's Permit to Report letter along with a government issued picture ID. Parking on the Yard by parents during I-Day will not be authorized. Similar restrictions are implemented for various events throughout the school year such as Parents' Weekend and Commissioning Week.

Parents of Midshipmen will receive an ID card in the mail which, when presented with a photo ID, can be used to access the Academy with a vehicle 24 hours a day/seven days a week during your Midshipman's attendance at USNA. The pass expires two weeks after his or her graduation. It is not vehicle specific and may be used with rental cars. These cards are available for Midshipman parents, step-parents, and legal guardians only. No action is required to receive the initial card as it will arrive in early August. Each parent should receive his/her own card (maximum of two).

If a new card is required due to loss, change of address etc., it must be requested by the Midshipman via email to parkingandaccess@usna.edu or by the Midshipman visiting the Pass and ID office located in the Visitor Access Center at Gate One. A temporary pass may be issued immediately if the Midshipman applies in person. A new card will be available for pick up by the Midshipman or parent with proper photo ID. For parents arriving after hours and requiring access without a card, proceed to Gate Eight, present a government issued photo ID, and let the Sentry know identity as a Midshipman parent. The Sentry will check the database and facilitate entry.

The Midshipman Parent's Pass, which will arrive in August, replaces the Permit to Report letter to gain entry for the remainder of their Midshipman's attendance at USNA. Parking will be available at Navy-Marine Corps Stadium and at public parking lots in Annapolis.

Please direct any questions concerning vehicle access to the Pass & ID office located in the Visitor Access Center at 410-293-5762 or 410-293-4019. They are open from Monday through Friday, 0600-1530, closed on weekends and holidays.

REMINDER: The Office of Admissions will NOT

be able to help you with any questions regarding vehicle access to the Naval Academy or be able to duplicate Permit to Report Letters.

24. Naval Institute Membership Invitation

If you would like to be a member of the Naval Institute, visit their website at www.usni.org.

Section IV - Background and Additional Information

Proof of Citizenship and Police Record Check

When you received your Fully Qualified Offer of Appointment from the Superintendent, you were asked to submit both proof of citizenship and a police record check. If you have not already done so, please ensure that the information is postmarked to Nominations and Appointments by 22 May 2015. **Do not return in the manila envelope addressed to the “Commandant of Midshipmen.”**

Any one of the following can serve as proof of citizenship. Only originals, original copies from the issuing authority, notarized copies, or a certified true copy will be accepted. If a passport is going to be used, please send a notarized copy rather than the original.

- United States Birth Certificate
- United States Passport (if issued within the last two years)
- Certificate of Naturalization
- Certificate of Citizenship
- Consular Report of Birth Abroad

All candidates accepting their appointment to the Naval Academy are required to obtain a routine police record check from their local police department **prior to reporting to the Academy** on I-Day. You should have received your forms and instructions earlier with your Appointment Offer. To ensure a thorough police record check, you should determine all jurisdictions in which you have lived during the last five years, including your city or town police department, sheriff or constable’s office, school law enforcement office, and the jurisdiction where you work or go to school, if it is different from where you reside. The police record check is for all violations of the law, including minor traffic and non-traffic violations. If you were charged with a misdemeanor or felony, a copy of the court record is required.

If your law enforcement office has a policy preventing the release of this information, ask them to provide a statement of their policy in lieu of the police record check. You must also submit a signed statement indicating whether or not you have any violations of the law.

If you have any questions regarding proof of citizenship (what type of documentation is required in your particular case or to confirm receipt) or the police record check (unable to complete it prior to I-Day, assistance needed in obtaining the information requested), please contact the Office of Admissions at 888-249-7707, ext. 3-4392. If you lost the return envelope from your Offer of Appointment, send your proof of citizenship and police record check to:

U.S. Naval Academy
Office of Admissions
Attn: Nominations and Appointments
52 King George Street
Annapolis, Maryland 21402-1318

Social Security

If you do not already have a Social Security card, you

must obtain one promptly. All candidates reporting to the Naval Academy for admission as Midshipmen must have in their possession a Social Security card so that wages may be credited to their accounts.

Candidates receiving Social Security benefits will no longer be eligible for these payments after entering the Academy. The Social Security Administration advises that Midshipmen are not so entitled because they are employees of the United States while they are attending a U.S. service academy. Therefore, if you are receiving this benefit, you must inform the appropriate Social Security Office of your decision to enter the Naval Academy and give them the date of induction.

Travel Expenses

Ensure you have a copy of the “Midshipman Accession Travel Form” that you sent in to nomapps@usna.edu with you at check-in, along with all associated receipts for travel expenses, including tickets or copies of e-tickets, from your home to the Naval Academy with you on I-Day to support your travel claim for reimbursement.

If you arrange and pay for your Midshipman’s travel, you will be reimbursed for your travel expenses from your home to the Naval Academy following induction up to the authorized government cost. Per Public Law 104-134, all federal government payments must be paid by Electronic Funds Transfer (EFT). For air or rail travel, reimbursement will be limited to the lesser of the actual cost or the cost of a government ticket. Use of frequent flyer miles is not an authorized reimbursable expense. If you choose to travel by privately owned vehicle (POV) you will be reimbursed for mileage and per diem in accordance with the Joint Federal Travel Regulations.

Tourist Passport Information: “Join the Navy and see the world!”

The Midshipmen summer training program offers the opportunity to travel to foreign ports during summer training cruises. Overseas ports of call include Australia, Singapore, Japan, Korea, Italy, Spain and many others. A tourist passport is the preferred document for overseas travel and increases a Midshipman’s opportunity to be assigned to overseas cruises and to travel abroad during summer training and leave periods. Additionally, a tourist passport will be beneficial after graduation while serving in the fleet. Overseas training is an effective and rewarding experience that contributes to a Midshipman’s professional development and geo-political awareness.

The United States Naval Academy Summer Training Office has encouraged all reporting candidates to obtain or apply for a civilian passport prior to reporting to the Academy on Induction Day.

A civilian passport may be applied for at many U.S. Postal offices and designated passport locations. You will need two passport pictures. These photos can be obtained at various locations. The cost is usually \$10 to \$15 for the pictures and \$100 for the passport fee. A civilian passport is good for 10 years from the issue date. Additional information can be found on the web at http://travel.state.gov/passport/passport_1738.html, in the yellow pages under “Passport and Visa Services,” and/or at your local post office.

Bus Service From BWI Airport

For those who will be arriving by air on Tuesday, 30 June 2015, a complimentary bus service will be provided from Baltimore-Washington International Thurgood Marshall Airport (BWI) to the Naval Academy. The bus runs from 7

a.m. to 11 p.m. This service is only for candidates who are traveling by themselves. We regret that we are unable to accommodate family members or friends on these buses.

Upon arrival at BWI you are directed to check with the United States Naval Academy Information Desk (Customer Service Desk) located near the International Terminal Baggage Claim area of the airport. Signs will be placed at each of the main escalators directing you to the Customer Service Desk. The Customer Service Desk times vary; however, Naval Academy representation will be there from 7 a.m. to 11 p.m. on Monday, 30 June 2015. They will advise you of the next bus and where to meet it. This bus service is free of charge for all candidates.

Midshipmen and Ensigns or Second Lieutenants will be standing by to assist and ensure your safe arrival to the United States Naval Academy in Annapolis, Maryland. In case of emergency, call the Officer of the Watch at the Main Office in Bancroft Hall at 410-293-5001.

Those candidates who arrive before the Information Desk is set up or after it has closed should use the public transportation available (either taxi or shuttle) for transit to Annapolis. The cost is approximately \$40 and is refundable through your travel claim. Please bring all receipts with you; if you choose to arrange your own transportation, it is recommended to schedule arrival flights to BWI Airport to take advantage of this bus service being provided by the Naval Academy. Transportation from Ronald Reagan National Airport or Dulles International Airport is not provided by the Naval Academy and should be arranged via taxi or limousine (approximate cost \$50, refundable through your travel claim).

Induction Day

I-Day for the Class of 2019 is scheduled for Wednesday, 1 July 2015. The enclosed Permit to Report tells you exactly what time to report to the Naval Academy to begin the day-long induction process. For some candidates, this will be as early as 6:30 a.m.; for others it will be later in the morning. The important thing is to arrive in the Annapolis area with plenty of time to spare, making reasonable allowances in your plans for unexpected delays, including those caused by heavy I-Day traffic in Annapolis.

If you plan to arrive in the Annapolis area prior to I-Day, you should make your own arrangements for lodging. Unfortunately, no reimbursements can be made for the use of commercial lodging facilities. For information on lodging in the Annapolis area call the Annapolis and Anne Arundel County Visitors Bureau at 410-268-0445, or go to www.visitannapolis.org. If you wish, candidates **only** may elect to spend the night prior to I-Day in Bancroft Hall, the Midshipmen's dormitory. In that case, report to the Main Office in Bancroft Hall for dormitory accommodations. Meals will not be provided prior to I-Day, but you will be permitted (and are encouraged) to go into town to get something to eat the night before I-Day.

Annapolis is hot and humid during the summer. We recommend that you report to the Naval Academy in lightweight slacks, a short sleeve shirt or blouse, and athletic shoes. Women should not wear skirts. If you are reporting from NAPS or from enlisted service, report in the Uniform of the Day. NAPS candidates will change into NAPS PE gear for the actual processing. Regulation Navy and Marine Corps PT gear will be authorized for all candidates reporting from the Fleet. You will be issued a summer working uniform and tennis shoes during I-Day. All candidates will be issued nearly everything that they will need for the duration of the

summer, but candidates will be allowed to bring and utilize the following clothing as long as it meets Naval Academy uniform criteria:

- ☐ White jockey-style brief underwear (18 briefs will be issued on I-Day).
- ☐ White crew neck fitted cotton undershirts (9 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White V-neck fitted cotton undershirts (15 undershirts will be issued on I-Day). Undershirts will be worn under uniforms and need to be tight fitting.
- ☐ White athletic tube socks (22 pairs of socks will be issued on I-Day). Tube socks need to reach just below mid-calf. Ankle socks will not be authorized for wear.
- ☐ Black or Navy Compression "Spandex" Shorts (6 shorts will be issued on I-Day). Shorts shall be worn underneath issued running mesh shorts.
- ☐ White sports bras (11 sports bras will be issued to females on I-Day).
- ☐ White or nude brassiere (NO regular bras will be issued to females on I-Day. Recommend bring 2). Plebes will have few opportunities to wear these over the summer; however recommended that regular bras be worn during uniform fittings.
- ☐ Running shoes (**See Note 1 below**).
- ☐ Toiletries (razors, shaving cream, toothbrush, toothpaste, shampoo, liquid soap, hygiene products. Plebes will have at least one visit to the Midshipmen Store over the summer to purchase necessary items.
- ☐ Enough money to last six weeks. Spending opportunities are limited to a few occasions over the summer. Recommend around \$100.
- ☐ An inexpensive scientific calculator for placement exams. Exams are taken the first few days of Plebe Summer.
- ☐ Athletic shoes for any sports in which you will participate (i.e. soccer cleats, basketball shoes).
- ☐ Athletic equipment for any sports in which you desire to participate (i.e. lacrosse stick, tennis racket, baseball glove). Do not bring heavy or bulky equipment such as weights, bicycles, or golf clubs.
- ☐ Cellular Phone (**See Note 2 below**).

NOTE 1 (RUNNING SHOES): All candidates will be issued running shoes on I-Day; however, candidates are highly encouraged to bring their own "broken-in" running shoes. Candidates will be authorized to wear these running shoes during physical training evolutions in order to cut down on medical injuries such as shin splints and blisters. Recommend consulting an athletic store that specializes in running to advise you on what running shoe is best for your foot type.

NOTE 2 (CELLULAR PHONES): If you wish, you are permitted to bring a cellular phone to facilitate calling home during specified times over the summer. When not being used, your cellular phone will be stored for you in a secure location (you will not be allowed to keep it in your room during Plebe Summer). If you don't bring a cellular phone, you will be provided access to a telephone to make these calls.

Over Plebe Summer you will be allowed to display pictures, postcards, or other similar personal items, although these items must fit on a 2' x 2' corkboard. Candidates should report with only minimal clothing in addition to the prescribed underclothing. The wearing of cosmetics and jewelry is not permitted during Plebe Summer. The only exception is a religious medallion necklace whose chain is long enough to prevent it showing in uniform. Wrist watches and electrical grooming equipment will NOT be authorized for use over Plebe Summer; however, all Candidates are authorized to bring these items with them on I-Day. If you choose to bring them with you on I-Day, they will be inventoried along with your civilian clothing and stored for you over the summer in a secure location. It is recommended that you bring all of these items in a collapsible overnight bag labeled with your name. Fourth Class Midshipmen are not authorized to have civilian clothes at the Naval Academy, and the clothing that you report in for I-Day will be returned to you over Parents' Weekend in order to return home with your parents. Candidates are highly discouraged from bringing high value items to Plebe Summer. Things you may **not** bring include:

- ☐ Stereo equipment
- ☐ Clock radios
- ☐ Lamps
- ☐ Over-the-counter medication
- ☐ Civilian clothing other than what you are wearing on I-Day and the items listed above

At your assigned reporting time on I-Day, you will be required to leave the company of relatives and friends to report to Alumni Hall to begin your induction processing. Refreshment stands, tours of the Naval Academy, an orientation briefing, and a picnic sponsored by the Alumni Association will be available during the day for relatives and friends who choose to remain for the Oath of Office Ceremony. There is a brief period of time set aside later in the afternoon, immediately following the Oath of Office Ceremony, to meet with relatives and friends. This is a good time to say your farewells. The next opportunity to visit with relatives and friends will be during Parents' Weekend, 13-15 August 2015.

Grooming Standards

Men's Hair and Beards. Midshipmen are required to keep their hair neatly trimmed. Mustaches and beards are not permitted. On I-Day, all male Plebes will receive a crew cut and will be required to keep this standard throughout Plebe Summer. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Women's Hair. All female Plebes are required to have a haircut that is above their chin. Braids are authorized. If hair is not within regulations upon arrival on I-Day, female Plebes will receive a haircut. After the initial haircut on I-Day, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Plebes will be authorized the use of two small barrettes similar to natural hair color over the summer. Rubber bands and bobby pins are not authorized over Plebe Summer to keep hair up with the exception of physical training. Upon the conclusion of Plebe Summer, Fourth Class Midshipmen will be authorized to comply with academic year grooming standards.

Medical/Dental

On Induction Day you will undergo a brief medical examination to ensure that you are still physically qualified

for admission. You must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm no problems have developed since you had your candidate (DoDMERB) medical examination. If you have undergone surgery or had a serious illness or injury since that exam, or if your health is in question for any reason, you should expect to be examined more thoroughly.

Be aware that on the day you report for admission, you must be within the weight and body fat standards applied at your candidate medical examination or you will risk disqualification and not be permitted to enter the Class of 2019. Consult the height and weight standards in the online catalog to be sure you remain well within the requirements.

Optometry

To safeguard the health and career potential of our incoming Midshipmen the following rules shall be enforced:

Do not undergo corrective vision surgery (e.g. **PRK, LASEK or LASIK**) as this may be **disqualifying** and may not be waived for entry.

During Plebe Summer:

1. **No contact lenses are authorized during plebe summer.**

2. Glasses will be provided on I-day based upon your submission of the Spectacle Prescription Information form enclosed. **No civilian glasses will be permitted.**

Be advised that tinted or lenses that become tinted with sunlight are not permitted during military parades, military training, and inspections, these should not be your primary glasses.

However, you **should bring** two pairs of your most recently prescribed glasses, a supply of contact lenses (if you wear them) for use after the summer, and paper copies of your most recent glasses/contact lens prescriptions.

Health Status

If you have had any change in your health since your DoDMERB examination, you must notify us. Areas of particular concern are any and all surgery, orthopedic injuries (broken bones or joint injuries), head injuries, hospitalization, vision changes, loss of consciousness, and any condition which might preclude your full participation in our rigorous athletic program. Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

U.S. Naval Academy
Office of Admissions
Attn: Medical Liaison
117 Decatur Road
Annapolis, MD 21402-5018
410-293-4381
Fax: 410-293-1819

Medications

If you are taking medication prescribed by a physician, you must bring it with you on I-Day. The medication must be in a labeled container and you must bring a note from the physician stating the name of the medication, the dosage, the dates the medication is intended to be taken, and the reason it was prescribed. You will be evaluated and, if the medication is felt to be appropriate, the condition will be documented in your health record and you will be authorized to continue using the medication. **DO NOT** bring over-the-counter (OTC) medications (e.g. Motrin, Tylenol, Tums, cold tablets),

food supplements or vitamins. If you have any questions or concerns regarding your health status or medications, please contact the Senior Medical Officer.

Medical Care for Seriously Ill or Injured Midshipmen

When a Midshipman becomes ill or injured, the Navy will provide or pay for qualified medical expenses incurred as a result of the illness or injury, similar to benefits provided all active duty members of the U.S. Armed Forces, so long as the Midshipman remains physically qualified for commissioning. Care is normally provided in government health care facilities. Payment for care received in civilian medical facilities generally is not authorized, although exceptions may be made for emergencies. In the event long term inpatient medical care is required, a Midshipman typically will be treated at a suitable military or VA hospital.

If a Midshipman's medical condition is such that his or her suitability for commissioning is questionable, a medical board consisting of Navy physicians will be convened. The board will report its findings and recommendations to the Superintendent. If the board finds a Midshipman is not physically qualified for commissioning and the Superintendent concurs with those findings, the recommendation that the Midshipman be disenrolled from the Academy will be forwarded to the Secretary of the Navy. The Secretary of the Navy will take final action on the recommendation.

NOTICE: We strongly recommend that you contact your local health insurance provider to discuss your and your parents' options of procuring and maintaining private medical insurance to ensure medical coverage in the rare case you become seriously ill or injured and are separated from the Naval Academy prior to graduation/commissioning. Please discuss this matter with your parents and contact your local health insurance provider to discuss options for coverage. Generally, such coverage is inexpensive (or can be maintained at no cost through parent's employer) and can prevent serious financial problems. In the highly unlikely event you develop or are discovered to have a disqualifying medical condition (e.g. epilepsy, diabetes mellitus, ulcerative colitis, serious injury) requiring separation from the Naval Academy, your ability to obtain health insurance will be significantly compromised. Also, be aware that Midshipmen only qualify for limited disability benefits, making private insurance more important if a catastrophic injury or illness occurs. For this reason, if for no other, having private health insurance already in place will be a wise investment in securing future coverage for health care that might not be possible to obtain after a diagnosis has been made.

Tattoos, Brands, Body Piercing

Navy Regulations prohibit tattoos, body art, or brands that are visible in a Navy uniform; e.g., those on the head, face, neck, scalp, arms or hands. Further, regulations state "tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited." Body art and ornamentation, therefore, that are excessive, obscene, sexually explicit or that advocate or symbolize sex, gender, racial, religious, ethnic or national origin discrimination or gang affiliation, supremacist or extremist groups, or drug use are strictly prohibited. If you have such a tattoo or skin amendment, contact the Director, Nominations and Appointments promptly, in writing. The Naval Academy prohibits members of the Brigade of Midshipmen or

members of the Naval Academy Preparatory School from acquiring body alterations to include: tattoos, brands, body piercing or other intentional self-mutilation. All tattoos/body art/brands on the head, face, neck or scalp are prohibited.

Included in your Offer of Appointment package was a statement of understanding regarding body alterations, which you should have completed and returned with your offer of acceptance. If you did not return the form, submit it immediately to the Director, Nominations and Appointments at the address in the "Health Status" paragraph. Once the statement of understanding regarding body alterations is received, USNA Admissions will inform any candidate whose body alterations are being reviewed for compliance with USNA policies. The Body Alteration Review Board will convene in May 2015 to screen all statements of understanding regarding body alteration(s). Following the Body Alteration Review Board, USNA Admissions will inform the affected candidates of the Commandant's decision regarding the acceptability of their particular body alterations. Admissions will clearly delineate any requirements the appointee must meet (e.g. remove part or all of a particular tattoo) prior to Induction Day or reporting to NAPS.

Pre-existing body alterations must comply with the Naval Academy policy or they must be removed/replaced at the candidate's expense unless a waiver is granted by the Naval Academy Body Alteration Review Board. Any pre-existing body alterations shall not be visible in the Summer White Uniform, "either on the skin that shows outside of the uniform or through the fabric."

Any candidate who reports with a tattoo, brand, or body piercing which does not conform to our policy, who has not been cleared through the procedure explained in our correspondence, or has not contacted the Director, Nominations and Appointments should anticipate not being inducted into the Brigade.

Color Vision Screening

On I-Day you will be screened to confirm that you have normal color vision.

Alcohol and Drug Screening

The Department of Defense, Navy, and Naval Academy regulations clearly prohibit the use of illegal drugs, including anabolic steroids. The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use within 72 hours of being formally inducted. You will be required to submit a urine specimen for drug testing and to undergo breathalyzer testing for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.

HIV Testing

Blood samples drawn on I-Day will be tested for antibodies to the Human Immunodeficiency Virus (HIV), the agent responsible for the Acquired Immune Deficiency Syndrome (AIDS). Any individual confirmed to be HIV antibody positive will, after thorough evaluation, education, and counseling, be separated from the Naval Academy. Strict confidentiality will be observed in any such case.

Dental Examination

A dental screening examination will be conducted during Plebe Summer. It is highly recommended that you report to Induction Day dentally healthy. This would include a recent dental check-up including third molar (molar tooth)

evaluation by a general dentist and/or an oral surgeon. If you have any concerns about your dental status, you should report all relevant information to:

CDR (b) (6), DC, USN
Director, Brigade Dental Unit
U.S. Naval Academy
101 Sands Road
Annapolis, MD 21402-5077
(b) (6)

Be sure to include your full name and social security number on all correspondence regarding your medical and dental status.

Contacting Midshipmen in an Emergency

In the event of an emergency, your parents or guardian should notify the Officer of the Watch at the Main Office in Bancroft Hall 410-293-2701/2702. The Officer of the Watch will ensure that appropriate actions are taken.

Telephone messages of non-emergency but urgent nature may be relayed through the Midshipmen watch standers at the Main Office, 410-293-5001/5002.

Mailing Address for Midshipmen

Plebes are able to receive mail during Plebe Summer. The proper format is:

MIDN John L. Doe
USNA Class of 2019
X Company, X Platoon
Annapolis, MD 21412

Plebes will learn their Company and Platoon designators on I-Day. After Plebe Summer, Midshipmen will receive a P.O. Box number for use in receiving mail. The only zip code midshipmen can receive mail to is 21412.

Care Packages

“Care package” is a Midshipman term for goodies from home and is a very effective morale booster. However, during the controlled training environment of Plebe Summer, the sending of junk foods to a Plebe is highly discouraged. Provide the following guidelines to anyone who will be sending care packages.

- Please limit the size of the shipping container to no larger than a shoe box. All food should be shipped in an airtight container.
- All items should be single serving and non-perishable. There are no refrigerators available in Bancroft Hall for food storage. No medications or vitamins are allowed.
- Junk food is highly discouraged during Plebe Summer. The regimen of Plebe Summer is a controlled training environment and requires adherence to a healthy diet.
- Due to health concerns and storage limitations, excess junk food that cannot be stored or consumed immediately will be disposed of.
- Some suggestions for things to include in care packages:
 - Individually wrapped granola bars or energy bars
 - Powdered sports drink mixes
 - Letters from home

E-mail

You will be assigned an e-mail address upon the completion of Plebe Summer. This e-mail address will remain the same during your four years here. During Plebe Summer training, you will not have access to a computer to

send or receive e-mails.

Reef Points

The annual handbook of the Brigade of Midshipmen will be issued to you on Induction Day. During the course of Plebe Summer, you will be required to commit portions of it to memory and be familiar with all of its contents.

When reporting for I-Day, Plebes will be expected to know verbatim the Mission of the United States Naval Academy, the administrative chain of command, and the first three General Orders of a Sentry.

The Mission of the Naval Academy

To develop Midshipmen morally, mentally and physically and to imbue them with the highest ideals of duty, honor, and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government.

Your Administrative Chain of Command:

Commander in Chief: President Barack Obama
Secretary of Defense: The Honorable Ashton Carter
Secretary of Navy: The Honorable Ray Mabus
Chief of Naval Operations: Admiral Jonathan Greenert, USN
Superintendent of USNA: Vice Admiral William E. Carter, USN
Commandant of Midshipmen: Captain William Byrne, USN

First Three General Orders of a Sentry:

First: To take charge of this post and all government property in view.

Second: To walk my post in a military manner, keeping always alert and observing everything that takes place within sight or hearing.

Third: To report all violations of orders I am instructed to enforce.

The Naval Academy Commitment

The Naval Academy makes a commitment when you accept an appointment as a Midshipman. You are assured of the opportunity for a solid, first-rate college education that is nationally respected. You also are presented the opportunity to grow personally—learning integrity, leadership and the heights of your own abilities. Finally, you are promised comprehensive professional training that will prepare you well for challenging opportunities later as a Navy or Marine Corps officer.

There is still another part of the Naval Academy commitment that reinforces everything else. The admissions process is designed to accept only those applicants who can meet the academic and military challenges at the Academy. Therefore, every Midshipman is guaranteed the opportunity and support necessary to succeed. Members of the Naval Academy’s faculty and staff are committed to this principle. The personal counseling network, small class sizes (typically of 20 or fewer students), protected study periods, availability of extra academic instruction until 11 p.m. daily, modern educational facilities and sponsor program all reflect that commitment. The fact that more than 80 percent of those entering the Academy successfully complete the four-year program is proof positive of that commitment.

In return for the Naval Academy’s commitment, you are asked to make a commitment. You must accept the challenge of a rigorous program integrating academic studies, military training, physical education and athletics. You also take an Oath of Office accepting appointment as a Midshipman in

the United States Navy, the first step toward becoming a commissioned Navy or Marine Corps officer.

The purpose of the Naval Academy is to prepare Midshipmen to become professional officers in the United States Navy and the United States Marine Corps. You should enter the Naval Academy fully prepared to undertake the challenging four-year curriculum and to serve as a Navy or Marine Corps officer for a minimum of five years after graduation. A naval career is an exciting one. During the fall semester of their senior year at the Academy, Midshipmen receive their service assignment into various naval warfare communities. Assignment is based on performance, individual preference, and needs of the Navy. Most Midshipmen are assigned to either serve as Surface Warfare Officers, Navy Pilots or Flight Officers, Submarine Officers, or Marines. A few Midshipmen are assigned to Special Warfare (Navy SEALs) and Special Operations (Explosive Ordnance Disposal) as well.

After graduation, most newly commissioned officers report directly to their professional school and then to the Fleet or Fleet Marine Force. The lessons learned after four years at the Naval Academy are put to immediate use.

Plebe Summer

Plebe Summer's orientation program is fast-paced and begins the four years of military training you will receive at Annapolis in preparation for your commissioning as an officer. Upon arrival, you will begin your military indoctrination at USNA. You will march and wear a uniform your very first day.

Your military training throughout the summer will be under the close supervision of selected First Class Midshipmen (seniors), commissioned officers and senior enlisted service members. The basic military training unit is a squad. Each squad is made up of about 10 Plebes. You will be assigned to a squad, and since the development of teamwork is a vital aspect of your training program, you will be expected to participate fully in all activities of your military unit.

Plebe Summer is a very intense environment. Stress is a deliberate part of the program. You will march, swim, sail, be trained and tested in physical fitness, fire both a pistol and a rifle, compete in athletics, and go to classes, all as a member of your military unit.

You will experience both success and failure. It is not uncommon for some individuals to question themselves when placed in a stressful environment. Your successes will be rewarded with commendations, and your failures will result in constructive criticism and guidance. Through it all, you must maintain a healthy perspective and learn from your experiences. If you work hard and maintain a sense of humor, Plebe Summer will be a rewarding experience you will never forget or regret.

If you make the decision to leave, you can expect to be interviewed by several commissioned officers to make sure your decision is a sound one and not based on emotion. They will be well-equipped to discuss the Naval Academy after Plebe Summer and the difficulty of adjusting to military life. If you still desire to resign, your letter of resignation will be forwarded to the Officer-in-Charge of the Fourth Class Regiment, and it should take approximately seven to ten working days to process separation from that point.

A final note regarding Plebe Summer: Your abrupt entry into a new way of life, featuring the mental stress and physical exertion of a military environment, may lead

to temporary physiological changes. For example, eating habits and bodily functions will probably change. Once you have adjusted to your new way of life, mental and physical reactions should return to normal. Our medical personnel are available to assist you with this and any other questions or problems you may have while at the Academy.

The Honor Concept

The Honor Concept of the Brigade of Midshipmen is a simple standard of integrity to which every honorable person aspires. Simply stated:

*“Midshipmen are persons of integrity:
They stand for that which is right.
They tell the truth and ensure that the full truth is known
They do not lie.
They embrace fairness in all actions.
They ensure that work submitted as their own is their own, and that assistance received from any source is authorized and properly documented.
They do not cheat.
They respect the property of others and ensure that others are able to benefit from the use of their own property.
They do not steal.”*

The Honor Concept is based on the assumption that each individual has the moral courage and the desire to do the right thing because it is right, not through fear of punishment.

Learning to accept and apply the concept is in itself an educational objective. Midshipmen are expected to make conscious decisions regarding its application and to accept the moral consequences of their decisions. The concept and its application are consistent with Navy and Marine Corps practices and traditions, and its acceptance and usage at the Academy enhance the preparation of Midshipmen for service in the Fleet.

The concept not only applies to Midshipmen while at the Naval Academy or while in training at some other duty station, it also applies while on leave or liberty. Honor and personal integrity are expected to be basic to every Midshipman's life. The Honor Concept was originated by members of the Brigade of Midshipmen, and the responsibility for its operation and administration continues to rest with the Midshipmen to this day.

The Honor Treatise

The Honor Treatise of the Brigade of Midshipmen reinforces the Honor Concept. Written by Midshipmen, its goal is to capture the purpose and vision of the Honor Concept as a principle based system.

“As a Brigade we cherish the diverse backgrounds and talents of every Midshipman yet recognize the common thread that unites us: the trust and confidence of the American people.

They have appointed us to defend our country by developing our minds, our bodies and most especially, our moral character.

It is our responsibility to develop a selfless sense of duty that demands excellence both of ourselves and of those with whom we serve. We must honor our loyalties without compromising our ultimate obligation to the truth. Our leadership must set a standard that reflects loyalty to our goals and the courage to stand accountable for all our actions, both those that lead to success and to those that end in failure. We will never settle for achieving merely what is

expected of us but will strive for a standard of excellence that reflects the dedication and courage of those who have gone before us. When we attain our goal, we will raise our expectations; when we fall short, we will rise up and try again. In essence, we espouse leadership by example, a leadership that will inspire others to follow wherever we may lead.

Countless challenges and trials lie before us. We believe that those with the strongest moral foundation will be the leaders who best reflect the legacy of the Naval Academy. This is our call as Midshipmen: it is a mission we proudly accept.”

Parent Information

Welcome to USNA

Enclosed are brochures provided by the Naval Academy Visitor Center and the Midshipman Store to help you and your parents get around the Naval Academy grounds. The Naval Academy Visitor Center also provides excellent tours for a nominal fee that you and your family can take.

Parent Activities on I-Day

Along with the full schedule that I-Day entails for you, your parents will also take part in many activities. A full itinerary is planned for parents to enjoy. There will be a table set up outside Alumni Hall that will give parents vital information for events on I-Day.

The day will start with a Colors Ceremony in Tecumseh Court, Band Concerts throughout the day, a picnic sponsored by the Naval Academy Alumni Association and Foundation, book signings at the Naval Academy Visitor Center, a tour on the Yard Patrol crafts and briefings for all parents to inform them about the challenges you will overcome. The day will end with the Oath of Office Ceremony and a brief farewell.

A detailed schedule can be found on the Naval Academy web page at <http://www.usna.edu/PlebeSummer/iday.php>.

Plebe Summer Website

During Plebe Summer, your parents will be able to follow along with the training of the Class of 2019 as they participate in various activities throughout the summer. Please notify your family and friends of the following website: <http://www.usna.edu/PlebeSummer/index.php>.

Parents' Weekend

Your immediate family should plan to visit with you during our four-day Parents' Weekend, 13-15 August 2015. The weekend's special program of events offers your parents a unique opportunity to have a close look at the Annapolis environment and to see for themselves how well you are developing as a Midshipman. This will be the first time since I-Day that Plebes will be allowed to have visitors.

A detailed schedule of events and related information concerning Parents' Weekend will be forwarded by the Superintendent to your parents in mid-July. Some 5,000 family members and friends of the Class of 2019 are expected to be in attendance. We hope your parents will be among them.

The Plebe Parents' Weekend Schedule can be found on the Naval Academy Web page at <http://www.usna.edu/PlebeSummer> after 1 June 2015.

Plebe Sponsor Program

The Plebe Sponsor Program provides members of the U.S. Naval Academy's entering class an opportunity

to develop and benefit from informal exchanges with civilian and military members in Annapolis and its adjacent communities. This program provides Midshipmen a home away from home during their first year at the Academy. Plebes typically visit with their sponsors on Saturdays when they have liberty.

To encourage a give-and-take relationship, plebes may invite their sponsors to sporting events and other activities at the Academy throughout the year. There is also an annual sponsor appreciation weekend, typically in early winter, which allows the Midshipmen to show their appreciation to their sponsors.

The degree and length of involvement between sponsor and Midshipman is determined strictly by the relationship developed. In many cases the Plebe-sponsor involvement leads to a friendship that lasts long after the Midshipman has graduated. The matching process is based on the Plebe's preferences of special interests, home state, etc. as recorded on the Plebe Questionnaire. On the questionnaire, there is also the opportunity for a Plebe to request a specific sponsor by listing the individual's name, address, telephone number and/or e-mail.

The sponsor must meet all eligibility criteria and must also request the Plebe on a sponsor application. Active Duty and retired military (E-6 and above or O-3 and above) and civilians will be considered for assignment as sponsors. All sponsors must be over the age of 28 to be assigned. Sponsors must live within a 30-mile radius of the Academy and agree to attend a mandatory briefing that is held during the summer. If you have a friend or family member who meets the eligibility criteria and would like to request an application to be your sponsor, have them contact the Plebe Sponsor Coordinator with their name and address at sponsor@usna.edu. Applications must be filled out and returned no later than 30 June 2015. In order to match plebes with their sponsors, this deadline must be met. Those who do not have a specific by-name request for a sponsor family will be matched based on interests and preferences.

Plebes and their families should find this first year at the Academy exciting. Please direct questions about the Plebe Sponsor Program to the Plebe Sponsor Coordinator at sponsor@usna.edu.

